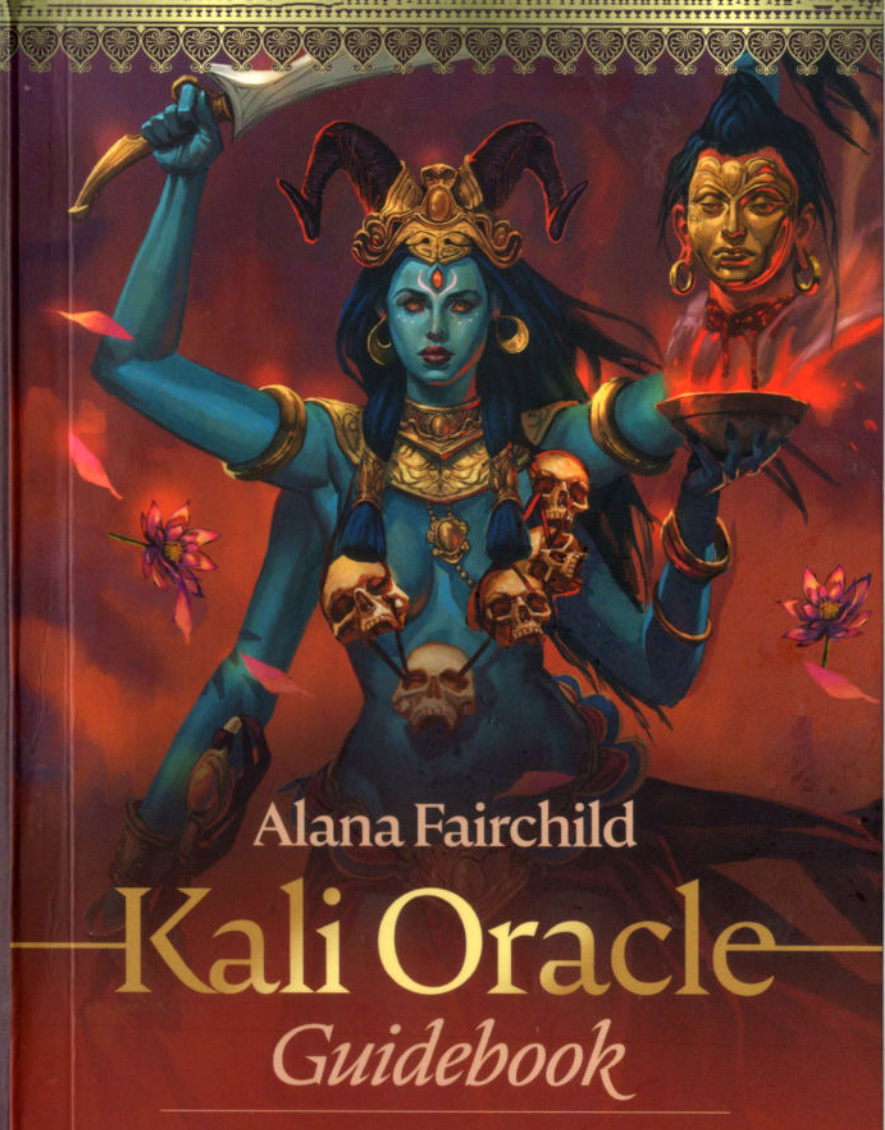




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Alana Fairchild

Kali Oracle

Guidebook



Alana Fairchild

Kali Oracle

*Ferocious Grace and Supreme Protection
with the Wild Divine Mother*

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Kali Oracle

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Introduction

I have loved Kali from the first moment I heard her name. Although I knew next to nothing about her, I felt a familiar affection for her at a soul level. I sensed a devotion to her that had spanned lifetimes and was awakening again in this one. I instinctively knew she was a trustworthy source of tremendous power and protectiveness. When I did see images of her, although they were confronting, I was not frightened. If anything, her ferocity made me love her more because I realised I could be my gentle self, and she would show me how to access other ways of being, when necessary. My response to her has remained the same. I bow with reverence, love and awe in her presence, with complete trust in her wild, yet loving, divine nature.

Even given all the above, I knew that loving her was not always going to be easy. When we encounter Kali, we can be sure that whatever is unfolding will ultimately be to our spiritual benefit. Likely, the process will involve challenging and painful initiations. The pain is temporary and the benefit eternal, but when you are going through the agony before the ecstasy, knowing that may not be much comfort! One of the teachings of the Wild Divine Mother is not to fear pain, but to find the courage to move through it. This does not mean enduring and enduring until we collapse in an exhausted, defeated heap! Sometimes, we put ourselves through that unconsciously and even attribute our persistent suffering to the workings of Kali. However, I have found her divine handiwork to be rather more abrupt. It is the aftermath of processing that can take a while.




A bandaid eventually needs to come off so a wound can heal. We may fear the pain and pull at it, feeling the prolonged suffering as hair by hair is pulled out by the root. However, if we take too long, we may miss a vital unfoldment of our destiny. Kali manifests to get us moving and will rip the darn thing clean off. There is shock, but if we can brave the pain, knowing that it will pass, we will truly release an era of suffering.

Kali is not a goddess of half measures. When we are drawn to her—such as you are in choosing to connect with this oracle—we are at some level recognising that we are destined to undergo significant transformation in this lifetime. Although we may feel willing, or even inspired to embrace such healing alchemy, we know it can be challenging to overcome past patterns and not become lost in confusion or fear.

We need Kali's wildness and protection to ensure we do not turn away from where the path is leading, or get stuck or distracted from what we need to do to activate our divine potential. Kali is the goddess for those who recognise that we have to be something of a divine badass to walk an authentic spiritual path. The spiritual path, for all its beauty, lightness and grace, can be fierce as hell. Awakening takes courage. Although there is incomparable sublime bliss to be experienced, the path becomes increasingly narrow as we make progress. We can encounter severe pains of soul birth as the body is brought to consciousness and the soul comes to life. Kali has unerring precision as to what is needed to break us free from our holding patterns, to enable spiritual rebirth. Past patterns eventually give way under the spiritual substance she develops within our soul.

The pain of healing could be compared to a trigger point




in massage therapy that zones in on the tension and works it until it releases. The release can feel like nirvana! Beforehand, however, there can be intense pain. Like the therapist who seems to be the cause of the pain, but is the agent assisting its release, Kali is never against us. She is always on the side of our sacred fulfilment.

Awakening requires clearing the attachment to suffering. It may seem strange to think we could be attached to our suffering, but we can have a lot unconsciously invested in seeing the world, others, and ourselves in a particular way. It is a defence against deeper unresolved pain that we are not yet able to articulate, confront and release.

Kali provides the experiences through which we can grow the courage, confidence and skilfulness we need to acknowledge the underlying pain and heal. In clearing that pain, our hearts become freer, and our minds more open. Access to divine wisdom can become more effortless as a result. So, Kali makes the path to awakening more direct.

The direct path can be tougher. It is harder to run straight up a hill than to meander around it, ascending at a more relaxed pace, stopping for a picnic, and savouring the view. This doesn't mean that Kali deprives us of joy. The exhilaration of reaching the top outstrips the passing pleasure of a nice lunch – even if there were particularly tasty gluten-free, vegan chocolate truffles included (but I digress). Essentially, Kali teaches us delayed gratification on a spiritual level. For a lot of old souls, this is very important. Potentially, they have far-reaching work to share; and just as if they were going to plant a garden, rather than a single plant, a lot more groundwork needs to be undertaken. That means there may be quite a while doing inner healing work before we see any




evidence of how it can support our life's work as healers in the world.

Embracing a more direct path does bring its pleasures, and there will be more of them as we make progress and feel the joy of no longer being bound by past pains. Sometimes, we want to hide from a situation, or evade our issues, until we galvanise the inner resources necessary to deal with something difficult. That is okay. It is like stopping to catch your breath before tackling a particularly steep portion of the ascent. Kali is there with us always, helping us build the strength and wisdom to know how to pace ourselves. She is never about punishing ourselves.

As we deepen our relationship with Kali, she leads us beyond the notion of the most direct path into an experience of unconditional divine presence that does not need to be attained, but simply always is. In such a presence, the mountain to climb disappears altogether. All we need and seek, rests within. Though we are yet to open our hearts and minds fully to Kali's grace, we may grasp the difference between the two ways of ascending the mountain. However, in the early stages, we may not realise she has another (oracle?) card up her celestial sleeve. We need to be careful not to attribute to Kali a need to suffer so that we may grow. When the choices of ego are misconstrued as divine mandate, we might evade the benefits of Ma Kali's helpful tendency to rip off the band-aids. She is not in our lives to make things more difficult. She manifests to free us, swiftly and with precision, according to our particular capacity in the moment.

I caught myself enacting a kind of psychological masochism when I was going through the breakup of a romantic relationship. Although I was the one to initiate it, and I understood that he was not the right man for me, I had not yet fallen out of love



with him. As any of you who have gone through this will know, it is not easy. It is hard enough when you don't want to be in the relationship anymore, let alone when you genuinely wish there was a way it could still work but know in your heart there is not.

I did my best to break contact completely and have the courage of my convictions, but there were times when the most pain was caused by my mind dwelling on situations and wishing they were other than what they were. This pain was not about the other person's behaviour, the loss of the relationship or the disillusion associated with the entire scenario. Those things were painful, yes, but I was prolonging and amplifying my suffering through my psychological antics.

I had compassion for myself, but one day, I witnessed my mental chatter: *Can I let this go now, or have I not suffered enough as yet?* And the reality dawned on me. Ma had shown me the truth and the path I needed to take, but I had responsibility for how I handled that path. I was not only tearing off the proverbial bandaid slowly but sticking it back down again and re-tearing it, again and again, reliving the mental and emotional suffering in a traumatic loop. Eventually, all the glue would dissolve, and there would be no pain associated with it. But, did I really need to draw it out for as long as possible?


Around that time, I saw two memes on social media that resonated with me. One shared a conversation between a mother and a daughter. The mother said to the daughter, "I can tell you to leave this situation that is causing you pain; but, I know you will only be able to choose that for yourself when you are done with needing to feel this way."

It prompted me to wonder what I was aiming for in drawing out my suffering. It seemed like something other than the simple

need for more time to process the loss. I realised that there was a pattern at play from my childhood. I wanted and needed to be loved in a way beyond the emotional and psychological capacity of my caregivers. Rather than keeping myself in a state of distress, I needed to acknowledge that the confusion and pain that seemed to relate to the breakup, originated from a different set of circumstances. Asking for my relationship needs to be met by someone who lacked that capacity was not a recipe for long-term happiness, but an echo of unresolved childhood experience. I had to acknowledge that people could only do their best. I could love them, see the best in them, have compassion for our respective issues, and recognise that their best may not be enough to maintain a healthy relationship between us. In accepting this, I could grieve in such a way that my heart healed into peace.


The second meme was comprised of two images. The first was of a little face being pushed into the ground by a boot. It had a very sad expression, which was fair enough! The caption read, "Before spiritual awakening." The second image was the same, but the face had a cheeky smile! The frame had been widened somewhat so you could see that the boot was not on someone else's foot. It was held in the face owner's hand, and they were pushing it onto their face! The caption read, "After spiritual awakening."

I reflected on that and giggled a lot. I realised it was exactly what I had been doing to myself. That didn't make the cycle suddenly end. It didn't make the experience of having a symbolic boot pushing down on my head any less painful, but it did give the delightful realisation that I had the power to stop doing that when ready. The meme was a succinct and funny teaching about



not buying into the pain of an illusion that holds us prisoner to victimisation and misery! That illusion is the belief that to be free, we need to change other people or external situations outside our control. We do need to recognise when the behaviour of others is toxic, and we want to be careful that we don't take responsibility for another person's actions. However, we don't want to relinquish responsibility for our own processes. Taking full responsibility for our experiences is the way we find our freedom and power to heal and grow. This is one of Kali's teachings. There are no victims in her classroom (to borrow slightly from the movie, *Dangerous Minds*).

I will add here that the tendency to keep repeating the point of pain—reliving the conversation, the events, the moments leading up to it—is symptomatic of deep trauma. It is particularly resistant to release when a recent trauma resonates with and triggers unresolved wounding that could stem from childhood or even previous lifetimes. The trigger is a similar tone of feeling, such as betrayal, abandonment, neglect, and the associated shock, loss and confusion. It can also occur if a current partner has similar wounding to that of a parent. A turn of phrase or a facial expression may bring the past wounding into the here and now. Whatever the trigger, you are then dealing with the double whammy of past and present traumas compounding each other. It is a powerful opportunity to heal, but it can be difficult to process due to heightened feelings of confusion and distress. It is notoriously difficult to recognise when it is happening, even if you have self-awareness. Often, the only way we can tell that a double trauma is being activated is by the sheer intensity of the emotional pain unleashed. It will be disproportionately intense for what is happening in the present-moment event (as difficult




as the present-moment situation may still be).

Kali is especially medicinal during such experiences because she holds the spiritual quality of space. We need that intangible, yet essential quality of space to be able to process our experiences. It is also essential for us to be able to receive. In spaciousness, we have the capacity to witness what is happening. Imagine going into a room crammed floor to ceiling with possessions of various kinds. Then imagine that same amount of stuff in a much larger room. You will have more space to be able to sort through what is there, knowing what to throw away, what to repurpose and what to keep. We need space to be able to sort through our feelings and experiences.

Kali's nature is that she receives and devours, and in doing so, creates space. She is often depicted doing things like drinking blood, killing demons, wearing skulls and waving severed heads about. She withdraws life force. We might think that is bad, but when a traumatic pattern has us in its grip, we need the power pulled out of it. We need space to witness and understand and resolve things, rather than being swept up and overwhelmed with no awareness at all.


Trauma can be very difficult to heal. Modern professionals still question how to best approach its treatment. Experimental methods are being explored and much remains to be understood. Kali helps heal trauma by breaking it down so we can learn from it and be freed from it. She will absorb it completely, allowing us to regenerate into psychological and emotional patterns that are more conducive to our spiritual paths.

Through Kali's spiritual intervention, we can feel like a completely different person (though very much ourselves, just more so than ever before). This results in vastly different choices



and life experiences on a material level, too. It can be terrifying — if spiritual liberation was so easy and enjoyable, we'd all be there already. We sometimes feel safer remaining in the cage even after it is kicked open by the Divine Mother. We may want to hang in there for a while. At some point, she may reach in, grab us and stomp on the cage, signifying that a point of no return is now upon us. She may leave us for a time to work up enough courage to make a move on our own. It depends on your relationship with her and what will best serve your soul path, not what you want to have happen or what feels comfortable — neither of which she is particularly interested in, even though she is very loving and compassionate.


Kali will spontaneously emerge for willing hearts, not only during difficult emotional challenges, but also when we are at significant soul breakthroughs. In fact, these things often go hand in hand. The unavoidable reality of karma is that we have lessons that cannot be avoided. I've come across some awfully mean-spirited interpretations of karma. One is that we somehow deserve the bad things that happen to us because of it. I usually find that sort of interpretation subconsciously resting in the minds of beautiful souls who have been abused on some level in early life. They have taken on the belief that they deserve to be treated poorly, and if they change somehow, people will not treat them that way anymore. However, if we keep accepting such behaviour rather than recognising it is not our fault and walking away, it will continue. Sometimes, the healing of the karma is the realisation that we need to let go and move on, rather than trying to invest in a relationship with someone who has no interest in contributing toward making it a healthy, happy one for both.



If you are of a soft and gentle nature, this is not a bad thing and certainly not a sign of weakness. However, you do need to know how to take care and connect with divine protection, so your gentle nature is not taken advantage of, and your life force drained away! That would not do anyone any good at all. The vampiric types would leave you for dust and move on to their next source of energy, and everyone else would miss out on the beautiful radiance generated by your thriving soul. That is such an outrageous and unjust proposition that it's no wonder the compassion of the Divine Mother is whipped into a wild ferocity of protection in the face of such desecration of the pure-hearted.

Kali is of tremendous benefit to less sensitive souls who may not be pacified by, or feel respect for, the gentler divine forms. They may need to experience the substance and power of a more dramatic divine emanation to push and pull their minds and hearts toward maturity. Yet, she is also beneficial for the sensitive, gentle types who, if given their way, would walk softly upon the earth and be thankfully done with the need for boundaries or any other form of assertiveness at all. She helps those sweet-natured souls remain true to their spirit, supported in finding the courage to honour themselves and grow spiritually, too.

In this day and age, when most people's minds are easily distracted with the ever-looming troubles conjured by ego, we need Kali and her kickass, cannot-miss, clear-cut spiritual directives and zero tolerance for manipulation, dishonesty and inauthenticity. We need her ferocity, but not because we deserve aggression. There needs to be a more powerful voice of truth to cut through all the noise and distraction of ego – even if it means the Goddess needs to shout and cause the world to




tremble to gain our attention. Better that than watching evil triumph over good because we were too busy trying to be nice or getting confused by psychological game playing!

Kali keeps it real. She helps us learn how not to play games with our egos. When we no longer do that, those who operate under false pretences cannot remain in our world. We see such behaviour for what it is with far more clarity and our tolerance for it is similarly non-existent. We may find that our nice self swiftly cuts off manipulating, insinuating posturing without a second thought. Kali doesn't remove our love and compassion for people with such tendencies – she clears our enabling of those behaviours in our lives. This benefits all beings.

As she tends to appear when there is significant pain, some people unconsciously associate Kali with its creation, especially as she can turn up with a ferocious countenance (which you shall hopefully learn to love and trust unconditionally as you work with this deck). Kali does not create pain, but she does unveil it. She shows where it is within us, and at the right time (even if we don't think we are ready) she leads us directly into meeting that pain. Kali does this from love, so we can heal and become free. She is the liberator. She knows how to bring light from darkness. She is the one who shows us where we need to let go. Yet, she always honours free will, for that is our divine birthright.

We can push as many boots on our faces as we choose, and believe that we need to suffer for as long as we choose. I cannot criticise anyone for doing this. I have gone through that and know all too well how tricky it can be to learn to master the mind, to bring yourself gently but firmly from painful thought patterning into a new way. That is why I want to share ways to connect directly with Kali – for you to experience her grace as

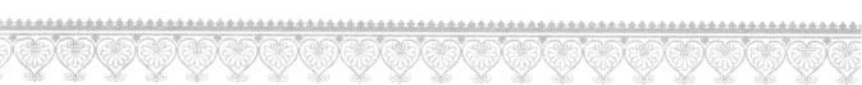


the devouring mother, munching upon ego and metabolising it to regenerate, strengthen and rebirth the soul. She leads us away from the pathways of suffering—whether created by others or ourselves—to where that pain can be the transformational grit that leads to increased freedom, authenticity, love and grace.

She is also seen and beloved as the giver of blessings — from protection to abundance to whatever the heart desires. When we ask Kali for blessings, we do so with the understanding that what she gives will serve the higher self. So, you can ask freely and trust in what is bestowed, knowing that sometimes, to receive the feast, that mouldy chocolate bar you've been persistently holding on to since you were five years old is going to be ripped from your hands. You may need to mourn the loss, but that becomes a little easier and more graceful when you recognise the divinely delicious aromas of the feast that awaits when you turn your focus from the past to the present.

Although there are processes for invoking Kali in my teachings, let us be clear that we do not summon Kali. Rather, we are called to her, her realm of initiation and transformation, when the soul is in need. We can accept this is happening when we are attracted to her energy — such as you are in picking up this oracle. Something within you has recognised that she has what your true self needs. Perhaps there are patterns of behaviour, thinking or anticipating, that have become so entrenched that nothing short of divine intervention will be able to shift it, and you are ready.


Sometimes, when I get into my car, I notice that a spider has been busy weaving its web around the side mirror. That's not because I rarely use my car, but because I live in Australia! A spider is always going to be a spider, and weaving a web is what



it does. However, it is not likely to know how to cope as I zip around Sydney in my tiny car. So, I grab a nearby leaf or twig and carefully relocate the spider to one of the plants near where I park. Inevitably, some of the web gets damaged in that process, but it can be rebuilt. Ultimately, being moved is going to prolong the spider's life and offer some protection. I think of the actions of Kali Ma to be a little like this. When we don't know that we are going about our business in circumstances that could prove dangerous, she will relocate us. There may be some chaos and loss in the process, but that will be minor compared to the gain bestowed. Such spiritual relocation may lead us straight out of a job or a relationship toward another residence or a different lifestyle. Sometimes, the relocation is more about pulling us out of a tangle in our minds, breaking through some of the webbings of our creation, so we have the freedom to start afresh in circumstances more conducive to our ultimate wellbeing.

The shock of abrupt spiritual relocation, and the startlingly different perspective it tends to bring, can be painful to accept, especially if it involves the shattering of a long-cherished fantasy. Yet, we can be sure that if the actions of Kali are shattering a fantasy, it is so a healthier and more fulfilling reality can be born.


The simple (yet not always easy to remember) key to honouring Kali is to be mindful that destruction and creation are flip sides. If she's stomping through your soul life, you can be sure it is because you need to outgrow something on some level (or already have) and a new way is imminent. To be ready to receive, you need open arms, an open mind, and an open heart. You cannot be open if you are stuffed to the gunwales with the past. If you are used to feeling cluttered and full, then the spaciousness, stark clarity and emptiness that emerge



through Kali's intervention can be startling. New ways are often uncomfortable at first, especially once the novelty has passed, and we realise we don't have the old pain to fall back on. Who will we be without it? More truly ourselves, which is good, but there can be some temporary discomfort. We may wish to return to what we have known. Yet, if we have compassion (and remember to keep breathing slowly and calmly, noticing what we feel rather than reacting to it), we won't try to shut down the process before it has a chance to do what it is meant to do — to create the space needed to birth the new.

Culturally, Kali emerges from India. However, I see her in numerous forms in other cultural traditions. I recognise her energy in the crone wisdom of Hecate from ancient Greece and in Sekhmet, the fierce warrior goddess of ancient Egypt. She is known as Black Tara in Tibetan Buddhism, although I sense her emanating as the fierce Buddhist dakini, Tröma Nagmo, too. These divine beings are loved for their wild refusal to bow down to evil, to ego, to untruth. Two of the epithets dedicated to Sekhmet are, "She before whom evil trembles," and "She who loves Ma'at," (the latter being the goddess of truth and justice).

Kali manifests the constructive use of destructive energy. She is not destruction for its own sake, for the sake of chaos, but for the precise purpose of clearing away all that needs to be released so divine creation can continue. Kali is the cosmic void, the universal womb, the creatrix. She is the end and the beginning, the one the soul can count on to ensure that the fullness of our divine potential manifests. Kali is more powerful than even the greatest nightmares and fears generated by the ego. She knows how to free us from karmic debt, from psychological and emotional enslavement, from anything and everything that




threatens our sacred fulfilment. And that includes where we are holding ourselves back.

Kali helps us clear the clutter and smash through any constraints or obstacles that have been established so we can take on our authentic divine mission. The divine plan is not limited by human opinion. It takes trust in your divine connection to allow it to manifest without constant fear, anxiety, and resistance, making the way more difficult. As the ways of the Divine Feminine are nonlinear, intuitive and instinctive rather than logical and predictable, when we are tuned in to her, we often experience powerful instincts without necessarily understanding why or how they could be of benefit. Thus, we need trust.

It can take time to work through the painful issues that give rise to distrust in our hearts. They often strike deep, emerging from times when we were vulnerable and in need, typically as children. Despite her terrifying form, Kali is often considered a most tender and loving goddess. When you realise she assumes her fierce form to assist those in need of such wrathful and ferocious power, you can understand her love. It may be the same sort of love, on a cosmic scale, that we demonstrate when we would much rather be quietly at home just loving the Divine, but are out in the world doing the sacred hustle to help others. We do it from a place of love. It is not easy, especially if it asks us to become more extroverted when we are naturally introverted, but it does enrich us (because that is what true love does). When Kali appears in her fiercest forms, we can trust her. She can overcome any darkness because she is the ultimate and originating darkness itself.


There are many teachings on the nature of Kali and how



she emerges. One is that she is the primordial divine presence that precedes all form. In Tibetan Buddhist teaching, Tara has the same origin. In that tradition, she is known as the Prajnaparamita, or 'supreme wisdom'. And as mentioned, Kali is Black Tara and Black Tara is Kali. In her originating presence, she is the goddess of wisdom. We could call her a Sophia (or perhaps, Fierce Sophia!). She is God, but more so that which precedes what most people conceive God to be. Try to get your mind around that and you'll understand why the best-known mystical devotee of Kali, Sri Ramakrishna, likened a mind trying to understand the Divine as a salt doll going into the ocean to measure it! She just melts into the absolute (not a bad way to go, you must admit). In that formless form, Kali is the womb of all creation.

Then there is the fierce form of Kali who is birthed mid-battle by the luminous solar warrior goddess, Durga, when her supreme power was needed to conquer evil. Kali Ma flies straight out of Durga's third eye, immediately into battle, with such bloodlust that she almost destroys the Universe! Interestingly, the teachings about the lion-headed Sekhmet also mention her bloodlust. This is not vampiric or debauched, but a reference to her ability to pull life force from one form to birth another, as well as to her passionate hunger for life itself. When I wrote my first Divine Circus music album, I called the opening track, Blood. The main lyric is, "Blood, my love song to life." This is Kali Ma.

The wisdom of the Divine Mother manifests on all levels. We can trust more readily when we recognise that she is real and present in the physical world, too. Her wisdom manifests in many arenas, including fields of human endeavour. When you




flick on the flow of electricity, it will move through the entire circuit. When we call upon Kali, we invite her divine power to flow through our circuitry. As we are all connected at an energetic level, this means her presence is more available to others, too. When we call on her, we call her grace to the receptive minds working in education, politics, the arts and medicine. Any authentic spiritual path is a collective offering, even if it seems to be focused for a time on cleaning up our own karma.

An example of Kali's wisdom manifesting in willing minds is currently taking place in the integrative medicine movement. Members of this movement are undermining the commercially driven pharmaceutical interests geared toward creating profit rather than wellbeing. They are teaching the practices and benefits of fasting for preventing and, in some cases, even reversing disease. Fasting leads the body toward a state of autophagy or self-devouring. This is a type of cellular cleansing where the body regulates itself by breaking down and recycling dysfunctional cellular components. New tissues are built to replace those needed to be destroyed. Can you sense the Kali wisdom manifesting itself within the body in such a process?

It is problematic to pursue growth without also embracing the wisdom that recognises it can only occur naturally within a greater cycle that also includes natural decrease. If we celebrate growth in isolation, we can forget its essential prelude. The destruction of old forms, systems or ways of being that would inhibit growth is needed as fertiliser for what is to come. We need to raze the old building to repair the foundations if we are going to erect a new temple.

The ready access to food for many people in the West means we need to choose to bear the discomfort of hunger temporarily




and consciously to build health. We need to learn how to do this wisely, neither overdoing it (and causing harm) nor avoiding it unnecessarily (and causing harm).

In terms of the body, this renewal through appropriate apoptosis (preprogrammed cell death that makes way for healthy new cells) that can support autophagy and lead to a possible reversal of health issues. Some research suggests this simple approach may benefit those with cancer and various other autoimmune conditions. By consciously inviting in the Kali state—the natural ‘healthy destruction’ energy—we clear false foundations that would compromise wellbeing and allow for something new to regenerate in an improved form. This is Kali’s power of transformation. It is what the Sufi mystic, Rumi, referred to when using the metaphor of the soul as a chickpea being cooked, broken down, and transformed into something scrumptious by the great Divine Master Chef.

The genius of consciously allowing the process of natural, healthy breaking down is that it is effective, simple and accessible to all (though one must always seek medical support when considering such a path). The practice is not complicated. It is simply stepping back and letting nature take her course. It can apply physically, but also emotionally and psychologically, too.


One of my Tibetan teachers had the wisdom-enhancing experience of being raised in the East and then working in the West. They noted that suffering is universal, but that people tend to have different types of suffering in the West. Unlike their Eastern counterparts, they suffer due to excess. We have too much food, distraction, responsibility for things we cannot be responsible for, too many opportunities that detract from our inner purpose, and so on. In the fasting process, we release



the excess to allow for rebuilding. The effect in the body is one manifestation of Kali at play in our lives. Saviour and healer, she knows what needs to go and when.

Kali initiates us into the conscious art of letting go. This is the difference between unconscious destruction and graceful release. Sometimes action is needed on our part, such as letting an employee go, confronting fears, or moving toward a goal that matters to our hearts. Unconscious destruction is rife in the realm of ego. The saboteur destroys a loving relationship through greed or dishonesty. The youth who lights a fire which spreads and burns down several homes. There is an unconscious desire for power, but as it is not paired with spiritual maturity, it causes havoc and suffering rather than growth and freedom. It is focused on power over external situations rather than the power within. If the saboteur was confronted and realised they deserve to be loved and respected, that they are enough as they are, they wouldn't feel the unending hunger for validation that tries to exploit and manipulate to gain 'more'. The people who want the thrill of power would have the wisdom to recognise that there are ways to truly accomplish that, instead of ways that further disempower their souls and leave them feeling more powerless.

Kali helps us learn to discern, to know when to let go and when to refuse to give up. She is our guardian, our guide, our teacher and our sister-mother-friend, watching over us with tenderness and fierce compassion in her all-powerful heart. She is our fierce guardian of last resort. She is the power that overcomes when gentler guardians cannot stimulate us into fruition. She is the definitive divine manifestation. Her ways cannot be derailed or denied. She will bring us to life, to love, to sacred victory, even when our worst enemy—so often ourselves—



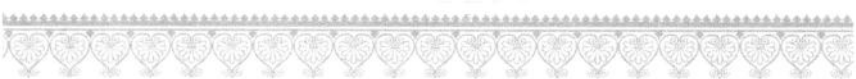
threatens to sabotage our spirit. As her divine children, we can trust in her implicitly and bow before her power and wisdom.

May all beings know her in their moment of need. Jai Ma!
Victory to the Divine Mother! May she prevail!

A Note about Tantra

As I refer to tantra in this text, I want to explain what it means in this context. For most people in the West, tantra is associated with sacred sexuality. Kali is not a goddess of erotic love, per se. That area tends to be left in the realms of Lakshmi, Kama, Aphrodite, Bastet and other more sensuous and beguiling emanations of the Divine Feminine. Yet, should our soul growth be enhanced through accessing and exploring sexuality, then Kali will undoubtedly take the actions required to unleash it. However, that is not what makes her a tantric goddess. Kali's unconventionality and inversion of the ordinary is the tantric path at a spiritual level.

Like tantra, Kali's realm is outside of polite social interactions and tends toward matters you aren't supposed to talk about on first dates or at dinner parties (but make both so much more interesting if you do). Hers is the path beyond mainstream consciousness. It is sacred, but alternative or fringe-dwelling, and often profoundly challenging to mainstream conditioning. Tantra is beyond religion and belongs to the spirit. It provides the tools necessary for spiritual freedom to grow and the perks, but also the dangers that can arise outside conventional practice. Tantra is an advanced path with greater freedom. However, if we want that freedom to lead to awakening rather than downfall,




we need a regulating yet not oppressive consciousness, like Kali Ma, to keep aligning us. When we don't realise we have wandered away from our truth, we can become caught in a compelling deception of our own ego-making. Kali becomes the protective spiritual source—the tantric queen—for those who seek to awaken according to their inner path, using their life experiences as their core learning material. She keeps us grounded in our authentic nature rather than conditioned by doctrine.

Tantra can also be described as a path of awakening based on the healing, integration and illumination of the energies of the Sacred Feminine and Sacred Masculine within the soul. It can be chaotic, beautiful, erotic, peaceful and incredibly creative to approach the spiritual path from this perspective. On this path, we move toward the realisation of the Divine as within us, as a universal presence in all things, and yet beyond all things. With tantra, there is absolute freedom to work the way that best suits your temperament, rather than having to hold yourself back or conform to more traditional practices. You can work with feminine or masculine energies as feels intuitively correct for you. You are free to set your path. Therein lies the potential for rapid advancement, but also self-delusion and self-sabotage.

To this end, many tantric practices work with the body, mind and soul to accomplish inner healing and awakening and keep you connected to corrective and protective forces such as Kali. This is especially so for subtle body practices, such as meditation, mantra, conscious dance and sacred ritual. My body of work is filled with such practices that anyone who feels so inclined can explore.


As tantra doesn't require adherence to a particular religious tradition, you can follow its principles and apply it to your



religious beliefs. This is what the mystics of any religion often do. If you wish, you can practise in complete freedom from any religious structure, which is how I like to work. Tantra also integrates your material and spiritual world. If you don't want to be like a monk and abstain from the ways of the world, take comfort. As you grow spiritually, your relationship with the physical will undergo a dramatic transformation. However, your involvement and joy in the world will continue. You don't need to be afraid of the world, nor consider it sinful. Instead, you can engage with it and use your life experiences to grow. This approach really does work and keeps you accessible and relatable to others, so you can become a useful guide and healer, if you so wish.

Tantra arose from folkloric and shamanic practices, rather than the comparatively sanitised and orthodox religious traditions. Thus, tantric practices not only arouse fascination but suspicion, misunderstanding, and therefore, even fear. Some of the most advanced tantric practices are hard to understand and can seem very confronting. Even if we can recognise the potential benefit of the more drastic and dramatic practices, other more accessible methods can free us from conditioning. These are the practices I share in my work.

Tantra transforms our lives and our physical wellbeing for the better, but it starts with the mind, the inner world. Kali is a tantric goddess and will uproot the outer world to facilitate our connection with the inner realms where more valuable treasures can be found. She is consistently on the outer, socially speaking. She tends to appeal to those who recognise the limits of polite religious or social endeavour and realise that the dark side of human nature can be virulent, even in those who identify with




the light. The best protection is to recognise our darkness and through the dark mother, seek to manifest something worthy from it. Kali is tantra embodied as the Goddess, the one who can weave and integrate all elements and create life.

Mother Earth, another tantric goddess, does this constantly. She transforms excrement into fertiliser and dazzles us with her endless creative potency. She manifests abundantly through the continual interplay of light and dark, masculine and feminine, day and night, summer and winter, and so on. Is it always easy or comfortable to witness and participate in her interplay? No. Is there always a chance to gain wisdom and grow through the experience of her gift of life? Yes. We can learn a lot about Kali through bearing witness to the wisdom, particularly the winter wisdom, of Mother Earth.

The tantric path is a feminine, Earth-honouring path. That doesn't mean it is for women only. It means that the feminine rather than the masculine principle is its foundation. The tantric practitioner is led by feeling rather than intellectual drive. This doesn't mean living a life of emotional reactivity. It is about healing and balancing the emotions and the mind, so that we can learn to sense the quiet yet clear wisdom of intuition and spiritual instinct, rather than being overly bound by logic.

Within authentic and effective tantric practice, there is a rich heritage of wisdom. The methods are by no means random, no matter how diverse and free they appear to be on the surface. They arise from strong roots that understand the human condition and seek to liberate it into spiritual fruition. As such, there are numerous New Age exercises and practices from various esoteric traditions within Hinduism and Buddhism, and mystical practices from the inner heart of Sufism and



Christianity that resonate with and enhance the tantric path. Remember, tantra is freedom — it can move effectively within and beyond any religious path. My body of work is a testament to this. From meditating, visualising, and invoking deities for prosperity and spiritual awakening, to conscious dance, visiting sacred sites, and performing healing rituals to awaken the soul, my work is a wellspring of creative tantric pathways. This oracle is another such offering.

Spiritual arts, such as yoga, breathwork, mudra, prayer, sound healing, mantra, mandalas, Chinese medical alchemy, Egyptian ritual and Ayurvedic practices, blend beautifully within a tantric framework. Many people who practise these arts don't consider them as tantric per se, and that is absolutely fine. "A rose by any other name would smell as sweet," as Shakespeare aptly put it. And that is another beauty of tantra — it is natural. It is a sacred expression of the innate inclination of the human heart toward the divine beauty of wholeness, bliss and fulfilment (which is the nature of the Divine). Can you throw in some sacred sexual practices too? Of course! Although mastering sexual energies typically takes many years of practice. They are powerful, and guiding rather than being carried away by them, can be difficult. Learning to channel sexual energy to the heart is one way to begin as are the other ways outlined above and included in this oracle deck.

Working with Kali is an awakening into the many facets of tantra with a beautiful, wild, divine guide, teacher and protector. When tantra is mentioned in the text, it will hopefully have a deeper and clearer meaning for you now.

Sacred Work with this Deck


You can engage in sacred work with this deck, doing readings for yourself or others that will assist you on your life path. You can use it in groups, and choose whether or not you do the healing processes, too.

A note on the pronunciation of Sanskrit words

(or, why not to worry if you aren't sure how to say
one of the longer words!)

Sanskrit can look intimidating, but once you get the hang of how to say the longer words, you'll realise it's quite an easy language to pronounce most of the time. The best way I know to pronounce the Sanskrit terms—such as *Samsaratarini*—is to go slow and sound out one vowel sound at a time. Generally, it is a very phonetic language. So this word sounds like *SAM-SAR-RA-TAR-REEN-EE* — just as it would if you sounded out one vowel at a time.

Stories in the various traditions from the East reassure us that even if we mispronounce a sacred word, having devotion in the heart is enough to make sure it will have the desired effect. So, we do our best, but we don't worry about technicalities to the point that it distracts from the loving devotion that leads us to want to work with Kali Ma in the first place. She is the power of our Mother of the Universe. She can overcome a stumble in a mantra without too much difficulty!



Blessing for the Deck

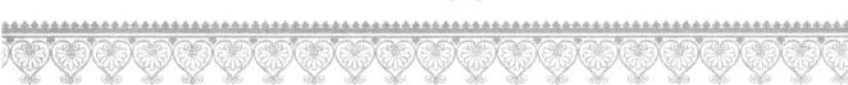
(for first use or at any time)

Take a few moments to centre yourself. Focus on your breathing and allow the day-to-day worries of your mind to recede as you become aware of simply being present. Hold the guidebook in one hand so you can read this prayer. In the other hand, hold the cards (in the box, if that's easier) over your heart.

Take a breath in and out, and imagine you are aligning yourself with your heart. Imagine that your heart is connected to a powerful and wild, but loving, spiritual presence. You may sense that loving presence in your heart, or all around you, extending beyond the confines of our universe. It is vast, timeless, all-knowing and tender. You may even sense, hear or feel the beating heart of this presence, the gentle sustaining rhythm in all of life. Let yourself relax into your heart, and let your heart relax into this spiritual presence. Then say this prayer aloud:

*Through unconditional love, wisdom, peace and compassion,
I ask for healing for myself and for all beings that the Divine
Mother's truth of grace may manifest for the greatest good.
Please bless and guide all work with this oracle for that highest
good and loving wisdom. So be it.*

Take in a deep breath and imagine you are breathing pure light into your heart. As you exhale, gently breathe pure light from the depths of your heart onto the cards, removing negativities and infusing them with divine protection. You are ready to begin!



Suggested Card Layouts and Healing Processes for Readings


Consider using your own layouts if you feel so inspired. If you are happy to work from the following layouts, they are here for you, too. You can use the entire process outlined here as a mini healing, or use the questions included in the processes for a more traditional-style oracle reading. Feel free to use as many or as few of these steps as appropriate for the circumstances you are seeking guidance for.

PURIFICATION PROCESS

When we are in purification, we feel like we have an onslaught of 'stuff' to deal with – whether that seems to be arising from within or coming from the external world matters not. The need for purification is not a sign that we have done something wrong. It is a sign that we are doing something right. We are moving ahead on our path. Our soul is letting us know it is time to move forward and that we are ready. To do that, some things from the past need to be released. Often, it is our attachment to what has been that needs to go.

We may need to feel emotions, acknowledge a truth, forgive ourselves and others, and trust in our own timing for healing. There is no need to rush, but nor do you want to suppress it. There is support for the process here.

You can use this process for healing, on its own or in conjunction with the following *Session for Sacred Surrender*. If you are guiding this process for another person or a group, simply read the instructions and adapt the process accordingly.



When words need to be spoken aloud, you can ask the other(s) to repeat them after you, as you read slowly.

You may like to bless the deck first (see *Blessing for the Deck* on page 32).

Begin with your hands in prayer. Take a few moments to feel connected to your self. Say this prayer aloud:

I open my heart to the divine goddess, Kali Ma. I ask for unconditional love and the highest levels of wisdom and spiritual protection that are right for me now to enter into my heart. In this sacred space, I open to grace, healing, protection and blessing. So be it.

It is now time to set your intention for your reading and healing. Reflect on what you are feeling and what has led you to consult the oracle. You may like to formulate an intention to receive healing in a specific area of your life by stating it aloud or by becoming very clearly focused on it in your heart. Sometimes the oracle will give you an answer that seems to relate to something else. This is not a 'mistake'. It indicates the answer to your query is best found by shifting your focus – even if just for a time. If you felt you needed an oracle reading without being sure why, you are welcome to continue with the following process without setting a specific intention for your session.

When your heart is settled and ready, it is time to choose your cards for the session.

CARD ONE

Ask the following question aloud:

What is the most helpful higher perspective on how to deal with influences from my past?

Then, in whatever way feels best, shuffle the deck and choose a card. Read the message and reflect on its meaning in your life. If you feel it resonates deeply, you may wish to further integrate the message by completing the short healing process that accompanies the card's message. When you finish working with this card, place it behind you, symbolising that it relates to the past, to what is ending.

CARD TWO

Ask the following question aloud:

What is the most helpful higher perspective on how to open to my most beautiful future?

Then, in whatever way feels best, shuffle the deck and choose a card. Read the message and reflect on its meaning in your life. If you feel it resonates deeply, you may wish to further integrate the message by completing the short healing process that accompanies the card's message. When you finish working with this card, place it before you, symbolising that it relates to the future, to what is coming into being.

CARD THREE

Ask the following question aloud:

What is the most helpful higher perspective that I need to know for now?


Then, in whatever way feels best, shuffle the deck and choose a card. Read the message and reflect on its meaning in your life. If you feel it resonates deeply, you may wish to further integrate the message by completing the short healing process that accompanies the card's message. Once you have finished working with this card, place it right near you, symbolising that it relates to the present moment.

Take a few moments to notice the card behind you, before you, and right near you. Gaze at the images and let them soak into your mind, body and soul. You can imagine, feel or pretend that the blessings and healing energy of the Divine Feminine radiate from them into your heart, helping you to integrate the guidance received.

Once you have reflected upon your cards and completed the healing processes for each card that resonated, it is time to seal your practice. You can do so by placing your hands in prayer for a few moments and feeling a strengthened inner connection to your beautiful heart and the powerful divine presence of Kali within. Then say the following prayer aloud:

Through the divine love of Ma Kali, may all benefits of this practice be sealed and secured for the greatest good of all. Please continue to heal and help me in all ways. I take shelter in your love and grace so that I may fulfil my soul and know the beauty of my true spiritual nature. So be it.

If you are completing your practice here, rest and allow yourself to ground with some gentle physical movements. I suggest hydrating your body with clean water to help the energy continue to flow through the body. If you are continuing your



practice with the next process, simply follow on with these instructions now.

Session for Sacred Surrender

This session helps reframe your view from ego opinion to soul wisdom. It is a healing process for you (or the person you are working with) to unplug from unhelpful approaches. It facilitates an opening to let go so that you can allow a higher perspective and spiritual grace to enter into your circumstances. It will bring protection, empowerment and inspiration to support a superior resolution. This session can be done on its own or following the *Purification Process*.

If you are guiding this session for another person or a group, simply read the instructions and adapt the process accordingly. When words need to be spoken aloud, you can ask the other(s) to repeat them after you, as you read slowly.

You may like to bless the deck first (see *Blessing for the Deck* on page 32).

Begin with your hands in prayer. Take a moment to connect to your heart, your inner world and, if you can, the light within. Then say the following prayer aloud:

In this sacred space held by and dedicated to Ma Kali, there is only the highest wisdom, divine grace, supreme spiritual protection and the purest love. All else departs now and is deflected from entering or influencing this sacred work. In this space, new understanding can emerge for the greatest good. There is always a loving way through any issue. May the

solutions and healing that brings happiness and freedom be shown now for the spiritual benefit of all beings. So be it.

If you are continuing this practice from the last one, skip to the 'Card One' step. If you are doing this practice on its own, and you would like to set an intention for your reading and healing, it is time to do so. Reflect on what you are feeling and what has led you to consult the oracle. You may like to formulate an intention to receive healing in a specific area of your life by stating it aloud or by becoming clearly focused on that in your heart. Sometimes the oracle will give you an answer that seems to relate to something else. This is not a 'mistake'. It indicates the answer to your query is best found by shifting your focus – even if just for a time. If you felt you needed an oracle reading without being sure as to why, continue the session without setting a specific intention.


When your heart is settled and ready, it is time to choose your cards for the session.

CARD ONE

Ask the following question aloud:

What does the Divine Mother want me to understand so that I can release what does not serve my soul fulfilment?

Then, in whatever way feels best, shuffle the deck and choose a card. Read the message and reflect on its meaning in your life. If you feel it resonates deeply, you may wish to further integrate the message by completing the short healing process that accompanies the card's message.



Once you have finished working with this card, place it at your left side, symbolising that it relates to releasing, to what can help you shed what is no longer helpful or healing.

CARD TWO

Ask the following question aloud:

What does the Divine Mother want me to understand so that I can receive the blessings that support my soul fulfilment?

Then, in whatever way feels best, shuffle the deck and choose a card. Read the message and reflect on its meaning in your life. If you feel it resonates deeply, you may wish to further integrate the message by completing the short healing process that accompanies the card's message.

Once you have finished working with this card, place it to your right, so that it clearly symbolises guidance related to receiving, to what is coming into your life.


CARD THREE

Ask the following question aloud:

What does the fulfilment of my sacred surrender look like?

Then, in whatever way feels best, shuffle the deck and choose a card. Read the message and reflect on its meaning in your life. If you feel it resonates deeply, you may wish to further integrate the message by completing the short healing process that accompanies the card's message.

Once you have finished working with this card, place it near



you, even resting on your body if possible, symbolising that it relates to the highest spiritual potential for you through this process.

Take a few moments to notice the card at your left, at your right, and also right near you (or resting on your body). Gaze at the images and let them soak into your mind, body and soul. You can imagine, feel or intend that the blessings and healing energies of Kali are radiating from them into your heart, helping you to integrate the guidance received.

After you have reflected upon your cards and completed any healing processes for each card that resonated, it is time to seal your practice. You can do so by placing your hands in prayer for a few moments and feeling a strengthened inner connection to your beautiful heart and the powerful presence of Kali Ma within. You can then say the following prayer aloud:

Through the grace, generosity, goodness and genius of the Wild Divine Mother, may all benefits of this practice be sealed and secured for the greatest good of all. Please continue to guide, protect, heal and bless me. I immerse myself in the loving sanctuary of your wisdom-loving, freedom-granting divine heart. So be it.

Rest and allow yourself to ground with some gentle physical movements. Hydration with clean water is very beneficial after such work. You have completed your healing practice.



Card Messages




1. Smashana

She shines her blessing of divine deconstruction, clearing away that which undermines your confidence and inhibits your activity on your life path. With the courage born of unconditional trust, you can accept her fierce intervention in your life with openness to the positive changes that shall emerge as a result.

Smashana Kali is fierce. Her presence indicates radical divine intervention. It may at first be experienced as a shock and some form of upheaval. She dwells in the taboo lands of the cremation grounds. Hers is the teaching that divine timing must prevail, and sometimes, certain involvements or circumstances must end. We cannot control the workings of destiny, but we can choose how we respond to the essential ending of a chapter in our lives.

Smashana can appear when we are in difficult times due to the loss of a loved one or the failure of something we had counted on, or even a more subtle, inner experience of an ending we cannot link to an external event. Her presence is an indication that life as you have known it will change radically. This can be a welcome release from difficult times and prolonged cycles of suffering. Smashana is not quiet and subdued in the cremation grounds. She is wild and vital. She brings energy and aliveness to situations where there would otherwise be none. She brings



about an end to stagnation that has been depleting your life force.

An upheaval can give rise to uncertainty about how to manage the transition and what will come next. We must remember that in the tantric teachings, cremation grounds are not only places of death but of liberation. Kali teaches that sometimes, what we have loved needs to be released so a greater love can manifest in a new form. We cannot always know why that needs to be, but we can trust Kali is acting for our benefit.

We may have a fear around letting go, just as many beings fear the ultimate act of letting go – the release of the body into death itself. Kali is not a goddess of actual death. She is the goddess of the spiritual and symbolic death of the ego. Her presence is about endings that lead to beginnings. Her presence is not about death, but transformation. She not only brings to an end that which obstructs our spiritual fruition, she also manifests the path from release to re-emergence. Dwelling in the lands of the dead, she is the sacred feminine chariot that carries the soul beyond the threshold of one life cycle or chapter into the next. If you know you have come to the end of the road in some significant way and are awaiting clarity on how to cross the threshold toward whatever is next, her presence will make the path known to you.

Her appearance is the portent of powerful change. Although we may not welcome it at first, we can know that because it is initiated by her, wild wisdom and divine love are its underlying purpose. As we move with the changes taking place within and likely also around us, we will eventually recognise the blessings that have transformed our lives for the better.

INVOCATION RITUAL

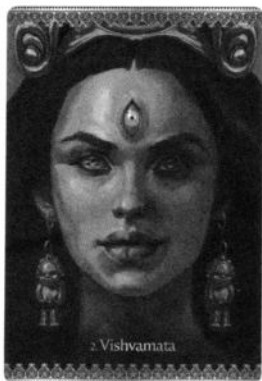
Take a moment to connect with your heart, perhaps by placing your hand at your heart for a moment. Say the following invocation:

Beloved Ma, Smashana Kali, Vama Kali, you raise the sword of divine truth in your right hand. My heroic heart, yearning for freedom, truth and love beyond all else, leaps with joy at the sight of you! The lotus flowers of compassion fall, reminding me that your ferocity is divine love in action. You wield the swords of severing grace. Obstructions and defilements submit to your blade. I bear the loss that follows your intervention with dignity. I offer to you all pain and fear that may arise through this process. My heartfelt offerings are testaments to my loving trust in your wisdom. May your power bring freedom to all beings. Jai Ma Kali!

In whatever way is appropriate for you, prostrate yourself before her wild essence. That may mean bowing your head to your hands in prayer, imagining and intending that you are bowing before her divine will. It may involve laying your entire body facedown on the floor, forehead to the ground, completely surrendered to her. Do what feels authentic and sacred for you at this moment.

Then be seated, or stand once more and raise your hands, palms open and facing upward, as if offering all your attachments to her. She knows which to accept and which to sever at this time. Do so with trust in your heart.

You have completed your ritual of invocation.




2. Vishvamata

With her protection, even significant uncertainty does not need to be wrought with despair. There is a pathway that can shift your devastation into a palpable experience of being protected and guided through a difficulty. Trust where you are being led. Grace shall come from this.

The Divine Mother sees our capacity for breathtaking transformation and spiritual awakening, often far more than we recognise in ourselves. To fulfil our inner purpose, and move beyond unnecessarily restrictive self-imposed limitations, we need her. When we hold back, gripping on to what is familiar, she lovingly forces our hand. Under her influence, we do not evade what is required of us. We find the inner strength to move directly through what we once denied ourselves the right and opportunity to overcome.

You are encouraged to develop the confidence and commitment necessary to undertake the tasks that challenge and yet also inspire you. Do not allow yourself to be intimidated by the prospect of failure or opposition. Stay true to your path and progress, step by step. Trust your capacity to grow into the fulfilling manifestation of your heartfelt aspirations.

Although you may be in circumstances you would prefer not to be in, you are in a position of unrealised spiritual power. You will gain benefit from what is transpiring. When the



relevant learning and personal growth have been acknowledged and integrated, these circumstances will give way to a more favourable situation.

When Vishvamata appears, it not only signifies that we have the capacity to move through a situation we have avoided dealing with in the past, but that we can do so in a far gentler and more graceful manner than expected. You have the power of the Divine Mother's wisdom and blessing within you. Do not underestimate her. Do not underestimate yourself.

When we are willing to look at ourselves rather than other people or external circumstances as the primary source of our pain, Vishvamata, the Cosmic Mother, appears with a genuine desire for you to heal and outgrow the causes of suffering. She is Kali as a sweet saviouress and beloved Soul Mother. She becomes Kripadhara, or the 'vessel of compassion'. We can go to her and receive as much love, support, kindness, protection and anything else we need. The babies that hang from her ears are invitations to approach her as a child would approach its mother – with complete trust and positive expectation.

If we have had issues with mother figures, her presence triggers healing. Mother issues can impede our ability to trust and feel that we are safe and belong. They make it hard for us to feel that our inner life is valuable and worthy of attention, that we are truly loved and valued just as we are, and able to rest within ourselves feeling that we are enough. The Divine Mother does not struggle with human limitations. We can go to her wounded and messy, and she will receive, heal and love us without judgement.

Her expression, semi-wrathful yet serene, reminds us that her ways strengthen our boundaries against that which cannot


support the soul. She will not hesitate to strike at what could harm us. She also dissolves the defences we have unconsciously set up against life so that we soften and become eager to participate in our life journey. When we are not hardened, corrupted or rendered bitter by life experiences, we can be more open, like a curious child, and be guided more easily by our hearts along the unique and empowering life path the Divine Mother offers us.

INVOCATION RITUAL

Connect to your heart in whatever way works best for you. Say the following invocational prayer:

I bow to thee, Kali Ma, cosmic queen and supreme yogini of all hearts. You know how to overcome the ways in which I delude, deny and diminish myself, where I am complicit in deceptions that can only birth sorrow. You are gentle and sweet, even as you lead me into direct confrontation with that which I have tried to avoid. Your compassionate wisdom is unwavering. Through your fierce devotion to my heart's liberation, I shall overcome even the deepest wounds within myself. Vishvamata, Kripadhara, in your kindness, you require me to cross the threshold from fear to trust and blissful peace in the sanctuary of you. You know my capacity and how to evoke my potential into expression, even more than I do. With perfect trust in your wisdom, I shall not turn away from what is before me. I shall successfully navigate and triumph over all soul challenges, through your grace, for the spiritual benefit of all beings.

Place your left hand over your heart. Raise your right hand high



to the heavens above, reaching for her. Feel that she grabs hold of your right hand. Slowly guide your right hand, with her hand resting atop of it, until it covers your left hand at your heart. Feel, sense and receive her spiritual protection of your heart. She is with you.

You have completed your sacred ritual.




3. Kaladhara

She is not bound by appearances, opinions or material limitations. She is both the void and the infinite creative potential that arises from it. Do not be afraid of uncertainty. If you feel you are without resources, take comfort now. Where there is lack, she restores abundance. She can bring forth exquisite blessing and glorious manifestation from the sacred expanse

of nothingness. Your soul can rely upon her completely. Cast your fears away. Hers is the power of the Universe, combined with the generosity of grace.

When hope is lost, and a way forward cannot be sensed, Kaladhara arises as a reminder of the endless creativity and resourcefulness of the Divine Feminine. Her love will always find a way. If the way does not yet exist, then it shall be created. If you cannot see or feel how to move from where you are now to where you want to be, Kali's wisdom and grace manifest to provide what is needed at the perfect time. Prepare yourself by regularly connecting to your heart as you remain open to receive inner guidance on how to proceed. Also, take rest and be at peace in your connection with her. If inhibiting or obstructing forces are at work, she knows how to use them so that we grow stronger rather than weaker, and when the time is right, annihilates them, thus ceasing their influence over us or our affairs.




The presence of Kaladhara reassures us that during those times when nothing appears to be happening in our outer world, there can be much of value taking place at an inner level. It is possible to learn how to see, sense and feel the subtle inner workings of the soul. It requires a willingness to withdraw our faith from appearances and to no longer limit our sense of what is real to the physical world. We can practise dropping beneath the limited perceptions of the five senses by willingly entering into the sacred darkness of unknowing, the cosmic void.

When one sense is minimised, others are heightened. When we are willing to let go of the idea that the physical world is absolute, we can develop our innate capacity for extraordinary, extrasensory perception and tune into the sixth sense of the soul. We can learn to trust what we intuitively sense, even in the absence of external confirmation.

When we intuit at such a level, we gain the ability to recognise the truth beyond appearances. Rather than seeing the surface of the earth as barren and becoming desperate, we can joyfully sense that within the depths of the soil, a seed is gathering life force and will soon crack open to become a lush green shoot then a plant that blooms with flowers and fruit. Kaladhara brings guidance that something barely discernible is stirring within, which has the potential to become a beautiful manifestation. She reminds us that nothing is ever hopeless, no matter how much the mind may believe so. Through trust in her, we become an active expression of the solution to any difficulty.

Kali Kaladhara bears the crescent moon. The moon in crescent form shows us there is light but not full clarity. It does not mean that clarity does not exist, that the full light of the sun no longer exists, but that for a time, there can only be



partial vision or understanding. This need not be a concern because we can trust in the Divine Mother who has complete understanding always. Where we are lacking in skill or capacity in any given moment, she more than makes up for the deficit. If what you sense lacks clarity, you need not worry. Even those with excellent perception cannot know certain things, and that is no reason to be concerned. We can trust that the Divine Mother knows what is happening and what is needed. When the divine timing is right, you shall see the greater picture more clearly. Until then, proceed with care and only do what feels necessary in the moment, understanding that you shall have a different perspective later.

The oracle of Kaladhara marks the ending of a cycle after the full moon when things have gone as far as they can go, and the initiation of a fresh cycle following the black or new moon when what has fallen away shall rise again in revised form. Our beloved Kali Kaladhara, cosmic lunar priestess, is Bhairavi: she who controls the changes taking place in the Universe and our lives. We can trust her timing and our own process. Stay true to your inner work and know that your efforts shall bear fruit.

INVOCATION RITUAL

Speak, sing or whisper this prayer of invocation, from your heart:

Kaladhara, universal priestess of the Sacred Feminine. Garbha, cosmic womb, divine creatrix. Devi, who is before the beginning and after the end and within all between. I seek refuge in you, offering all to you that I may bear the pain of loss and open to the bliss of rebirth. You dwell in the endless vastness, beyond all that is. You are the reminder of infinite

potential, the gift of regenerative blessing to rise again in a new form, cleansed from the poisons of the past, with full presence and peace in this moment. For the spiritual benefit of all beings, Jai Ma Kali Kaladhara!

Place your right hand lightly at your throat chakra and your left hand at your sacral chakra, beneath your belly button. Make the sound of this 'seed' or bija mantra for Kali Ma, allowing it to resound and reverberate through your being:

KREEEEEEEEMMMMM.

Repeat this three times, pausing between each repetition, allowing for the sound to vibrate beyond your form. You are invoking the creative wisdom, protection and power of Kaladhara in your body, mind and soul, and in our world. Allow this to be an act of spiritual surrender and divine offering of love.

When you have completed your mantras, place your hands in prayer at your heart and say:

Jai Ma Kali!

You have finished your sacred ritual.




4. Kali Mahamaya

Kali Mahamaya is Kali Ma, the spiritual truth beneath all appearances, the healing waiting to be discovered in all experiences. In harmony with your higher self, she manifests the path upon which you can best learn, heal and grow. She is unclothed, symbolising wild, unconditioned authenticity. She is the empowerment to discard conditioning

and judgements that we have worn. Cast off the fearful constraints others have imposed upon you. Connecting to your authentic being will attract healing, guidance and divine grace to you, now.

Kali Mahamaya knows the life circumstances that will best evoke your sacred fulfilment. From gentle blessings to heart-stretching challenges that bring out courage and confidence you never knew you had, she weaves the circumstances into being that will cause you to grow, awaken and fulfil your divine potential.

Through her carefully chosen life lessons, the heart becomes spiritually prepared to dispense with mainstream consciousness. The soul begins to move away from the limitations and absence of personal responsibility that accompanies mass conditioning. The inner spiritual eye flutters open and new realities open up. Her appearance signifies that mass consciousness and mainstream interpretations of events cannot support your soul path. It is only through looking for the deeper spiritual purpose



within a life lesson that you will cut through the confusion to obtain clarity and attract all you need to heal and transform the situation at hand. Listen to your heart rather than allowing conventional beliefs to create fear in your mind.

Kali Mahamaya arises spontaneously as a protective bearer of universal truth when a situation has become unnecessarily complicated or confusing to your heart. The truth she awakens may provide immediate relief or it may not be easy to accept at first. Either way, you are promised revelations that shall ultimately lead you beyond deception, or beyond what is simply not right for you. She protects you from that which is unworthy of your heart and has constrained your spirit.

Even though Kali recognises it is going to create a disconnection from the authentic needs and inner purpose of the soul, if we are on a path that merely seems promising on the surface, she evokes the situations to devastate the established order. Thus, she realigns us to the better path. This is her act of radical love, to unfetter our minds and clear our perception. With the correct knowledge, we gain the capacity to proceed with wisdom. She will not allow you to be misled. If you have wandered from your path, she will firmly re-establish you on the way to best help, heal, empower and liberate you with joy.

So, when our plans suddenly seem thwarted, we need to ask whether we require more courage and growth to rise above the obstacle. Alternatively, we may need to step away from our initial plans and be open to a different path. We can discern authentic spiritual guidance from its effect. It brings a sense of relief even when the path ahead seems challenging. Acting on true guidance causes us to grow, even when it opens a gentler and more graceful path. Misinterpreting guidance reinforces our



ego patterns and keeps us stuck.

Kali Mahamaya exists and operates beyond convention and convenience. She is the inoculating tonic of authenticity. Authenticity keeps us dialled into our true purpose and passion. She protects the soul from conventionality that castrates, disables and steals our creative fire. She is the divine disruption that provides needed, yet often unanticipated, spiritual recalibration. When our minds are so confused that we do not even sense the troubles that threaten to consume us, she arises from the ocean of consciousness with compassionate ferocity. When we stray from our authentic nature, she brings us back to the spiritual home of the heart. She reminds us that we are the most powerful and protected when we seek the truth of the heart because that is when we are closest to her. Dispense with the need to placate others or control situations. She has arisen and can be trusted unconditionally. Take refuge in her and allow your life to unfold as it will, acting when you feel guided to, having patience in the unfolding events and trusting that her grace is unlimited. She is watching over the deep healing that is taking place within your soul.

INVOCATION RITUAL

Say the following prayer:

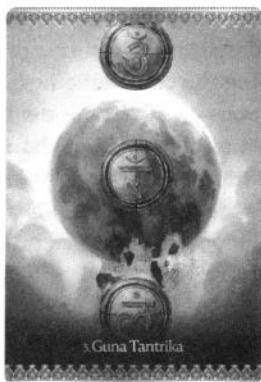
Beloved Kali Mahamaya, you create the pathways for spiritual growth that benefit the soul. I honour your unconditional, wild and loving nature. You provide what is needed to truly heal and outgrow suffering. May your compassionate wisdom and divine protection bless all hearts with the capacity to recognise and act with wisdom. I open myself to receive your

guidance and revelation, and I give myself time and patience to integrate, regroup and adjust my course. I trust in the greater guiding wisdom of your play in my life. For the spiritual benefit of all beings, Jai Ma Kali!

You can now visualise, imagine or intend that a heavy pink lotus flower rests within the palm of each hand. You may sense and feel the weight of these flowers in your hands. Perhaps their muddy, damp roots are uncoiled and hanging heavily between your fingers. The lotus in your right hand represents your divinely given power to act. The lotus in your left hand represents the divine grace needed to make those actions the best and most beautiful possible.

Slowly guide your hands together, visualising, imagining or intending that these two lotuses intermingle and become one held gently before your heart. This new lotus then dissolves into radiant golden light and floods into your heart with blessings of the Divine Mother. Rest for a moment in this golden grace. Then bring your hands into prayer, bowing your head.

You have completed your ritual healing process.




5. Guna Tantrika

The Divine Mother manifests the cure for when we feel overwhelmed or confused, or when we feel we're falling apart or locked into stagnation. She is the superior medicine. Even when we may not be sure what is needed to bring ourselves back into balance, she holds the answers. Tune in to your heart, and there you will find her sacred prescription. Trust your inner guiding

sense of what to do, or not do, next. Trust that a better order is being established.

Guna Tantrika is Kali as the medicine mother. She generates and regulates the three inherent qualities within all phenomena, including our body, mind and soul. These three qualities are known as the three gunas: *sattva*, *rajas* and *tamas*. As *sattva*, Kali is the peaceful detachment and contentment in the moment. She is the fire of *rajas*, the energy for taking action and hustling for our sacred manifestation. When our actions rest upon a pure-hearted foundation, our activities can become enlightened, bringing spiritual benefit to all beings (even if we don't always recognise the positive and far-reaching impact of our actions at the time). When we need to slow down to heal, ground ourselves and regroup, Kali is *tamas*, the heaviness that allows energy to settle. This is the temporary inertia that stills momentum and allows for deep restoration and renewal. The freedom to



take rest helps us stay the course for however long is needed to manifest our destiny without becoming desperate, despairing or exhausted. In such rest, we reset, accessing the courage to drop our attachment to external support systems and even our own plans. We then become increasingly able to allow, rather than trying to direct and control the manifestation of her divine plan through us. As we call upon her, Kali strengthens these qualities within. Listen to your heart for her guidance — do you need to be peaceful, to take action, to let go and regroup? Your inner wisdom is her voice guiding you.

Excess tamas keeps us enslaved in a negative holding pattern. Then the guna, or ‘energy that can help’, actually hinders. We need Kali, the tantric priestess of the gunas, to intervene for our cure. Tamas can manifest as depression and procrastination, the inability to rise and take steps forward, or as action taken without thought of how it may affect others. To overcome excessive tamasic energy, Kali can stimulate us with divine fire, creating rajas, a powerful urge to take action. She may evoke agitation within or around us that compels us to act. She is not asking us to become reactive but to have the confidence and courage to engage with what is happening from a place of inner wisdom. Rajas provide us with the gift of accomplishment, and a healthy exertion to discharge anxiety and stress and promote feelings of restfulness and a lightness of spirit. This is the peace of satisfaction and rest after achievement, the third and final guna of sattva. Without Kali’s wisdom and correction, rajas can easily shift into overactivity that doesn’t accomplish much and leaves us feeling drained rather than satisfied. We sink back into tamas instead of rising up to a sattvic state. Kali teaches us how to act without becoming caught up in the need to be busy for the

sake of it. As we call upon her, she helps us to pour our energy into that which genuinely provides nourishment for the soul.

Kali knows that excess sattvic energy leads to detachment to the point of being dismissive or indifferent in the face of suffering. Sattva needs to be balanced so that it inspires rather than extinguishes our desire to act in ways that help alleviate the suffering of others. Yet, it can also provide us with the comfort of detachment so we can let go and strengthen ourselves if the pain we encounter in the world feels overwhelming. Kali is the inner knowledge of when and how to disengage from the emotional energy of others, without losing compassion or becoming dismissive.

Guna Tantrika manifests her wisdom and healing through our spiritual instincts. The body and mind know when there is a need for rest, for activity, for detachment, and for engagement. It takes strength of spirit not to override that inner knowing with social pressures or inhuman expectations for constant performance. When Guna Tantrika arises in a reading, we are asked to trust in the shifting cycles and to give ourselves what we need for wellbeing. No being benefits when they are at odds with themselves. You have the inner power and capacity to be at peace within your own being now.

INVOCATION RITUAL

Say the following dedication:

In the base chakra, Kali prepares the seeds as they rest and gather energy for what is to come for the spiritual benefit of all beings. In the solar plexus, Ma creates the necessary fire, desire and capacity for enlightened activity. Through the third

eye chakra, Kali Ma manifests clarity and peace so that her purpose is accomplished to benefit all beings. Kali Ma, manifest your sacred medicines for the spiritual benefit of all. Jai Ma Kali!

Place your hands in prayer at your heart. Your intention is to amplify the blessings received until they shine like a triple star system in your base chakra at the bottom of your spine, the solar plexus chakra in your torso, and the third eye chakra between your eyebrows. These three energy centres are radiating light through all dimensions for the spiritual benefit of all beings.

If you wish, you can now take a lying-down position on your back. Rest one hand (preferably your non-dominant hand) at the pubic bone and sound the following mantra:

Lam.

Then rest your other hand at the abdomen as you sound this mantra:

Ram.

You may now like to close your eyes and, imagining it vibrating deep in the spaciousness of your head, sound the following mantra:

Om.

Rest for as long as you wish now.

You have completed your sacred healing process.




6. Troma Nagmo

She arises, instinctively responding to a severe threat to your wellbeing, freedom and sacred fulfilment. Her fierce form causes the impure to tremble, and the pure of heart to move close. She is ferocious in her wrath against injustice. Dispense with thoughts of vengeance. Pray for mercy for all beings, especially those trapped in patterns of consciousness harmful

toward themselves and others. Open your heart to her heart, and allow her to attend to all matters of karma while you remain true to your higher self.

Kali is so responsive to those in need of her that she will manifest in unlimited forms to provide the necessary protections. Her fiercest forms manifest to support us in confronting powerful darkness within ourselves, others and our world. In Tibetan Buddhism, a *dakini*, or 'sky dancer', is a feminine spiritual being offering guidance and protection. The dakini known as Troma Nagmo, and also as Krodakali, is a fiercely protective divine feminine being upon whom we can meditate. As we place our focus upon her, we enter into her being for sanctuary. Her appearance is meant to be repelling for a spiritual purpose, not to keep us away from her. So, allow any fear or aversion that arises as you contemplate her to rise and then fall away. This is how contemplation upon this sacred being becomes




an act of spiritual cleansing and psychological release. As the aversion dissipates, our sanctuary with her is activated from a pure trusting heart, deflecting unwanted negative energies and psychic contaminants.

Troma Nagmo is our black wrathful mother of tantric wisdom. As our mother, she is available to all hearts who seek her protection, teachings and assistance. She is a fiercer form of the already fierce Vajrayogini from the Tibetan spiritual tradition. As such she takes spiritual protection to the highest level. She is associated with the Tibetan practice of *Chod*, which facilitates complete fearlessness, rapid spiritual growth and the severing of attachment. The word, *chod*, translates as 'cutting through'.

Troma Nagmo's presence in a reading indicates that you will outgrow any issue, even those so persistent as to last for a very long time, or that appear to be beyond your capacity to overcome. This confronting, powerful obstacle may be an attachment, stuck pattern or unhealthy misuse of energy. It may be a set of circumstances you have created or that another has imposed upon you. It may relate to this or other lifetimes. Whatever the cause, her presence indicates it is time for it to end. As you move close to her presence in your heart, you will be able to cut through the mental and emotional clinging to a particular outcome or interpretation, so the situation unravels rapidly allowing for swift progress on your soul path.

If you have felt as though the way forward in any matter of concern has been barred, her spiritual intervention to clear it is imminent. No obstacle can withstand her will. No suffering can continue in her presence. Her ways are exceptional and expedient, precise and effective. Liberation and enlightened empowerment are always the results of her activity. An expanded




capacity to accomplish your sacred work is indicated, and it shall bring far-reaching benefits for all. Give up your notions of how things should be and seek sanctuary in the wild wrathful wisdom unfolding. It may seem to be a chaotic, bumpy ride at times, but there is a loving intelligence guiding the process, and you are safe.

You may not understand her wisdom and method, but you can trust in what is happening, especially the things breaking apart or arising anew. Any pain you may be experiencing now is so much less than what would have taken root if certain circumstances were allowed to continue. When a boundary needs to be set, it is not a time to play nice, nor to pacify people or circumstances attempting to exploit your good nature. Troma Nagmo shall not stand for such disrespect, and trying to keep the peace by cultivating behaviours that are not self-honouring will backfire. Authenticity with compassionate detachment is the only way forward now. Trust in her more than you trust in your doubts or fears. She has the power to bring about what needs to occur.

INVOCATION RITUAL

Say the following invocation while gazing from time to time at the image on the card. Allow yourself to surrender into your heart. Offer her any feelings of aversion. Letting go facilitates your release into her healing, protective fires.

Wrathful black dakini, mother of wisdom, grace and power, Troma Nagmo, Krodakali, I bow before you with respect. I surrender to your workings. I humbly offer you the attachments, karmic seeds and obscurations of mind and



body so that transformation and liberation may occur for the spiritual benefit of all beings. All defilements submit to your liberating presence. Jai Ma Krodakali!

Allow yourself to imagine, intend, visualise or feel invisible shackles falling away from your soul, your body, and your mind. You may even psychically sense or hear them as they hit the ground with a clunk before melting into her powerful cleansing fires that rise to consume them. Even if you cannot sense such a thing, trust that it is happening.

Notice how you feel—perhaps clearer, freer, more able to breathe—and expand more naturally and easily as constraints are released. You may feel different and not yet comfortable in that difference. That is okay, too.

Gaze again at the image on the card. Place your hand on your heart and then lightly touch that same hand to the card as a symbol of gratitude and acknowledgement of the Divine Mother's presence in your life. Finish with your hands in prayer and bowing your head.

You have completed your invocation ritual.




7. Dakshina

Fear can undermine your confidence, erode your trust and steal away the joy you take in living. The benign, yet mighty Dakshina Kali manifests to conquer fear and realign your mind and path toward peace and light. Make a sincere offering from your heart to her now, and you will receive her generous blessings and assistance. Open your heart with trust, for that which is

blessed and beautiful wants to manifest in your life.

Dakshina Kali conquers even the most extreme fears. She steps forward with her right foot, a sign that she will create order from chaos. Her four arms are raised to bestow blessings and to wield the divine weaponry necessary to protect the soul. She restores and realigns, deftly eliminating that which has no place on your soul path. Her actions are powerful and benevolent. She appears fierce, yet is benign. Her oracle brings the message that a situation which may frighten or intimidate you is well within your capacity to handle. No matter how dramatic or intense the scenario may appear to be, it shall become little more than a passing memory, and shall not have any negative bearing upon your future.

As Dakshina, Kali Ma is the portent of a fiery sunset, an ending to a truly frightening and difficult time. Yet, this brings a new inner experience of courage, self-trust and a renewed,



increasingly empowered personal relationship with the Divine. She is the reminder of the dark night that allows for rest and regeneration before the light of sunrise awakens us into a new cycle of experience. She is with us through both dark and light.

She arises in a reading to bring comfort and reassurance that you are 'allowed' to receive wonderful blessings. If you have been enduring suffering, not only will she bring it to an end, she will ensure you gain something of tremendous value from the experience to help you avoid greater suffering in the future.

To engage the peaceful blessings and psychological renewal that Dakshina Kali bestows, you can make an offering. The term *dakshina* means 'gift', typically the gift you would offer to a healer or spiritual teacher with gratitude for their teachings and blessings. What could anyone possibly offer to a great being such as Kali Ma? Love. Affection. Prayers, especially those that relate not only to us but to all beings in need. Honour and reverence. Why are these gifts sufficient? Ma is an enlightened divine presence. She has no need for flattery or gifts to elicit her love, grace and protection. She gives that freely and generously.

The offering to her is about what it does for us on a human level. Making a genuine offering opens the heart and puts us in a position to truly receive. To demand from an entitled perspective, locked in ego or blocked in fear, does not open us to her. Even though she pours forth love and healing in great abundance, we are like concrete with the water of her love sliding over us, unable to permeate, restore and nourish. We need to be like tilled soil, open and receptive, capable of taking in her grace. For that to happen, we need to place our hearts and minds in the best state to engage with her. An offering is a humbling act of respect and acknowledgement. It is an act of imploring. It opens the



receptive channel in our hearts.

Dakshina appears when we are in need and the Divine Mother wishes to bring a blessing into our lives. She is a reminder to put ourselves into the best state of receptivity. No matter how good or deserving we may strive to be, if we cannot open and allow the grace in, our wounded perspectives shall continue to have the upper hand in our minds and create further suffering in our lives. If we believe we do not deserve grace, are not worthy of the gift of the Divine Mother's healing and love, and are not willing to trust her and drop our defences, then we are saying, "Thank you, but I cannot accept for this gift is too much."

Do you wish to allow such attitudes to deny the Divine Mother's free-flowing blessing in your life? If not, then give to her. Give to her to allow yourself to receive from her. Every being benefits because her blessings are enlightened, bringing healing to you and simultaneously improving circumstances for all beings. Be like a child who asks their mother for a beautiful gift and who knows it will bring their mother pleasure to bestow it on them, therefore increasing happiness for all! You can only experience that if you allow Dakshina to enter your heart and your world. You have free will. What shall you choose?

INVOCATION RITUAL

Say the following invocation prayer:

Kali Ma, Dakshina Ma, I humbly bow before you. My heart leaps with joy as I feel the presence of my soul's divine queen. My heart is now soft and surrendered with gratitude and trust in you. I know not what I truly need, but I know that you know. I trust in you to deliver your blessings as well as in my capacity

to receive, integrate and heal through those blessings, now and always. For the spiritual benefit of all beings, may I receive, receive and receive! Jai Ma Dakshina Kali!

Imagine, feel or intend that your heart is a beautiful garden. There is a sacred gardener there who is tilling the soil and clearing away weeds and lumps of dried and hardened clay. The gardener smashes them into bits and stirs them into the ground to aerate it, making it ready to receive the delicious, nourishing rainfall that is imminent. Perhaps you can smell the scent of rain in the air. Perhaps you can feel exhilaration and aliveness, readiness and openness. The rain begins to fall. Perhaps you can feel it, even hear it as it hits the earth, releases freshness and soaks in to nourish and promote life. There is just the right amount of rain to suit the needs of the garden. Then the sun shines bright and warm. Receive as much of this as you need. You can finish with your hands in prayer and your head bowed to your hands in gratitude.

You have completed your sacred ritual.




8. Kali Kapali

She who wears the mala of skulls around her neck shall never abandon you. She shall be with you always, lifetime after lifetime, in unending tenderness and devotion, conquering that which would alienate you from your truth and creative power. Trust in the effectiveness of your prayers and requests for her assistance. Have confidence in divine intervention. No

matter how dire things may seem, you shall transform a negative experience into a positive one that honours your soul.

Kapali is the wearer of skulls. The *kapalamala*, or 'skull mala', is a version of the prayer or mala beads used to call in and strengthen divine presence by using sacred sounds—repeating mantras or prayers—while counting the beads. You are encouraged to speak to her from your heart about whatever is troubling you. She will do whatever it takes to release you from your suffering.


This form of Kali arises in a reading when you need to know a truth. She will make sure you find it, even if you would rather continue in peaceful ignorance for a little longer! This truth, however disruptive it may be, is not a punishment. It is protection. You may not be able to see that at the time, but you will be grateful for the changes that come from her revelations later on. Skulls mark the passing of time. Trust that time can be your ally to heal and emerge anew. You will need faith, but in due



course, you will see how the Universe has been supporting you in all ways when you feel restored and supported again.

Often an encounter with Kali Kapali entails direct confrontation with the thing we fear the most. Like a physical therapist placing pressure on a point of tension to get it to release, Kali Ma's presence can give rise to acute pain. She is not causing the pain. She is the method by which it is released. It takes a pure and courageous heart to approach Kali for she is unpredictable and does not respond well to those who try to control her. She always defies the grasp of ego. You cannot know how or when she will enact her divine will. You may feel led right into the emotional, psychological or physical issues that have thus far evaded healing. She gives no credit or honouring to our fears because she knows our real capacity to overcome them and awaken. Her sacred medicine breaks down our resistance and our confusion and shows us we are made of more potent stuff. Encountering her is rarely a comfortable experience, yet the pathway forward ultimately becomes more gracious because of her intervention.

When Kapali manifests her presence, the powerful symbolic teachings of the skull are at play. Skulls represent an ending and also a triumph of a more powerful force (in this case, divine will) over a lesser force (in this instance, typically, human ego or plans). The skull indicates a need to acknowledge that while we are a powerful divine spirit with free will and much creativity, we also need to operate within the higher power of far greater wisdom. Such a spiritual hierarchy is not oppressive in any way. It is a sacred order that keeps us safe and helps us to grow. At a soul level, we have agreed to walk a particular spiritual journey this lifetime. Our empowerment comes not through resisting




but engaging with our life path, no matter how mysterious, devastating or deeply challenging our experiences may be. Kali Kapali signifies that somehow, even out of the darkest interior struggles, suffering will give way to spiritual freedom and deep peace. Commit yourself to participating and co-creating your life path with all the passion of your mind, body and soul, while submitting to the greater workings of your destiny with all the trust your heart can muster.

The skull, especially without a jawbone, has been a symbol of those who operate outside traditional moral conventions in Eastern and Western cultures. Kali Ma is the queen of such unconventional spirits. The appearance of Kapali can be a sacred message that your soul path shall not be limited by societal conditioning of any kind. Conformity will not support your journey and would threaten to rob you of your spiritual freedom – especially at this time. She is here within you, reminding you that you have the strength to remain true to yourself, even if that means standing apart from others. Tune in to the spiritual power within. It is beyond what society understands and can offer. It will nourish, protect, inspire and guide you through any troubles. If your path is diverging from your original plans, or your journey is out of sync with those around you, trust in what is happening and know that you are within her care.

INVOCATION RITUAL

Say this prayer:

*Beloved Kali Kapali, wearer of the sacred garland of skulls,
I implore you, Ma, be my sanctuary and saviour against the
falsehoods of ego. Block all malefic energies from taking effect.*



Help me Ma, so that I may find the courage to be true to my higher self and engage joyfully with my authentic, passionate purpose. For the spiritual benefit of all beings, Jai Ma Kali!

Touch your head lightly and with reverence, as if feeling for the skull beneath your outer appearance. When you are ready, say:

This sacred skull is an expression of the soul, yet it too shall pass. May I have the courage and divine protection necessary to fulfil the divine purpose for which I was born. May I be protected from that which is not meant for me so that I can receive my glorious divine destiny for the spiritual liberation of all beings. Jai Ma Kali!

Place your hands in prayer and sense the loving connection between head and heart.

You have completed your sacred ritual.




9. Khadga

She wields the holy sword of divine severance, empowering the soul in radical letting go. She instils the courage to bear the pain of loss and the wisdom to realise the secret blessing that can only arise when we embrace change. Where our strength of will may falter, she intervenes to ensure we do not sabotage our ultimate fulfilment and spiritual progress. She will not allow our souls to be ensnared in any kind of deception or trapped in fear. She is the liberator, and her sword clears the path, revealing truth.

Khadga is the Sanskrit word for 'sword'. Devi Khadgahasta means 'the Divine Mother who wields the sword'. What is this sacred weapon? The sword severs, breaks and destroys. It can be a symbol for truth and the need of the soul to let something or someone go, even though the attachment of the ego may demand that we remain connected out of fear of loss, or fear of the pain of loss.

Devi Kali's sword is the symbol of her will and her attainment. Her sword knows which attachments require severing, and when and how to obtain such a release. Even when the holding on—perhaps out of fear or guilt or doubt—denies us the capacity to even consider walking away, her will prevails. Sometimes, we invest in a relationship, a situation, a place or an opportunity




because we feel it is needed and beneficial, only to realise later—if at all—that we have outgrown it. Then it becomes, at best, something slowing down our awakening, and at worst, a direct impediment to our spiritual growth.

Regressive tendencies creep up on us slowly, so that we don't realise how much damage is being done over time. Even if we have a sense something is not quite right, our awareness can never be complete when we are determined to remain attached and unwilling to see any truth that threatens that attachment. Any unwavering desire for a particular outcome locks us into an unwillingness to see the truth that would shift our perspective and open us to a superior outcome. We may admit something is wrong, but choose to believe that if we just change ourselves somehow, or work harder to heal the other person, then the negativity will transform into something positive. We then become trapped in an impossible situation of our own creation: knowing something is not working, but as we are not capable of letting go, fooling ourselves into thinking we can heal and transform through methods that cannot accomplish the task.

When Kali Devi's sword appears as a message, she advises that whatever we are struggling with can and should be handed over to a higher power. She will sever the threads of attachment and we can trust that if someone or something is meant to remain in our lives, or to return, according to divine love and wisdom, then so it shall be. If we need to go against divine love to keep something, it can only create suffering. She will not only remove that impediment on your path but support you, so the release brings you joy rather than endless sorrow.

The oracle of Khadga denotes divine workings in a struggle you are moving through at this time. There is a predestined series



of events due to occur, as orchestrated at a higher level. The timing will incorporate the paths of those you have soul contracts with and the movement of the collective consciousness. For you to be at the appropriate vibration to move in harmony with where you need to be and whom you need to interact with, certain releases have to take place now. You can trust in the doors that close, just as much as in the doors that will open as a result.


INVOCATION RITUAL

Say the following prayer:

Beloved Divine Mother Kali, Devi Khadgahasta, you wield the divine sword of protection that severs attachments and allows for spiritual progress and freedom for the heart to find and express divine fulfilment. May the process of letting go bring me peace and receptivity to the great blessings you generously bestow upon me for the spiritual benefit of all beings. Jai Ma Kali!

You may wish to do a meditation in *savasana*, or ‘corpse pose’ – lying down on your back with your arms and legs slightly apart. If this can be done in a slightly darkened room, that is optimal. Instead, you could rest an eye pillow or lightweight scarf over your eyes. You can do a seated meditation if you prefer.

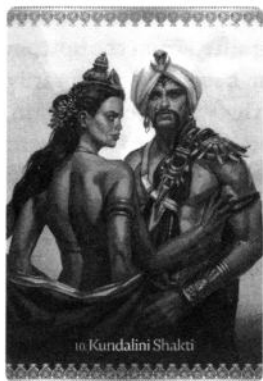
Notice your breath and allow yourself to physically, emotionally and mentally let go, becoming pleasantly heavy and relaxed. You may sense stillness or begin to notice pain or tension as you become more present. Be with whatever is happening, without judgement, as you continue to breathe in and out.



As you rest and let go, you are allowing for the grace of Kali Ma to gently and firmly clear and support your being. If you sense you are unable to let go at a deeper level, be kind to yourself. Kali's patience is unending. She knows that when you have had enough of the pain, you'll be ready for her grace, and until that time, you are learning.

Rest here for as long as is best for you. When you are ready to complete your process, slowly arise. Place your hands in prayer at your heart and, bowing your head, honour the divine wisdom temple of Kali that exists within your heart.

You have completed your ritual.




10. Kundalini Shakti

Hers is the arising consciousness that evokes instability within, clearing the inner pathways for higher consciousness to manifest. Inner disturbance and instability wrought by kundalini shakti is an obscuring grace. Internal disorder is a necessary step towards divine reorganisation. Reassure your heart that no matter what may appear to be, at a spiritual

level, all is well. Outworn energy is being processed and broken apart. From the ashes of your inner fire, you shall emerge anew. Let what needs to happen, happen.

Within the subtle field of the body is a powerful, creative and awakening energy known as *kundalini*. When the soul is ready, this energy, rather like a snake uncoiling, stirs and rises. Awakened kundalini becomes *kundalini shakti*, moving according to its own pace, path and wisdom. It clears the chakras, purifying body and mind, preparing the body to more readily receive spiritual energies, weaving through the subtle energy body, from the base of the spine toward the crown of the head, seeking release through the top of the head.

As purification is rarely an enjoyable experience, this powerful natural process requires courage. As energy shifts and we are cleansed emotionally, we may have physical symptoms of discomfort and dramatically fluctuating moods. Our thought




processes may be confused and our perception not as astute as it may otherwise be. Like sediment being sifted from the bottom of a water glass, that which was clear becomes temporarily muddied. As the sediment is removed, the water settles again, but with more clarity. The oracle indicates a need to be patient and to allow for the confirmation of signs and intuitions. You do not need to ignore signs to act, but it is wise to recognise that you are presently within a liminal space of healing. The way things look now will change dramatically in the not-too-distant future. It is not wise to try and build a foundation on shifting ground. Be patient. Trust that you will know when the time to act is upon you.

When kundalini shakti rises, energies are beginning to move in new ways. The oracle indicates there is something within you that has been dormant, perhaps for a long time, even lifetimes. It is now reawakening. This message could relate to an aspect of your being, even a past-life talent, that will be further developed in this lifetime. It could be a stalled project coming back to life again, or a reinvigorated sense of purpose following an unexpected inspiration. Moving forward and ascension to a new level of experience and being are predicted.

Sometimes, there is quite a long period of deep incubation on the spiritual path when not much seems to be happening. Kundalini shakti is an inner movement of energy which will eventually demonstrate an outer effect that is often considerable. It can seem illogical to the intellect, but if you want the externals of your life to change, go within and work on your inner self-healing.

Through trusting and protecting the process of inner work, shielding it from prying eyes and ill-informed, fear-



based negative opinions, a new authentic self is generated. We don't have to know how to accomplish that. The movement of kundalini shakti is an awakening energy with its own creative intelligence. She knows how to guide us toward spiritual fruition, just as the body knows how to heal a broken bone, even if we cannot understand how to accomplish such an astonishing feat at a conscious level.

The time naturally comes when the newly-forged self is strong enough, sufficiently spiritually integrated, and ready to be seen, heard and received. We are ready to come out of the spiritual closet. We have no interest in trying to mould ourselves to fit the demands of others. We are divinely self-generated from within. There is no benefit or effectiveness in trying to rush this process. It takes time and effort to distil our nature with sufficient resilience, so we are not shaken in the face of conflict by attempted sabotage or the fearful projections of others. Only then can our presence bring clarity and grace. Such spiritual infusion, integration and reformation takes as long as it takes. It is not a small accomplishment. We must be generous with our process, providing patience and trust. The oracle brings confirmation that you are working deeply, and much can come of this. Your labours are not in vain.

The oracle of Kundalini Shakti indicates creativity and healing on every level. It also indicates a time when matters of relationship are significant for your soul growth. Tuning in to the masculine and feminine energies in your soul will help you balance leading and receiving, directing and allowing, pursuit and presence, both in your outer worldly life and inner spiritual life. Trust your heart and don't be hesitant to lean into unfamiliar territory with boldness tempered by patience. You will become

capable of many things, on many levels, that you were not capable of accomplishing previously. A new way is signified.

INVOCATION RITUAL

Say this prayer:

Beloved Kali Ma, cosmic priestess of the Divine Feminine, I honour you, Mataji. Beloved Shiva Mahadev, fierce guardian of the Divine Masculine, I honour you, Babaji. Together, you are loving divine wisdom, passionate healing fire and uplifting transcendent grace. Your tantric embrace ignites my heart with confidence to create and be joyful and rapturous in claiming my life path for all it can be. My soul is your divine bedchamber infused with the bliss of your sumptuous sacred union. I become able to recognise my true nature and path. Adi Shakti, Kundalini, Mata Shakti, you ensure divine fulfilment shall be attained for the spiritual benefit of all beings. Jai Ma Kali!

Place your hands in prayer over your heart. Allow the left hand to be covered by the right. See, sense, feel or intend that the love of the feminine is being protected and guarded carefully by the light of the masculine. Feel these energies intermingling in your heart, where love, courage and a feeling of innate spiritual protection grow strong and powerful. Let this bring you peace.

Finish by placing your hands in prayer and bowing your head to the divine feminine and the divine masculine energies within. Allow them to shine in all directions and through all dimensions for the spiritual benefit of all beings.

You have completed your sacred ritual of invocation.




11. Durga Kalika

She is fierce divine justice and unyielding resolution in favour of the light. She is every method and all means necessary to ensure success for the soul. She is the unexpected victory, arising at the very moment when all seems lost, transforming tragedy into triumph. She is our spiritual sun, our light and our ever-radiant reminder that from darkest night, a new dawn

shall always arise. Dare to trust more in your faith than your fear. For every problem that can arise, there are many more divine solutions, unfolding even now.

In the Hindu cosmology through which Kali Ma is known, life is sustained through a continual balancing and interaction between the light and the dark, of that which promotes life and that which destroys it. In one story of Kali's birth, she erupts in a frenzy of divine wrath, catapulted out of the awakened third eye of the golden warrior goddess, Durga, straight onto the battlefield to arrest the rising power of evil forces.

The battlefield that triggers Kali's emergence is the setting of the ancient war between the light and the dark. This war takes place in our world daily, and often enough, in our own minds and hearts. It is a war of choice, where our free will decides which qualities are allowed to become stronger in our lives. Do we choose love or hate, trust or doubt, faith or fear? When we




want to choose the higher path but find it difficult to avoid being overcome by our lower nature, or the negativities around us, the divine beings of love manifest their presence to strengthen the light. In Kali's case, she absorbs the darkness, thereby freeing us from its potentially overwhelming and undermining effect.

Kali's birth on the battlefield has meaning. Durga, the unconquerable goddess of light, with the weapons of every divine being at her disposal, had encountered a particularly virulent negative being. Whenever a drop of his blood touched the earth, he multiplied, becoming ever more powerful. When Durga realised a weapon greater than all others was required to beat him, she summoned her energy and birthed Kali from her third eye. Kali is a weapon of the light and an expression of love's protective will. So, Kali leapt forth, gobbling up every emanation of the demon and every drop of blood before it could touch the earth, ending the cycle of terror.

Kali is the wrath of the goddess of light, divine fury in action. She not only strengthens the workings of goodness in our lives, but she reverses negativity's grip and brings it to an abrupt halt. The healing consequences of this intervention can result in dramatic changes. Situations that obstruct us, even without us fully realising it, give way, and through that process, an easier and more graceful path unexpectedly opens up. When this oracle arises in a reading, an unexpected ease and grace are due to manifest. Know that the fruition of your soul shall be unstoppable. Whatever divine protection is necessary to secure your fulfilment, shall spontaneously arise.

The symbolism of new demons popping up from drops of blood hitting the earth is a representation of the duplicity and resistance of negativity. It is always seeking new ways to



compel the mind toward judgement, fear, anger and hate. The ego continually seeks new ways to inflate itself, to place itself above or below others, to justify itself, to congratulate itself, to separate and distinguish itself as either superior or inferior. The workings of the ego promise so much, but deliver nothing but suffering. If Kali needs to manifest for the pestilent misery of ego to be overcome, then out of the luminous beauty of Durga, the wrathful ferocity of the divine feminine warrior, Kali Ma, awakens and acts.

This oracle guides you to allow divine intervention to support you during the battles taking place in your life or your mind. If you feel that darkness is gaining higher ground, and your ability to trust in the face of the unknown is being challenged, fear not. Durga Kalika arises when we have an unusually difficult challenge and the ways we usually support ourselves are insufficient to deal with these circumstances effectively. We need to be open to inspiration and willing to adapt so the light within is protected and the pathway ahead continues to unfold without unnecessary future difficulties, even if that takes us beyond our usual methods of operation. It is a portent of unexpected success, even when everything appears to be going against you. You can trust that the tide of the most virulent negativity shall turn, swiftly and decidedly.

INVOCATION RITUAL

Say this prayer aloud:

Durga, mother of light and solar radiance of spiritual protection, I open to your divine blessing of Kali Ma, born of necessity. You gift the power to be effective, to be resourceful,

to accomplish sacred work and attain spiritual fruition for the spiritual benefit of all beings. You will not allow anything to overcome my true nature and divine purpose! May your light and inventiveness bless my way, clearing negative interference, deflecting impure activities, and ensuring the protection and manifestation of the highest truth through your grace, for the spiritual benefit of all beings. Jai Ma!

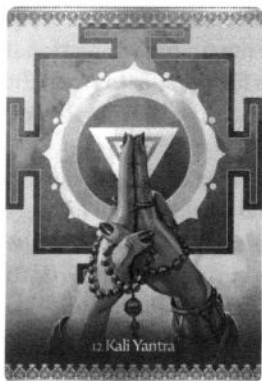
Place your left hand at your heart and your right hand at your solar plexus chakra (on your abdomen, above your navel). Feel a transfer of energy between the two. You now receive love and courage from your heart, which infuses the solar plexus chakra, so that your determination and will are invoked in service to the divine love of the heart. Sense this beautiful, supportive and mutually empowering connection between your will and your heart.

When you are ready, repeat these mantras to Durga and Kali Ma eight times:

Om Dum Durgaiyei Namaha. Om Krim Kaliyei Namaha.
(Sounds like, *OHM DOOM DOOR-GUY-YAY NAM-AH-HAH. OHM KREEM CAR-LEE-YAY NAM-AH-HAH.*)

Rest in the vibration you have created. When you are ready, place your hands in prayer at your heart and bow your head.

You have completed your sacred ritual of invocation.




12. Kali Yantra

She is your inner power to evoke a positive shift in your circumstances. If anything required for success be lacking, the Divine Mother shall provide it, bridging the divide between you and the manifestation of your intentions. You are crossing a critical spiritual threshold. She is the true guardian and guide. Stay focused on what matters to your heart, and you

shall remain faithfully connected to her protective presence within. Allow distractions to fall away and continue to commit to your soul journey. A more beautiful experience of your life path awaits you.

A yantra is a sacred geometric representation of the particular reality of a specific divine being. Here, it is a symbolic and actual entry point into the sacred realm, the inner world, the universe of Kali. In gazing at a yantra, allowing our minds to settle and focus upon it, the soul can turn the subtle inner key that opens the gateway to merging with the Divine. It is a visual trigger that opens the inner doors of higher perception and mystical reconnection to our divine nature. Contemplating a yantra is a method for mystical meditation, the meditation that brings the heart into unity with the higher consciousness of Kali within.


As we activate the yantra within our beings and connect with the divine energy it offers, the enlightened body of the deity constellates itself through us. The clearer we are within



ourselves and the more connected we become with the deity, the stronger the multilevel, multidimensional, multidirectional mandala of grace shines forth through us for the spiritual benefit of all beings. In a reading, this signifies that Kali is already working with you.

The Kali yantra, in particular, is a signifier of the downward flow of grace. It is oriented to the material world and all matters related. It is the cosmic trip switch for spiritual energy to be attracted toward Earth. It unveils the divine luminosity beneath appearances and when needed, heals and transforms material reality to align with higher divine will. The yantra of Kali is alchemical and reconstructive. The healing that can emerge through it is unrestricted because she is the spacious, vastness of primordial being. She is the birth of all phenomena, which permeates all phenomena, and can transform it all according to her divine will. In a reading, this indicates a transformation of a physical concern so it aligns with the spiritual will of the Universe.

The downward-facing triangular formations in the centre of the yantra symbolise the regenerative power of the Divine Feminine. You only have to look at how our Earth Mother recovers after fire, flood and famine to recognise the wisdom power of the Divine Feminine to renew and restore, even after tremendous destruction. The colour red is the blood-red of life force, Kali's preferred fuel for destruction and rebirth. Grey represents the liminal realms – neither the black of night nor the brightness of day, but the place between. Many cultures recognise this as the medial realm, a place where magic is most potent. Although Kali is associated with waning moon cycles and darkest night, she is also a medial goddess, a soul doula, a birth and death mother



safely guiding us through the transitions and thresholds of our inner and outer lives. In a reading, this indicates that there is power in feeling as though you no longer belong to the past nor are anchored fully in a new way. Kali will manifest her will in the spaces of unknowing, moulding and guiding you from within, so your path will be fulfilling to your heart.

The subtle channels of energy unlocked through intentional engagement with yantras are further empowered through the placement of hands in a particular posture called *mudra*. The Kali mudra is created by interlocking your fingers and placing the left thumb over the right, with the index fingers together and extended to an upward-pointing position. The energy channels of the body are more readily permeated with Kali's essence of fearlessness and strength through assuming this posture. The strong, direct nature of the mudra with the 'left' thumb on top generates clarity of action from feminine wisdom and receptivity, rather than masculine logic and will to direct. Let your instincts rather than your logic lead you forward at this time.

In connecting with the yantra, amplified by the mudra, we are powerfully invoking Kali. On a human level, that empowers us to use physical, emotional and psychological obstacles and pain to broker our transformation. As you become increasingly attuned to the feeling and sensation of Kali's presence, you will be able to sense her power coursing through your subtle body as you assume the mudra and view the yantra with conscious intention to connect with her.

If you have been feeling weak or vulnerable, remember that you are a powerful divine being. You do not need to act from fear. Instead, trust the inner guidance of the heart as to how and

when to act. Finally, this oracle is a notice of supreme protection. If you suspect that you have been the subject of negative energy work or projections from others, that you are being blocked or sabotaged (intentionally or otherwise), the oracle of Kali Yantra is the medicine of clearing and protection that shall nullify the effect. There is no need to dwell upon negative workings of power, nor be intimidated by worldly authority. Place your faith in the ultimate power of the Divine.

INVOCATION RITUAL

Begin by propping up the oracle card so you can see it easily, while your hands are free to create the mudra. When you are ready, say this prayer:


Ma Kali, bless, protect and heal me with your wisdom and enlightened activity for the spiritual benefit of all beings.

Repeat this, her mantra, eight times:

Om Krim Kalikayai Namaha.

(Sounds like, *OHM KREEM CAR-LEE-KAI-YAY NAM-AH-HUH.*)

Focus on the image of the yantra and the mudra, then close your eyes and allow for Kali's energy and blessings to fill you. Breathe out. Relax. Let it pour down and then expand outward through all aspects of your being. Let her presence infuse your being as though you are pure, clean water and she is deep, black, healing divine feminine tea seeping through your being, bringing blessing, healing, regeneration and protection. You may feel that



you are stepping into the yantra. If so, this is a multidimensional experience of her divine being, infusing every cell and radiating all around you. Finish with a soft chant:

Kali Ma Sohum.

You have completed your ritual of invocation.




13. Yugashakti

Her timing is fierce with compassionate wisdom. To love her is to honour her greater knowing. She demands the surrender of our futile attempts to control that which is beyond our sphere of understanding until that pain transforms into the sweet pleasure of release. Even the right thing cannot attain fruition at the wrong time.

Trust her and be shown again and again that her divinely orchestrated workings of time serve you faithfully with love and grace.

Kali's outstretched tongue and open mouth signify her fierce form as the devouring, divine warrior goddess. Time emerges from Kali and ends with her. To birth the new, she devours the old. Persistence for clinging to what has been, the attachment to our past pain and fear of an unknown future, are no match for her genius and unwavering will to clear it away to provide the best conditions for the next chapter to unfold.


There are cosmic cycles within which the personal cycles in our lives must align. There are karmic time frames that govern soul contracts and relationships, the timing of life circumstances and changes of fortune, and the opening up of pathways for us. Using our free will, we can enhance the flow of healing and do all we can to ready ourselves to step forward at the appropriate moment. Yet, it is the Divine Mother in her



infinite wisdom and regenerative power that knows and enacts the perfect transition at the best time. She orchestrates the shifting of individual and collective cycles to be in harmony with each other, so every being gains spiritual benefit through what unfolds. The oracle of Yugashakti confirms that you are going to experience considerable change. The timing of this unfoldment is significant. There are many factors at play. You will sense when the correct moment is upon you.

During this time globally, the light of spiritual knowledge is partially subsumed within the darkness of ignorance and confusion. Even those with the awareness to have positive intentions can become confused and place profit above integrity, attack brothers and sisters on the path, or lay claim to knowledge on false foundations. Even when our intentions are noble, in effect, our actions can create further suffering. Such conflict and confusion are signs that *asuric*, or 'negative forces', have gained the upper hand. Kali Ma's darkness and ferocity are required to redress the spiritual imbalance. We are in particular need of her most terrifying manifestations when we become confused as to what belongs to the highest sacred truth and what does not. Do not allow yourself to be convinced by another of anything. Lean into your heart connection to the Divine. Inner clarity and higher understanding will arise for you. You will see how close the chapter on the past and move into a new cycle.

Unique to the iconography of Kali, in the Hindu tradition from which she emerges, is her poked-out tongue. Kali's tongue represents her wild mystery teaching. The tongue is the organ of discernment, digestion and speech. It assists us in taking the right things in and expressing ourselves as we choose. Our 'mother tongue' means the language of our birth. Kali is the




cosmic mother tongue. She is the original spiritual language of our hearts and souls. Hers is the language of spirit and light, of the truth beneath the form, and the reassurance that although we must submit to the shifting of greater cycles, those cycles ultimately move for our greatest spiritual benefit.

When Kali unfurls her tongue with ferocious expression, she is embarking upon spiritual deliverance. It is the action that precedes her bringing about the end of a diabolical era of greed, fear, confusion, hatred, self-righteousness and negativity. The tongue of Kali is a reminder that no matter what we may see unfolding before us, there is always a pathway back to the heroic and beautiful. If you have been struggling to let go of a negative legacy—perhaps one that extends back through generations or has infiltrated a group you belong to—this oracle signifies that a radical divine intervention shall take place. Call upon her for such assistance now. Know that an era of darkness is going to end. Unexpectedly and suddenly, a new spiritual dawn shall arise. An entirely new era is due to unfold. Keep close to Ma. She shall ensure it is brought into being in the best way, at the best time.

INVOCATION RITUAL

Say the following prayer of invocation aloud:

Beloved Kali Ma, Yugashakti, creatrix and birth mother of every cycle of time, from the birth and death of world ages and universes, to the chapters that open and close in my life. Your wild grace opens my heart, and as your child in need, I implore you to bless me, keep me close, and ensure all transitions are secured within your wisdom and grace. For the spiritual benefit of all, Jai Ma Kali!



Imagine, feel, intend or visualise a fierce ocean of blood boiling and bubbling away deep in the centre of the Universe. It is wild and powerful and filled with life force. Old cords of connection, outmoded thoughts, ideas and plans, can be cast into this boiling red ocean. All offerings transform into smoky-black ash, rising up from this fiery ocean, transformed. The ash is sacred. It instinctively and lightly settles wherever it is needed, providing Kali's blessing of protection. You may see, sense or feel the ash settling upon the earth, upon the foreheads of beings, and the many places in all dimensions and directions in need. You do not direct the movements of her blessing – you simply witness it with reverence and trust.


Complete your process with your hands in prayer and bowing your head. You have completed your sacred process.



14. Bhadra Kali

Our wild divine mother knows when to become gentle with our hearts, bestowing sweetness that liberates us from fear. Though you may have faced much struggle and challenge on your path, though it may seem only the most powerful intensity could stem the tide of negativity, the dark mother of grace will conquer the obstacles to your freedom with gentleness. She manifests herself now as Bhadra the gentle. She will calm the waves of emotion, eradicate doubt and despair, and provide safe and graceful passage through all difficulties.


Bhadra Kali, or 'wish-fulfilling Kali', is an auspicious and gentle form of Kali Ma. She is Kalyani who gives peace and happiness. She is the giver of windfalls and blessings. She appears when a gentle way will best accomplish what is needed. Sometimes, we are drawn to Kali because we need her ferocity. Sometimes, what we learn as we connect with her is that we deserve tenderness, sweetness and gentleness, and that we have been far too hard on ourselves for far too long. Bhadra Kali reminds us that we are strong enough to be gentle with ourselves. If we have been subconsciously sabotaging ourselves, she softly and deftly breaks the pattern. We no longer need to engage in unnecessary drama under a mistaken notion that it is necessary for growth. Sometimes, the growth is in choosing to cultivate and apply



the kindness, strength and wisdom needed to disentangle and disengage from drama. It is about finding the inner strength to be true to ourselves in a moderate and peaceful state of being.

Raksha Kali, without the protruding tongue so often associated with fiercer forms of Kali, is an expression of Bhadra Kali or gentle Kali. Raksha Kali has two arms, blue skin and a gentler expression. She is celebrated on the eve of the Buddha full moon in May, which streams an abundant and blissful download of amplified grace to Earth. Her presence signifies a time when an unusually powerful cosmic wave of spiritual light is very soon to become available to you. Like a surfer sensing and paddling toward the perfect wave, you can attune yourself to this sublime current of divine energy, and allow it to lift, guide and move you. It is a prediction of an imminent, joyful and significant breakthrough. At this particular time, greater progress than usual is opening up for you.

Raksha Kali is worshipped for protection from epidemics and drought. These are literal and symbolic protections. An epidemic is a mass contagion. It can be a swiftly spreading disease of the body, but also of the mind. Fearful collective reactions, based on societal conditioning and manipulated through the media, can spread like wildfire. The collective psyche of humanity is consistently being influenced. There are abundant spiritual sources of goodwill and peace constantly broadcasting divine love to humanity. And, there are forces of negativity and mean-spirited disruption seeking to assert their agendas through the human collective, too. The Kali wisdom within our hearts recognises fear-fuelling energy for what it is (no matter if it is dressed up as something else) and knows when and how to say stop.



Kali's presence in our being commandeers negative forces. Instead of undermining us, we respond to those energies in such a way that our peaceful inner light increases. We become increasingly skilful in redirecting our attention, intention and action along productive, healing pathways. The presence of negative influence does not need to be denied nor decried. It does need to be acknowledged without one becoming overly interested or engaged with it. Kali promotes fearlessness and confidence because she knows how to use all energies—including negative energy—to promote light and awaken and blissful freedom within the soul. This oracle indicates that your heart has the wisdom to transform even the most negative experience into a source of healing and freedom. You will not be negatively influenced by others. Although powerful in effect, your healing path shall be gentle.

Another expression of the gentle side of our dark mother is Shyama Kali, the peaceful blue goddess. Her presence teaches us that it is not always effective to fight fire with fire or to try to overcome force with greater force. Her wisdom is that of a gentling nature, able to calm, disarm and diffuse. There is not always a need to try and grapple and conquer. Sometimes, the need is simply to let go. Nothing rightfully yours shall be denied to you. The simplicity of this can confuse those who have learned they need to pick up any gauntlet thrown by any person at any time. Just because another has created a reality for themselves and is attempting to draw you into it, it does not mean that you must participate. You have the divinely-granted gift to choose where to invest your energy. Be strong so that you can know gentleness.

INVOCATION RITUAL

Say the following prayer:


Out of the fire of divine wrath, your gentle form emerges, calming the raging waves of emotion and disturbed fluctuations of mind. In settling myself beneath your fiercely compassionate and tender gaze, I find steadiness, kindness and peace. In this eternal moment with you, I am no longer afraid. Bhadra Kali, Raksha Kali, Shyama Kali, my heart softens as I take delight in the realisation of your generosity and sweetness. With humble mind and willing heart, I bow before you, ready to receive with gratitude, love and wonder at your divine beauty and kindness. You are the unscripted creativity of the gentle yet unyielding divine workings for the greatest good of all. Jai Ma Kali!

If you wish, you can complete your sacred invocation ritual with a Kali dance. This may be done with or without music. Say the following mantra repeatedly, singing or whispering it as you allow your body to move with gentle and loving expressions:

Bhadra Kali, Jai Ma Kali!

Feel, intend or visualise that Kali is within your heart, shining love and blessing. Allow your arms and hands to express fluid, perhaps slow movements as you chant. Finish your prayer dance of Kali with your hands resting over your heart.

Take a moment to imagine, intend or visualise that the beautiful loving blessing you have begun to generate is shining as a golden light within you, reaching out for the spiritual benefit



of all beings, a glorious light in the darkness.

When you are ready, imagine sealing yourself in that light in her presence. You are blessed and protected. Now, place your hands in prayer and bow your head with thanks.

You have completed your sacred invocation ritual.




15. Mahavidya

She is unrestrained, unlimited, wild and unconditional love. The heart knows how to attract grace and manifest creative resolution where the mind sees only difficulties. A spiritual awakening of tremendous value is opening for you. As your inner being reorients itself around the increasing inner light, established structures built upon lesser foundations will have to give way. She demands the courageous embrace of experience. She is your call to initiation and growth, your invitation to embrace your path. Rise and greet your destiny.

Mahavidya is the great wisdom that manifests through ten wisdom goddesses. Mahavidya is primordial Kali in multiple expressions, providing whatever is needed to serve the spiritual benefit of all beings. This is true wisdom, always shifting in response to what is needed.

There are times when, no matter how logical an approach may be, no matter how commonly acknowledged as correct or how sensible it may seem, the heart nudges us toward a different way. Knowledge can come from experience, yet it cannot guarantee evolution on its own. We can outgrow problems and birth superior outcomes, only when we are willing to learn from our experiences and have the courage to be moved in new ways along untried paths that resonate with the heart. Through




engaging the heart, knowledge can become wisdom. Wisdom is known by its effect. It elicits healing, transformation, and provides a path through any difficulty.

You may feel bound to unwanted circumstances. The way to be freed from the oppression or constriction you are feeling is through wisdom. However, there is a sacrifice required to obtain it – the surrendering of fixed opinions and judgements based in self-cherishing viewpoints. ‘Self-cherishing’ is a term from the Buddhist tradition, which holds wisdom in very high regard. A self-cherishing viewpoint sounds as though it is self-loving, but it is not. It is the viewpoint that reinforces the ego. It generates fear, confusion and anxiety. It does not really love the self and want the best for the soul, it just wants the Universe to behave in predictable ways according to the whims and desires of the ego. It could be that the self-cherishing viewpoint reinforces the idea of being superior to others. Alternatively, it could be based on the idea that we are inferior and deserving of poor treatment.

In action, the self-cherishing viewpoint is akin to a child who only wants to drink sugary drinks – perhaps because they remind her of her birthday party when she feels like a princess. She wants always to feel so special! When given a plate of broccoli and carrots, and—gasp!—a glass of water, the self-cherishing viewpoint of that child is thwarted. The Universe is not behaving according to her view of things. The wisdom response to this is to disentangle the healthy desire (to experience our innate worth) from the circumstances. We can then realise that the unexpected veggies are a gift of love and wellbeing. There is no distress, only growth and learning.

The self-cherishing viewpoint prevents us from accessing such wisdom. Instead, it attempts to lock the Universe into




behaving according to our limited view and when it does not, we feel anxiety, distress and confusion. We interpret the plate of veggies to mean that we don't matter, that we have no value, that we never get what we want, and so forth. However, when we want lemonade and life hands us lemons, the wisdom within will prevent us from despairing and inspire us to become creative (and maybe find a lemon press, or even grow an orchard). If things don't appear to be working out, do not buy into the self-cherishing limitations that create distress and confusion in your heart. There is an interpretation of what is happening that will bring you peace. You are not being punished or denied. You are being assisted on your path. Although you may feel thwarted, that viewpoint shall be temporary. It will give way to the realisation that you are deeply loved, cherished, in an authentic soul-honouring way. You have nothing to fear.

INVOCATION RITUAL

Say the following prayer aloud:

Beloved wisdom mother of my heart, Mahavidya, Kali Ma. I mentally and emotionally let go now, no longer trying to impose my viewpoint upon events, no longer buying into interpretations of what is happening in my life, which created fear, confusion and distress. I rest still in the centre of my being where you reside. I become quiet, feeling and listening for your presence. I am now receptive to your infusions of wisdom. I surrender and am empowered to move forward on my path, secure in your guiding grace, for the spiritual benefit of all beings. Jai Ma Kali!



Stand with your right hand over your left, resting at your heart. Create a graceful circle, reaching up and then out with your right hand, finishing by resting your right hand back at your heart. Gently slide your left hand from where it rests at your heart, beneath your right hand, and reach down and out, creating a graceful circle around and up, coming back to rest your left hand at your heart, this time, over your right hand.

You have completed a cycle of infinite divine blessing for all beings. Sense the figure eight on its side (an infinity symbol, or lemniscate) resting before your heart now, sealing the blessing. Repeat this as many times as feels right for you, feeling that you are awakening wisdom from the heart and sharing it for all beings as you do so.

Finish with your hands in prayer. You have completed your healing process.




16. Mahakali

Her magnificence steadies the anxious mind and reassures the heart of the empowering grace that arises through trust in her. Attempting to fathom the wisdom behind the workings of the Divine Mother would be like trying to cram the entire ocean into a teacup. Such wisdom is vast, and our perspective is limited. Yet, we don't need to understand divine will to


benefit from it. Better to allow her creativity, resourcefulness, and unlimited vision to take effect in our lives, bringing us every grace necessary for our blessed fulfilment.

First of the ten wisdom goddesses, or Mahavidyas, is the ten-armed Mahakali. She is laden with her sacred weapons. Many arms and weapons symbolise the capacity of the Divine Mother to work beyond human limitations. The contrast is not intended to diminish the dignity of our humanity. Humans have a tremendous capacity for heroism, kindness, love, grace and generosity. Rather, it is an encouragement to engage with the Divine with perfect trust in our hearts. Multiple weapons represent multiple creative powers to conquer multiple issues. More than two arms indicate that divine workings are not limited by our human perspectives or capacities. This is reassuring. The Divine can accomplish works beyond what would be possible through human effort alone.



Mahakali means 'great Kali'. She is known as the guardian of the cosmic order, the one who selects the timing for all unfoldment. Nothing can be accomplished without the necessary preparation, and not before it is the right time for it. Such process and timing are determined according to higher wisdom capable of assessing and meeting the spiritual needs of all beings simultaneously. We cannot know what the order of events must be to accomplish the Divine Mother's purpose. In hindsight, we may attain glimpses of her unfolding genius, but to live in harmony with her requires us to trust in what is unfolding and to work with that – even when events seem to be going against us or we cannot see the way to succeed. How do we proceed with such trust? There is no magic to it. It is a choice we make again and again. When we sense the next step is before us, we proceed. When we need to wait, we wait. We do not try to force, but we tune in to our hearts and sense what is guided in each moment. We allow ourselves to feel intimately known and connected with the Divine as our ally. We recognise that a sequencing of certain events needs to happen. This enables lessons to be learned, so we are ready at every stage for what needs to come next. We are not being denied or blocked. We are being loved.

It is protective compassion that prevents us from seeing anything other than the next one or two steps ahead. To know more is not always helpful. Although, if specific knowledge would support us on our path, then we can be sure it will come to us. When will that happen? Mahakali reminds us it will be at the best time. It may be after we have acknowledged there is a problem we need to resolve, or when we have created some mental space, so an essential understanding is not lost in



psychological clutter. If you have ever felt like you have your best insights after a shower, or after you switch off during a yoga class or exercise session, then you have experienced how much easier it is to access inner guidance when you switch off and empty the mind.

Be here now, and attend to what you can attend to now, leaving all else until the right moment is upon you. Your heart shall instinctively know that moment without needing to be told. All that is happening now is growing you toward that moment. All that has happened before has grown you into capacity for this moment. This is as it is, in Mahakali's beautiful wisdom dance as she wields the weapons needed to provide the right conditions, the right endings, the right beginnings, within which the soul can flourish. Trust that what is happening now will give way to a new expression when the time is right. This will be when your readiness matches the requirements for success, and when those who can benefit from your increasing soul-awakening have awoken sufficiently, also. Attend to your work with determination and hope in your heart. Trust that the Divine is taking care of everything else.

INVOCATION RITUAL

Say the following prayer, aloud if possible:

Mahakali, Adi Shakti, queen of cosmic order, I bow to your wisdom. I humbly acknowledge that the closest I can come to understanding your workings is to show reverence for the mysteries of life. And so, I love and accept who I have been, who I am now, and trust in the continued unfolding of my being under your skilful care. I open to the blessing of the

needed thing, the needed task, the necessary knowledge, and your sublime, generous grace. I summon the courage within my heart and the trust in your love for me, and I proceed for the spiritual benefit of all beings. May all beings know your loving presence and embrace their divine destinies as prescribed by your wisdom-bearing heart. Jai Ma Kali!

Be seated or stand comfortably. You can now honour the ten-armed Mahakali with the following mudra dance.

Start with both hands in prayer above your head. Inhale, exhale. Move both hands apart above your head, as if receiving abundant blessings from the heavens. Inhale, exhale. Extend both arms out to either side of you, palms facing outward, fingertips facing up. Inhale, exhale. Extend both arms facing downward, as if blessings are dripping from your hands, palms facing forward, fingertips extended down. Inhale, exhale. Place both hands in prayer before your heart. Inhale, exhale.

Pause for a moment. Honour her presence within you and in all lives. Within your heart, choose to trust in divine timing.

You have completed your sacred ritual.




17. Blue Tara

Sweet Mother of Peace now bestows her gifts of clarity, peace and the power to overcome any negative condition. Just as the beautiful lotus grows from muddied waters, so too, shall you arise from confusion, difficult circumstances, and heavy energies, into sacred blossoming. If you feel held back or slowed down by your circumstances, remember that your soul has the ability

to process all experiences and become stronger, not weaker, through doing so. The oracle indicates healing and a positive prediction for a peaceful future.


Second of the Mahavidya wisdom goddesses is the goddess, Tara. Represented by her many colours, Tara manifests in unlimited forms to accomplish whatever task is required to support the spiritual liberation of all beings. Tara can be Saumya, gentle, kind and comforting like the moon. She can be Ugra Tara, fierce defender against extreme negativities, wrathful and fearsome. Her multiple forms remind us of the unending resourcefulness of the Divine Mother. It is taught that Tara will manifest in whatever form is required for the protection of spiritual aspirants. Tara is the Divine Mother's enlightened activity. Sometimes, we subconsciously switch off from divine assistance by limiting what we think is possible for spiritual energy to influence and manifest. The oracle asks you to challenge such spirit-limiting



beliefs to empower divine assistance in your life.

Tibetan Buddhist doctrine teaches that Tara loves us all as her one child. There is a significance to this that is freeing. In the realm of ego, we see ourselves and others as either allied or at war. The ego thinks, *you are either with me, or against me*, and battle ensues. For the peace-loving heart, there is no joy in such a way of being. It creates anxiety, distress and fear, which steals the power, love and hopefulness from the heart. When we acknowledge that Tara loves us all as her one child, rather than as her many children, it gives us permission to receive fully without guilt. It gives us leave to not lose faith if another appears to be unjustly gaining the upper hand — because we can remember in our hearts that we are all loved and treasured equally.

No matter what appears to be, there is no such thing as privilege at a spiritual level. We are all in this together and what happens within one being affects all. We can only grow, heal and awaken together in entirety. There will be some who have the capacity to move ahead of the curve. They will be supported in doing so. Yet, they are no more important than those struggling to find the path. This does not mean that those with more advanced capabilities should martyr themselves to the lower frequency of their spiritual brothers and sisters, or give up attempting to make individual progress. The more progress we make on our spiritual journey, the more benefit we ultimately bring to the collective because we are all connected. You cannot choose who will be able to acknowledge and support your spiritual path, nor how the benefits will reach others. Some will be able to receive a direct and immediate benefit. Others will not have that capacity. Yet, even if they (and you) cannot see how they can benefit as you make progress on your spiritual path, you



can assume it is happening, nonetheless.

Blue-skinned Tara represents the element of spaciousness. Creating space in our lives opens us up to grace. You can only receive what you create room for. Blue Tara reminds us to continually clear the way for grace. That can require letting go of mental-clinging and emotional distress and becoming open to positive outcomes (no matter how unlikely or inaccessible they may sometimes seem to be). We do not accomplish this by denying or ignoring thoughts and feelings, but by practising reassurance and dropping into trust. It is a spiritual art. Sometimes, it will be easier to practise than at other times. Yet, in shifting from distrust to trust again and again, we learn the pattern. We learn to drop from our head into our heart. We learn to empower Tara's grace in our lives for the spiritual benefit of all beings.

Unlike Kali's wild and free hair, Tara's is carefully coiled. This represents her gift of gently taming the wild spirit and providing us with careful, patient and loving steps to bring ourselves back to peace and empowerment. If you have been feeling out of control—of yourself or situations you have felt incapable of positively influencing—the oracle of Blue Tara brings comfort. Chaos will give way to the correct higher order of love. Let there be peace in your heart. As she looks to her right, gazing toward the future, the gift of this oracle is a prediction of a peaceful, protected and authentically expressive future drawing close to you, now. You have every right to feel hopeful, happy and secure in your future destiny unfolding.

INVOCATION RITUAL

Say the following prayer:

Tara, Samsaratarini, she who leads us beyond suffering, may your love, wisdom and grace manifest fully and completely through my heart for the spiritual benefit of all beings. I offer up all my concerns to you now, with complete confidence in your swiftness, practicality, resourcefulness and creative healing genius. With an open and trusting heart, I invite you to manifest as you wish within me and in my life. Jai Ma Tare! Jai Ma!

Place your hands in prayer before your heart. You are now going to form the lotus mudra in front of your heart. You do this by keeping the base of your palms, your thumbs and little fingers touching, while you fan out the rest of your fingers, creating a bowl or lotus shape. Imagine the lotus or bowl being filled with divine nectar pouring in from Tara's heart.

Repeat the following short mantra:

Om Tare Soham.

(Sounds like, *OHM TAR-RAY SO-HUM.*)

Feel Tara's presence expanding and growing within your heart as you do so, shining in all directions and through all dimensions for the spiritual benefit of all beings. When you are ready, place your hands in prayer and bow your head.

You have completed your healing.




18. Lalita Tripura Sundari

With luminous grace, she plays her ways into our hearts, softening hardness and despair, awakening the remembrance of light, of love, of joy. No matter what you have experienced, your heart shall be cleansed and released from ugliness, sorrow and pain. Negative karmic legacies will be cleared away. Our divine sister goddess

invites you to recognise her golden restorative beauty shining within your heart. Cultivate that which is worthy of such beauty, for this is your essential nature. Gracefully release all else with dignity.

The third of the Mahavidya wisdom goddesses, Lalita Tripura Sundari is the Divine Mother manifesting as light, playfulness and beauty. In the Shakti Tantras, or 'scriptures of the Divine Feminine', there are two schools. One school celebrates Kali as the primordial origin of the Universe, and the other worships Lalita as such. Yet, they are but two faces of the one Divine Mother. Lalita doesn't compete with Kali, she is her boon-giving brightness.

Lalita's presence in a reading is a reminder to play. Her *sadhana*, or 'practice', asks us to cleanse and heal our minds, so we do not become consumed or overwhelmed by the suffering or ugliness happening in our world. Without denying the dark side




of human nature, we can look through the inner eye to see what is happening at a spiritual level. If we look for the inner spiritual truth, we will find divine beauty. That is the courage, kindness, selflessness, generosity, love and strength that humans develop and express in response to their problems. Lalita is the power to recondition the mind away from agony and into delight. This doesn't require changing the world, but rather, seeing it differently.

Instead of seeing humanity as victimised, weak, ego-driven and wounded, we can affirm humanity as a collective of spiritually brave souls willing to incarnate and grow during a challenging time of spiritual obscuration on Earth. There is divine beauty in such boldness of spirit! Internally, we shift from despair to awe, changing our chemistry along with our consciousness. As that takes place, we begin to vibrate energetically at a higher frequency. Challenges are recognised as means through which blessings can be activated. The mindset of the warrior fighting against darkness can shift into the mindset of the priestess, facilitating the increasing presence of spiritual light upon Earth. Same world, same circumstances, but different approach, interpretation and response — which in turn, leads to a different experience and future for us all.

Sometimes, we need the darkness, the feistiness of Kali and the warrior spirit. Yet at other times, the lightness of heart, the delighted mind, and the buoyant spirit are what will open the way for us. For life to happen, we need both night and day, winter and summer and everything in-between. Lalita is the reminder to give due honour to the brightness and light, especially if we have been dealing with a lot of darkness.

In a reading, Lalita Tripura Sundari is a sign of good things



intended for you. The ending of a truly difficult time is near, as a spiritual shift from the dark night of the soul into something of a golden era in your life. It is a promise of release into beauty and grace. Do your work to orient yourself, to shift your inner being to be ready for her. What would it be like to dispense with worry and dwell within a continual infusion of golden grace? This is the way of Lalita. Be open to experiences of rest, pleasure and beauty, which can elevate your frequency and help you discover new solutions to old issues. Lalita helps the mind break free from poverty consciousness and belief in lack. Inner healing and transformation manifest through her playful energies. We become able to find delight and joy once more.


Tripura translates as 'three cities' and refers to the triple goddess – as a virgin (Bala), as a fertile woman (Sundari) and as a crone (Bhairavi). In a reading, this oracle indicates a change so radical and profound that it is irreversible. A previous chapter of your life is truly closing and will not be reopened. This will be reason for celebration, for the intervention of Lalita in our lives brings only delight, joy, happiness and fulfilment. Whatever you need to release right now shall create the space for what is divinely destined for you to manifest through her grace. You have every reason to feel hopeful! If you have been struggling with poverty consciousness or have lost a sense of joy and gratitude for your life path, Lalita is a portent of heart-healing and restoration of grace, light and dignity in your heart. You shall awaken to your true inner beauty. You shall enjoy a change of pace and a release from intensity. Open your heart and orient your mind toward a golden era.

INVOCATION RITUAL

Say the following prayer of invocation with one hand resting at your heart:

Lalita Tripura Sundari, golden goddess at play, joyful Jagatambe, loving mother of the world and benevolent queen of the Universe, you are all-giving, so generous and kind. I open my heart to you in wonder at your unwavering desire that I should simply be happy and free! Your generosity melts all resistance. In your presence, I am as humble as a sage and as happy as a delighted child. You are my Divine Mother. You love me so much. On every level, I welcome your golden presence into my being, into my life and the world. For the spiritual liberation of all beings, Jai Ma Lalita Devi!

See, sense, intend or feel that you are moving deep into the spacious inner temple of your heart. There, a swirling golden light is reaching toward you. That light swirls elegantly, playfully, delightedly in multiple directions. You sense it is powerful, intelligent, kind and healing. This swirling golden light expands, so it fills your entire energy field and then encapsulates the space around you. It captures all energetic streams of darkness, whisking them away from you, transforming them instantly into delight, happiness and freedom. You are peaceful, protected and blessed. You shine as a beautiful priest or priestess of her golden light. Your luminous heart radiates her golden swirling intelligence in all directions and through all dimensions for the spiritual benefit of all beings. Allow yourself to connect with the joy and delight of this.



Finish with your hands in prayer, and bow your head to the joy and light of the Divine Feminine in your deepest heart.

You have completed your invocation ritual.




19. Bhuvaneshvari

Our cosmic mother is the light bringer, the sun and moon, the light of renewal and healing. She is the divine voice, the sound of creation, the sublime note that births a golden era. Hers is the capacity to create a clean slate and a fresh start. She is hope, and she is arising. She protects and preserves that which is worthy of the heart. She shines in a perpetual state of divine beauty

and radiance, reigniting our creative fires and attracting to us the most supportive and honouring circumstances. Her presence signifies utmost grace.

Beautiful Bhuvaneshvari, fourth of the Mahavidya wisdom goddesses, is coloured like the rising sun with the crescent moon at her brow. She is the goddess of abundance and the kind priestess that provides the pathway to healing and fulfilment. She is the quality of preservation and sustaining nourishment. When we have fought hard to accomplish something worthwhile and honouring of the soul, she provides the means to protect it so it may endure. This may relate to a state of being, a project with heart, or a relationship karmically destined to unite and empower certain souls for the spiritual benefit of the collective.


Her presence particularly relates to the divine beautification of the physical world, the bringing of Heaven to Earth. The name, Bhuvaneshvari, means 'sovereign queen of the world', from



bhuvana which means 'the Earth', our world, and *isvari* which means 'female ruler'. If there is a situation in your physical life that has ugliness and discord at its heart, the appearance of Bhuvaneshvari signifies that it shall be healed and realigned through her grace. Believe in the beautiful possibilities of what you are yet to experience rather than placing your faith in what you have experienced thus far. Her presence in a reading signifies harmony and beauty awakening in your world in a very tangible way. As the creatrix of the forms of all the worlds, including the world of our bodies, she holds special power to work on the physical level to bring healing to our bodies and material life circumstances.

As the energy of fulfilment, wellness and vitality, Bhuvaneshvari is the divine feminine medicine for those who run their energy levels to depletion, hovering somewhere between exhaustion and barely scraping by to meet all demands. She can help us replenish, and to learn what it feels like to operate from a place of fullness, so what we give does not deplete, but encourages us to open more, to receive more, so it overflows. When such a giving takes place, we are strengthened and uplifted. In a reading, she indicates a shift from poverty consciousness and lack, to prosperity consciousness and abundance.

Bhuvaneshvari is the primordial, creative divine power of sound. She is the goddess, Vak, who emanates as Saraswati, the goddess of sound, music, creativity, knowledge and healing. The oracle indicates the significance of voice, creative power, inner spiritual authority and sound healing. All created phenomena have a sound frequency. It may not be physically audible, but the vibration can be felt at a soul level. If it vibrates higher than we do, it will uplift us. If it vibrates lower, we may feel pulled down



or depleted by it (unless we can remain peacefully anchored in our true frequency, in which case we tend to influence lower energies and uplift them with our presence).

Everything has a frequency – from the people and places we connect with, to the energies that permeate and influence the space where we live, and the objects with which we surround ourselves. All things have a story to tell. The more sensitive we become, the more we will feel and potentially be moved—positively or not—by that story. To surround oneself with that which speaks the story that heals us, that supports and inspires us, can be constructive for our wellbeing and spiritual progress. In a reading, Bhuvaneshvari brings your attention to the influences in your life, asking you to note how you feel around certain people or places, and to consider how to protect and uplift your energy.

Bhuvaneshvari's gift of preservation is the counterbalancing power to Kali Ma's destructive energies. With Kali breaking through the false foundations, Bhuvaneshvari can help to rebuild and preserve what is true to the soul. When Bhuvaneshvari arises in a reading, she is asking you to take note of what needs to be preserved, protected and secured, even during the wilds of Kali Ma's transformational activities in your life. Sometimes, a period of withdrawal to allow for protection and inner strengthening is helpful. Occasionally, we simply need to place what is precious away from the grasping and greed of unworthy hands. You can genuinely love and wish for the spiritual fulfilment of all hearts whilst still recognising the limitations of yourself and others and responding appropriately. Bhuvaneshvari helps us to see clearly by increasing the light in our lives. Her presence is also an indication that at some level, you need a completely fresh start,

and she will facilitate this inner reset if you are willing to allow it. This will bring you freedom and energy to reach new heights.

INVOCATION RITUAL

Say the following prayer aloud:

Beloved goddess of universal light, Bhuvanesvari, our beloved rising sun, priestess of the crescent moon. Bejewelled and abundant with golden grace, soft with compassion, generous source of all prosperity and hope, you nurture our souls. You are the gift of sustaining grace. You are the wisdom of sustaining protection. I open my heart to you, welcoming you without hesitation into every aspect of my life, in every dimension of my being. May my soul be an altar to your love, wisdom and grace for the spiritual benefit of all beings. May I live in complete integrity and harmony with your will. As above, so below. Jai Ma Devi! Jai Ma Bhuvanesvari!

Open your arms above your head. Visualise, intend or imagine that a radiant golden goddess is shining abundant grace into your arms. As you slowly draw your arms down alongside your body, you are gently guiding a column of her golden light around your form. When your hands are pointing down toward the earth, the column of grace and light moves into it, bringing blessings into the earth's subtle body, where they can be distributed as needed for the spiritual benefit of all beings.

Repeat this movement to generate the column of grace eight times. When you are ready, finish with your hands in prayer at your heart.

You have completed your invocation ritual.

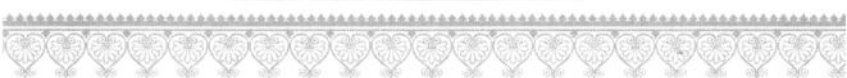


20. Chinnamasta

Sacred severance is her radical grace. She is our soul's power to shed and survive, to outgrow and evolve. When the soul needs to separate itself from that on which it once relied—be it a view of ourselves or the world, or a group or belief system that cannot support the truths of the heart—she is the capacity, sovereignty and courage required for self-liberation. Systems

of oppression within your mind and your world will be overcome. You have the power to sever your attachment to the past and focus on inner regeneration and reorientation, healing into a path that is worthy of your heart.

The fifth of the Mahavidya wisdom goddesses is a most shocking form of Kali, Chinnamasta. She is the divine feminine avatar, self-decapitated and partaking of the blood that emerges from her throat. The name, Chinnamasta, translates as 'beheaded'. She signifies a powerful activation of the spiritual path through the confrontation of oppressive behaviours, self-limiting attitudes and intellectual dominance of intuition. The head is the symbol of the known, of thinking, of forms of authority. It is the head that wears the crown, the sign of status and power. Unrestrained by authority, she is able to overpower it. For our human selves, the head is the locus of control, so during a Chinnamasta initiation, you will not understand what is happening, and you won't know



how everything is going to turn out. This is as it is meant to be and not something you need to worry about or fight against.

Chinnamasta is potent medicine for liberation. Her graphic iconography differentiates her from other forms of Kali that wear her favourite accoutrements of severed heads and skull garlands. Chinnamasta's severance is of her own head. This represents self-liberation. We do not need to wait for another to intervene. She shows the way to save ourselves, to move from inner courage and inner wisdom. Her presence can indicate a time when you must trust yourself completely, without external support systems to rely on. The beliefs and constructs that once supported you will no longer be able to do so. Success cannot come from the tried and true paths of the past. You are evolving beyond that. It is time to rest in the void and allow for a new way to emerge.

Despite the inherent violence in the image, Chinnamasta is not dead. Blood is flowing. She is very much alive. No matter how severe the challenges you are encountering, no matter what you let go of which you once identified with or cherished, your life shall continue. You—the real you, which is not who you thought you were—is breaking free into more life, not less. Sometimes, the old systems have to fall for the new order to be established. Things will never be the same because your real self is powerful enough to shed the false layers and radiate its inner beauty and wisdom more freely.

Her partaking of blood symbolises the capacity to be nourished and fed by change rather than devastated or destroyed by them. It is reassurance, that at a deeper level, you are gaining something from the chaos and deconstruction in your being and your life. As you continue to move through the process of


change, you will gain energy for something new. Chinnamasta is self-nourishing through the spiritually conscious application of destructive energy.

Chinnamasta shows us that transformation is not about trying to change others – it is about tackling our views, our fixed identities, and our attachments to power and status. Even if a situation is causing us pain, and it appears to be under the control of another person, Chinnamasta initiates us into using our spiritual power to free ourselves. Her teaching is that we have the means to become free within us. We do not need to control outer circumstances or other people. Within us is the energy we need to continue on our path. We can draw what we need from within. Chinnamasta leads us into deeper terrain where we can release tendencies to self-sabotage through ignoring our intuition, truth and needs. We have the power to get out of our own way!

INVOCATION RITUAL

Say the following prayer aloud:

Chinnamasta, self-decapitating one, fearless freedom and honouring of the truth is your way. You gift me with protection through the necessary endings I initiate based on the truth of my heart. You guide me to draw from the power within to fuel the necessary healing. Under your protection, I shall come back to life in a new way. With your unflinching honesty and unwavering courage, I am filled with inspiration and readiness. My blood is rich, flowing and desirous of new life. I embrace the path before me, letting go of what I have known myself to be. I place myself within the beauty of your wild



and unconditional wisdom. I trust in the new destinies now ready to unfold for the spiritual benefit of all beings. Jai Ma Chinnamasta! Jai Ma Kali!

Gently place your hands on your head for a moment. Then say:

Through the wisdom and grace of Kali Chinnamasta, I release all attachments and conditioning that no longer serves.

Flick your hands away from your head as if flicking off the shreds of bondage that no longer serve your awakening. Repeat that movement as many times you like. Allow it to feel good, relaxing and releasing for your head. Repeat this action again, but at your throat, and then finally at your heart.

When you are ready, end with your hands in prayer. You have completed your ritual.

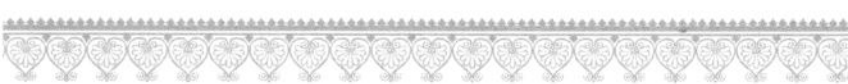


21. Bhairavi Yogini

Sublime Bhairavi, fierce with sacred rage, cannot be deceived, nor deterred. She is unflinching, fearless and determined. She causes that which is unworthy of the soul to flee and secures divine protection for the authentic soul path. Her presence empowers our hearts to face our fears and signifies that we are ready to overcome anything that has held us back. She

gives the power to fulfil our heart's desires and reminds us to embrace our unique path with confidence.

The sixth of the Mahavidya wisdom goddesses is Bhairavi. She is the wrathful emanation of Kali Ma and the conqueror of fear. Her name means both 'formidable' and 'terrifying'. Why would we be afraid of our beloved Divine Mother? We can recognise that she is fearsome in the sense of divine magnificence and inspiring awe. Like a force of nature powerful enough to rattle our inflated sense of entitlement and invincibility, she becomes something we can revere because we recognise—with relief—a power so much greater than the small-minded workings of ego. We can dedicate ourselves to alleviating the suffering we see in the world, if that is what motivates our hearts. Yet, we can also take refuge from becoming disheartened by the extent of our task because we recognise divine greatness and capacity. The entitled mind of a young soul may misinterpret such magnificence as an




excuse for apathy. This is why she must be fearsome to such minds. The fear of God is necessary to trigger inner growth until the love of God is enough to motivate our hearts.

Bhairavi is divine wrath. She demands that we meet our potential. There is no playing small when she arises in a reading. Her appearance manifests to give us a necessary reminder to step up our spiritual game. Your commitment to the spiritual practices that suit you at this time is strongly encouraged. There are divine forces that will more than match your efforts, and a great deal of progress can be made in a relatively short time frame. If you apply yourself to a task, your progress will unfold more rapidly than you expect. You can accomplish even intimidating prospects if you harness your courage and commit to the process.

To encourage such dedication, she dangles a divine carrot. If we step up, her power can become our power of protection, and she will share her other divine powers with us, too. She is also known as Siddhi Bhairavi, 'the granter of spiritual abilities, powers and attainments'. She brings out the best in us and conquers the threats to our fulfilment. Her appearance in a reading augurs potential for tremendous accomplishment.

Although she may seem downright frightening in what she asks of us—as we often find liberation from our fears by moving right through them—she is beneficent. She is the 'light of sacred fire and higher awareness', or *tejas*, in Sanskrit. That is the light which provides clarity, the capacity for discernment. Without access to that light, the ego misinterprets guidance to suit its own ends and creates confusion. Her light helps us see and overcome the self-sabotage of ego and instead, tune in to genuine wisdom. Even if it is not what we want to hear, genuine



wisdom brings peace, relief and clarity. It creates forward movement on our authentic path. By its effect, it can be known. The warmth of the fire also presents the capacity to be 'cooked', transformed, ripened and brought to complete fruition. The soul is the substance undergoing exposure to the Divine Mother's alchemical heat. Hers is the promise that we shall not only dream, but do, and so we shall become what we were born to be.

When Bhairavi arises, we are asked to embrace our true passions and allow them to burn and purify us from within. The tantras teach that Bhairavi incites every form of passion and teaches the power to control them. This is why she is a *yogini* – a female adept that knows how to unleash and yet guide the wild energies of our being for sacred passionate purpose.

Bhairavi is considered to be the latent energies that exist within the *muladhara*, or 'base chakra'. This is the foundation upon which the body, earthly life and soul-purpose arise in the world. She takes the divine energy from an idea and gives it the capacity to become embodied, to take form. Bhairavi pulls the rug out from beneath us when we are ready for a more powerful connection with truth. She helps us to ground ourselves within our authentic spiritual nature, rather than on the shaky ground of ever-fluctuating external circumstances. It is from this spiritually stable place that we can move from strength to strength, secure in her love and protection, as we manifest our passionate purpose. Recognise your inner divine badass and commit to your dreams with conviction.


INVOCATION RITUAL

Say the following prayer:

Yogini Queen Bhairavi, uniting spirit and form, bringing sacred inner desires to material fruition for the spiritual benefit of all beings, I bow with respect. You who are Bhairavi, wrathful mother conquering fear and confusion, manifesting the power of Kali, blocking the workings of black magic and the ill effects of planetary forces, offering protection from curses and cure against delusion. You bring boons, blessings, abundance and empowerment for the fulfilment of desires and the increase of comfort. Remedy against disease and despair, you are restoration. All this you accomplish to manifest spiritual enlightenment for all beings. I let go of my fear and open my arms to your love. For the spiritual benefit of all beings, Jai Ma Kali Bhairavi! Jai ma Kali!

Be seated comfortably. Gaze at the image of the card, especially the blood-red symbol for the base chakra on the front of the skull. Rest your hands one on top of the other, palms facing upward. Your right hand can rest in your left hand. This is the mudra, or hand posture, of Bhairavi – the posture to rest, to overcome fear and ego, and to receive great benefit. Rest here for as long as you wish.

Repeat the following mantra as many times as feels best – singing, chanting or whispering. Imagine, feel or pretend the sound is generating sacred divine presence in your heart as well as a shining ruby-red light to nourish, awaken and protect all beings. You can sense the sound and light radiating in all directions and through all dimensions. Let your heart and voice



be soft as you do this, so as not to unduly frighten or disturb any being not wishing to receive such a blessing. Let it be a surrendered offering from the sweetest, kindest centre of your heart.

Jai Ma Kali!

(Sounds like, *JAY MAH CAR-LEE!*)

When you are ready, bring your hands into prayer position at your heart.

You have completed your sacred ritual of invocation.




22. Dhumavati

Beloved Mother who dwells in the smoke, who presides over the most difficult transitions. She who knows that certain endings are unavoidable. They are necessary predecessors to radical reinvention. Her presence brings the message that though disappointment, defeat or loss—and the negative repercussions of such experiences—may cause suffering for a

time, they will not limit your future happiness. They are a means for opening as yet unrecognised pathways for fulfilment. Your trust must be unconditional at this time, and later you shall see that everything has worked out for the absolute best.

The seventh of the Mahavidya wisdom goddesses is Dhumavati. She is the crone goddess and, uniquely in the Hindu context from which she arises, also a widow. Her name means, 'she who is made of smoke', and as the expression goes, 'where there's smoke there's fire'. Dhumavati is associated with the profound suffering. Just as smoke is the polluting and concealing manifestation of fire, it can be hard to believe there is any divine blessing, hidden or otherwise, when we are in the agonies of intense suffering.

In honouring Dhumavati, we acknowledge that suffering is part of life and can develop compassion. Our capacity for kindness is often in direct proportion to the suffering we have



experienced and processed as it can grow empathy and wisdom in the soul. Some continue to create pain for themselves and others, and others alleviate suffering in the world through what they have learned. The difference comes through the willingness to face and process pain. Dhumavati can help us find the courage to be real about our suffering, neither becoming lost in it nor avoiding it, but rather, to go through it and process it.

Dhumavati is often associated with the most painful aspects of human existence — aging, disease, thirst, poverty, hunger, death and ugliness on all levels. This may cause some to fear her and try to push her away. Yet, when we are suffering greatly, we can know that she is with us. With her black, smoky skin, she becomes the blackened Madonna, the Beloved Mother, who does not watch our suffering from some remote place in blissful detachment but is suffering along with us. Our cries resonate in her heart. In our emotional anguish, she is our sacred companion, and her presence can help us bear witness with honesty and courage.

Healing begins with an acknowledgement of suffering. You cannot resolve an issue if you deny it exists. Bearing honest witness is the only way for change to begin. When Dhumavati arises in a reading, there is an opportunity to end a profound and difficult struggle — perhaps one that is obscured and difficult to articulate and acknowledge. Such truth-speaking to yourself happens when you can admit, “This is not good for me,” or “I’m not yet sure what or how, but something needs to stop.”

Dhumavati is sometimes depicted with two crows attempting to pull a cart they cannot move. At other times, her cart is without means of movement at all. She brings the message that the path you are on cannot take you any further.

This doesn't mean that life is over, but rather, that life as you have known it has come to an end. This is the inception of a new cycle. To be ready for it, as we know from Kali's mysteries, we must grieve and release what has been.

In the social context from which Dhumavati emerges, widows are at the edges of acceptable social status. In this way, Dhumavati is a goddess for those who have been shunned, criticised or denounced, those forced out of social status or position through circumstances that are not necessarily of their own choosing. When external events seem to be forcing you in a certain direction, feelings of vulnerability can arise, but then, so can a sense of being deeply guided by the Universe. Dhumavati's presence signifies a time when something you once counted on has failed you in some way. Through that process, opportunities open that would not have been otherwise available to you.

Dhumavati is the harbinger of endings and loss, but also of radical trust and secret blessings that are revealed later, and most often, unexpectedly. Something avoided at all costs happens anyway, and we end up being grateful for it because it frees us. New horizons open up. Everything changes. It wasn't easy. It took courage. It hurt a lot. We had to grow, but she was there with us, letting us know, "This feels terrible, but something good is going to come from it. The pain will end. You are going to be more than just okay — you are going to thrive."

INVOCATION RITUAL

Say the following prayer:

Ma Dhumavati, I honour your powerful presence and secret blessings that lead to spiritual liberation. I gratefully receive

your powers of protection, warding off negativity and defending me from enemies known and unknown, within and without. You acknowledge my suffering and the suffering of all beings so that healing and awakening can truly occur. You show us when and how to lean into the mysterious workings of the Universe. You gift me freedom and entry into new worlds. The prayers of our dark mother's gracious mind rise upon your smoky essence. May blessings and healing manifest for the spiritual benefit of all beings. Jai Ma! Jai Ma! Jai Ma!

Take a moment to acknowledge where you are struggling right now. It may be pain in your life, pain you sense in others or the world. That acknowledgement can become the ending of a pathway that cannot lead you anywhere worth going. You don't have to know how to start a new path – the Divine Mother knows.

As you honestly and courageously bear witness, you can speak your declaration:

Divine Mother, healing change and compassionate awakening is needed here ...

Complete your practice with her mantra sequence:

Om, Dhoom, Dhoom, Dhumavathi Swaha! Jai Ma Kali! Jai Jai Ma!

(Sounds like, OHM DOOM DOOM DOOM-AH-VAH-TI SWAH-HAH JAY-MAH-KAR-LEE JAY-JAY-MAH)

Bow with your hands in prayer.

You have completed your sacred ritual.




23. Baglamukti

Burning golden light of divine protection, she arrests the flow of negativity, particularly that of our own making. She is divine intervention and sacred activity. She transforms our karma from that which hinders our joy to that which creates true happiness and bliss for ourselves and all beings. As you seek refuge in her, you are protected from gossip, slander and

any form of negativity from others. A positive turning of the tide of fortune is predicted.

The eighth of the Mahavidya wisdom goddesses is Baglamukti. She is a beautiful avatar of Kali, known for her golden light. She is also called Pitambara Devi, or 'the goddess dressed in yellow'. Her blessing is the bestowal of *siddhis*, or 'yogic powers', in particular, her power of *stambhara*, or 'the power to paralyse, or immobilise'. She is known for pulling the tongues out of demons, which seems gruesomely at odds with her beautiful appearance, but along with *stambhara*, has a deep spiritual significance.


The tongue is the symbol of speech. Speech is sound expressed with intention. Sound is a creative power. Intention gives it direction. To pull out the tongue of a demon is to end its capacity to create trouble. It is *stambhara*, in the sense of aborting or stemming the flow of negativity. Baglamukti halts negativity in its tracks, preventing it from doing any harm,



nullifying its power to cause havoc. It is an act of protection. If you or another have said words you regret, or you've heard some nasty gossip, or jealousy or hatefulness stemmed from someone's lips akin to a curse, trust that your spiritual refuge in Baglamukti will nullify its effect.

Ripping out the tongue acknowledges the power of negativity and the need to have zero tolerance for it. There is no pretending the negativity doesn't exist. It means recognising its sources within or around us and cutting them off at the root, thereby removing their capacity to influence us. Some may argue that this is 'spiritual bypassing', a term used for spiritual approaches that avoid life's challenges rather than to face them and mature. That term may be misapplied to mean that we need to engage with toxic energies for our spiritual growth. This is a little like saying you need to keep beating your head against a brick wall to learn how to deal with the pain. There comes the point when you will realise you no longer need to continue. Understanding the nature of the behaviour and of the pain it causes is enough. This is not weakness, but wisdom.

Baglamukti's presence in a reading indicates that you are learning how to self-protect, to have enough self-worth to realise you don't need to accept negative, undermining and toxic energies in your life. Your happiness and spiritual growth will increase as you clear them out. To do this, you may need to cut something off entirely. Sometimes, that is the only effective way. It takes spiritual strength to give yourself unconditional support so you can thrive, especially, for example, if childhood conditioning was laden with a duty to sacrifice your wellbeing to another's emotional suffering. Arresting negativity is not only about dealing with projections from others. It is often more



challenging and intricate work to conquer the ways we are cruel to ourselves.

Baglamukti helps us accurately identify, and therefore, deal effectively with external and internal sources of sabotage or negativity. Harshness toward ourselves or others is very different from a healthy and humorous recognition of our weaknesses which helps us become less reactive and creates more happiness. Baglamukti is about tackling unhelpful toxic shame – that which leaves us feeling unworthy, that something is innately wrong with us, that we do not deserve love or respect. It does not keep us humble; it keeps us spiritually incapacitated. We need a healthy sense of self-worth to be committed to growth and learning. We need to believe we are worthy of our unique destiny.

When Baglamukti arises in a reading, a blessing of some sort needs to manifest. It may be a type of relationship you have never experienced before, or a new level of professional recognition or respect, or a realisation of your innate beauty and value. This gift is essential to your continued spiritual progress which benefits you and all beings. To be able to receive it, some form of toxic negativity needs to be conquered, and so it shall be. Do not be afraid to affirm your right to thrive.

INVOCATION RITUAL

Imagine, visualise, feel or intend that you are holding a golden mala. It is made of bright-yellow prayer beads stained with turmeric, a sacred healing herb with strengthening, protective healing properties sacred to the Goddess. The beads rest in your right hand as your left hand touches your heart. These beads are created with love and psychic energy from your heart to become

a spiritual offering to the Divine Mother. Imagine each bead is now a golden, shining sun. They shine radiant light all around you, creating sacred space and shining positive healing energy through all dimensions and in all directions, for the spiritual benefit of all beings.

Say the following prayer aloud:

Golden mother of shining light, Bagala, Baglamukti, Pitambara Devi, she who wears golden-yellow robes and completely halts the progress of negativity, I bow to you. With gratitude, from my heart, I offer you these golden mala beads of turmeric. In you, I find confidence, and trust, and accept that I am worthy of my divine destiny. I choose to dwell in the beauty of your blessings. May your siddhis manifest in divine grace and fullness for the spiritual benefit of all beings. Om Hreem Baglamukti Swaha! Jai Ma!

(Sounds like, OHM-HREEM BUG-LAH-MOOK-TEE SWAH-HAH JAY MAH)

Place your right hand over your heart and visualise or intend that the prayer beads are soaking into your heart chakra. Any excess golden light is pouring into the earth, where it is sent to do the most good. Finish with your hands in prayer.

You have completed your ritual.




24. Matangi

She is the tantric queen of outcasts, unveiling hidden inner power to thrive outside conventional society. She holds the secret teachings of the power of the voice, of the healing power of art and music. She is the divine feminine medicine for the lost, the alienated, those who have been cast aside. If you have been denied love and respect, she brings healing and empowerment.

If you have suffered rejection, abandonment, or been labelled as unworthy in any way, she brings dignity and repair. She is the ignition of a creative, joyful and vibrant life path.

The ninth of the wisdom goddesses, Mahavidya Matangi, is a wild goddess, sparkling green in colour with a green parrot as her symbol. She dwells outside the confines of polite society. She eats stale food, a symbol of her power in the realm that has been discarded or rejected, and her ability to source power from that which others cannot recognise as having value. Matangi sees worth where others are not capable of noticing it, let alone honouring it. She is for those souls going through the experience of being disrespected, discarded, not really seen, and not loved and valued for their true being. She is also for those who think, and seek to live, outside social, political, economic or religious systems and can thrive best by doing so.


Her association with pollution and unclean food represents



her power to overcome impurity and toxic energies. These include poisons on all levels from the many physical toxins in our modern world to actions that appear holy on the surface but are rotten at the core, to the emotional and psychological poisons that steal away our peace and freedom. For those who recognise the spiritually dysfunctional lifestyles that typify mainstream mentality, who may feel uncertain or vulnerable as to how to cultivate wellbeing and protect the planet for future generations, she provides strength, courage and ingenuity.

Matangi opens the sacred pathway that bypasses fear and 'moving with the crowd', releasing constrictions to the soul and allowing for authenticity and a deep inner aliveness to emerge. You'll know when this is happening because you will feel increasingly like yourself, responsible and free to create your path in life, while recognising how trapped and deadened so many are around you. You will feel grateful that you don't fit in and determined to manifest something constructive with the gift of freedom and spiritual power that you've been able to access.

Matangi is the liberator, and her appearance in a reading implies you cannot find fulfilment in the dreams another has dreamed for you, nor in the values that mainstream society holds. You have a path and a purpose that needs to break with societal conditioning. And sometimes, that will mean experiencing what it is to be an outsider. However, you are never alone, and really, you belong to a soul tribe of unique beings with Matangi as our spiritual queen. There is nothing wrong with being different. You can find a way to belong that does not compromise your essential self, but rather, frees and empowers you to belong to yourself, fully.



As the tantric emanation of Saraswati, Matangi opens us to the esoteric power of speech. This is the realm of poetry, speaking and writing that inspires and uplifts – the use of words in such a way that they have the power to change another's state of being. Some may call this spellcasting. A beautiful teaching associated with Matangi is that the devotee must treat all women with reverence and respect. She will not manifest her blessings where the feminine is criticised or desecrated. We use the power she gives to honour the sacred, and her power grows in us. To use such power to put another down is an act against the Goddess and will not manifest any benefit. So Matangi's presence often indicates a time when we are learning this spiritual power and responsibility as our influence expands.

In a reading, she augurs the overcoming of a toxic pattern or situation. If you have been feeling at the mercy of another person or situation, she reassures you that you have the spiritual power within to claim your energy as your own. She will assist you in shedding psychic contaminations or residues from others, and you need have no fear. As Matangi operates outside systems and convention, if you are feeling afraid or victimised (within a system of bureaucracy, for example), you are asked to seek sanctuary in her and trust in her overriding power.

No fasts or other purification rituals, no initiations or other forms of teaching are required to practise Matangi's mantra. She encourages music and dance as a way to connect with her and receive her blessings. She reminds us that to the divine eye, we are loveable, worthy and acceptable as we are. Hers is a joyful path of the heart.

INVOCATION RITUAL

Start with saying this prayer:

Raja Matangi, queen of outcasts, who dwells beyond society and thrives. You arise at the thresholds in the spaces of desolation, abandonment and banishment. You are strength and sweetness. You are the extraordinary power that arises when all seems lost. You provide the knowledge needed to succeed and the path to overcome all obstacles through the power of the joyful spirit. May your wisdom manifest through all capable channels for the spiritual benefit of all beings. May our playful hearts take delight in yours! Jai Ma Matangi!

Intend, imagine or visualise that you are offering all your concerns on a vibrant-green plate, holding it out toward the beloved goddess, Matangi, who is shining as a bright-green sun. Out of that sun squawks and swoops a huge green parrot! The parrot grabs the offering plate in its beak and flies back with it until both are lovingly submerged into the sun. There is freedom of release and the promise of blessing.

Say the following mantra several times with joy in your heart:

Om Hrim Aim Srim Sri Matangeshvari Svaha.

(Sounds like, OM HREEM EYEM SHREEM SRI MAT-TONGUE-GESH-VAAR-REE SWAH-HAH.)

Finish with your hands in prayer at your heart.

You have completed your healing process.




25. Kamala Devi

We witness her beauty and all struggle melts into grace, upon a grateful sigh. The heart softens into her protection and radiates peace. Her presence transforms frustration into inspiration, fatigue into replenishment and overactivity into effortless attraction. She is the golden pathway of divine manifestation and peaceful contentment. She empowers your

heart to receive with the same generosity, openness and grace that you express when you give freely and joyfully. Abundant divine blessings are upon you.

The tenth of the ten Mahavidyas, the wisdom goddesses, is the gracious goddess, Kamala. Her presence reminds us not to make things more difficult for ourselves than they need to be. Sometimes, the assumption of burden is necessary for our growth. At other times, growth happens when we learn to cast the burden aside, understanding that we will be able to offer so much more when not carrying another on our backs, so to speak. Sometimes, a more graceful path evokes greater spiritual progress, which ultimately benefits all beings.


Kamala Devi holds the wealth-generating, life force-protecting qualities of preservation and cultivation. If we are used to always giving out, even if we receive a lot but consistently overshare or leak our energies, she teaches us the



loving art of self-valuing. This is not selfishness but self-care. When we care for ourselves, we show respect for who we are and what we have to offer. That respect is an energetic broadcast that repels lower level energies. It gives us the firmness of mind to set boundaries wisely, while attracting opportunities and pathways for expansion. When genuinely good and true things are strengthened and shared, every being gains spiritual benefit. Her presence in a reading speaks of a divine harvest, of success and beauty created and protected, of longevity and peace.

Kamala is the tantric emanation of Lakshmi, awakening deeper spiritual understanding of the nature of material prosperity and spiritual enlightenment. Kamala provides many beautiful gifts in such a way that we learn and grow through the blessings.

Tantra exists outside conventional religious practices and social mores. We cannot access true and sacred knowledge—of oneself or the world—when bound by the opinions of mass culture. We cannot find our authentic being within such constraints. Societal conditioning lacks the wisdom, generosity, freedom, respect, spaciousness and insight to be able to bear the process of individual awakening. That can only happen outside society's constructs. This is why enlightened mystics in every religious tradition have always come into conflict with traditional figureheads in their religion. The Divine Mother protects the path to fulfilment, even when authority or bureaucracy try to stifle it. Be direct about your intentions and desires. Allow her to show you the graceful path through any difficulty by consulting with your heart and having the patience and willingness to see another way. Locking horns in direct conflict is not always going to lead you toward the outcome you wish.



Kamala Devi brings us gifts of abundance on every level, and through the inner sense of spiritual security cultivated, a fearlessness of heart is born. She is the lotus flower, the signifier of wealth of such a nature that spiritual life is enhanced, not polluted. She is known as *sattvic*, or 'peaceful', and carries the energy of Mother Mary, Mary Magdalene and the planetary sister to Earth, Venus. These beings manifest gentle yet effective enlightened feminine activity for the spiritual benefit of all. This vibration is not common on our planet, yet its bearers can often recognise one another. They have a mutual love of beauty, respect for nature, and deep and unwavering love for the Divine. They also have a life purpose of embodying higher frequency energies than those commonly manifested in the human collective at this time. Kamala is often particularly healing for highly sensitive people who feel a natural energetic resonance with her delicacy and subtlety.

Kamala is particularly active within the hearts of those who naturally feel there is a universal truth that cannot be constrained by any single path or opinion. These are the freedom-loving souls that believe in 'live and let live', and yet devote themselves to whatever path they truly resonate with in the hopes that it can bring benefit to the collective. They do not wish to convert or control, but to share their knowledge and wisdom from the heart because they have found such comfort and grace in what they have learned. When you receive with such generosity, you want to share the wealth! Kamala is a sign to share what you know to increase love and peace in the world without trying to force or dominate another to agree with your viewpoint. She asks for your unconditional trust so she can gently disentangle your soul from obstructing and lowering energies to help you

rise above and shine your beautiful, peaceful light.

INVOCATION RITUAL

Say this prayer of invocation aloud:

Mata Kamala Devi, gentle and all-powerful divine queen, supreme feminine being without consort or constraint. Goddess of the present moment, Sacred Mother of the fulfilment of innate divine purpose, you provide wealth to support the soul's awakening. After the fires of transformation and sacred exertions of will to conquer the obstacles, you are peace, assurance, comfort and success. You are the divine harvest. You are the blessed final outcome, the divine fruition. I bow to you Kamala Ma and invoke your growing presence, influence, protection and guidance in my life and in our world for the spiritual benefit of all beings. Jai Ma!

Now say the following mantra eight times. Imagine the sound radiating blessings in all directions and through all dimensions for the spiritual benefit of every being.

Om Shreem Hreem Shreem Kamalei Kamalalayee Praseed.

Om Shreem Hreem Shreem Maha Lakshmiyei Namaha.

(Sounds like, OHM SHREEM HREEM SHREEM CARM-AH-LAY CARM-AH-LA-LAY-EE PRA-SEED.)

OHM SHREEM HREEM SHREEM MA-HAH LUCK-SHMEE-YAY NAH-MA-HA.)

Finish with your hands in prayer to complete your invocation ritual.




26. Shodashi

Ruby red with the divine juice of life, she nourishes the body, mind and soul with vitalising pleasure, life and joyfulness. Goddess Shodashi restores self-esteem and an awareness of your innate value, especially after a time of painful rejection or disappointment. Through her blessings, the desires of the heart can find fulfilment in new ways. She brings divine energy for the manifestation of wishes. Her presence is an indication of inner power to restore yourself and attract what you need into your life.

Shodashi is the fertile and creative aspect of Lalita Tripura Sundari. Red-coloured skin and vibrant with feminine life force, she is the power to actualise desires. In colour healing from Hinduism and Buddhism, red is medicine for attraction and magnetism. The appearance of Shodashi in a reading indicates a time when your ability to attract what you want is heightened. You can be relaxed and trusting in your capacity for magnetically drawing all you desire into your world.

In the tantric teachings of Kali Ma, desire is not something to be afraid of, but something that can become part of our spiritual path. The benefits of developing the character traits required for manifesting desire (such as relaxation, trust, enjoyment, delight and bliss, as well as discipline, commitment, determination, focus and a positive attitude) encourage us onward, so we don't




give up before attaining success.

From our successes, we will come to realise that within one desire lies the seed of another. Eventually, the nature of desire is realised as a pathway, rather than about the thing sought. The desire nature can motivate us to attain breakthroughs for the spiritual benefit of all beings. Shodashi teaches that desire can help us live from the heart, honouring what truly lights up our being and being motivated by our passions. This can be beneficial for the spiritual path, rather than a distraction from it.

Her heart is compassionate and her spirit, despite her youth, is truly great. Shodashi encourages young people with big dreams to believe in their abilities and trust their hearts. She also reminds us that age is not necessarily a signifier of wisdom, nor is youthfulness necessarily an indication of a lack thereof. Shodashi encourages us to discern qualities at a deeper level, rather than to make assumptions based on age or appearance. Don't take things at face value, or go by someone's words. Look instead at their actions, at what your experience has been, and allow for understanding as to how to proceed to arise from there.

The fulfilment of the heart's desire can be attained in ways other than what the mind prescribes. Shodashi encourages us to stay open even if certain plans have failed to yield what we had hoped. This is an indication that the Universe has other ways for us to fulfil our heart's yearning that are likely to be far more beneficial and richer. The heart can perceive the deeper workings of the Divine in all things — even in challenges and difficulties. This is why the heart can trust, even when the mind recoils at what is taking place. The intellect tends to create stories about situations not working out as expected. Such stories are not often accurate, let alone helpful. Shodashi asks us to take care




with such misinterpretations of our experiences. She reminds us that when we trust in our heart's wisdom, rather than what appears to be, we will find the courage and faith to stay true to an extraordinary life path so that we can manifest extraordinary blessings.

Shodashi often arises when the soul needs deep cleansing, particularly of past hurts. Her presence indicates recovery and the reclaiming of dignity after experiences of being judged, betrayed or criticised. If your innate being has been attacked in any way, or if there has been bullying or nastiness directed toward you, Shodashi brings healing and renewal to rise above such mean-spiritedness and lay claim to your beauty and worth. If we have been overly valued for our appearance, then she provides a healing path to clear the confusion and connect us to the real value and beauty of our inner being. Her oracle indicates all manner of beautiful blessings awakening within and being attracted into your life.

INVOCATION RITUAL

Shodashi, red daughter of divine beauty, into your open heart all experiences of disappointment and pain of rejection, judgement and abandonment, betrayal, and even self-hatred, simply dissolve. With your loving encouragement, I release these poisons from my beautiful heart now. I accept your presence, bringing a generous gift of awakening into a loving embrace of my innate beauty, value and worth. You are a fertile garden of creative nourishment. I receive your blessing into my soul and trust in the deep yearnings of my heart to keep me focused on my spiritual growth and personal healing. This



leads me toward self-realisation for the spiritual benefit of all beings. Jai Ma!

Imagine, visualise, feel or intend that you are receiving a pink lotus blossom blessing. The Goddess turns to face you with a gentle gaze. Her look penetrates through the confusion and instils a sense of quiet unwavering confidence and unconditional self-regard within you. You are enough. You do not need to act in ways that suggest otherwise. You are always being led by the Universe into the sacred fulfilment of your heart. There is no need to grasp or fear. Feel the relief and peace in your heart that this realisation brings. Open your hands and receive the lotus, taking it into your heart and letting it remain there by gently folding your hands over your heart. Breathe in and out, this gift of self-love.

You have completed your sacred ritual.

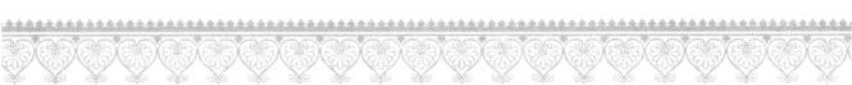


27. Sri Bala

Divine child with wisdom beyond her years, the old soul with deep knowing, dwells within our hearts. She urges you to commit to your most passionate inspirations, completely and without hesitation. There are genius and wisdom in what you yearn to do. You have a greater capacity to attain fruition than those around you recognise. Believe in yourself,

even if no-one else does! It is not imagination that drives you toward your destiny, but an instinctive recognition of your true purpose. Validation from others will come later. Your path is authentic, and you are destined to succeed.


This aspect of Lalita Tripura Sundari, Sri Bala, translates as, 'divine child', or more specifically as, 'God the daughter'. It is far more commonplace for the divine child to be represented as male, and in numerous cultures, having a boy is considered particularly auspicious. So, Sri Bala is not only a celebration of the divine feminine child but an inversion of dominant cultural values. Her presence shakes up traditional power structures with her combination of innocence and fearlessness. It is my sense that there are emanations of Sri Bala in the form of particularly pure-hearted, fearless and empowered young women, speaking and acting for the protection of the feminine in our world today, such as through environmental activism.



It is taught that Bala asks her goddess mother, Lalita, to allow her to join the battle against evil. She is so passionate to fulfil her inner yearning that her body cannot keep still! Lalita expresses her concern that Bala is still a child, inexperienced, therefore potentially vulnerable. She frets at the thought of losing her daughter, especially when others could take her place on the battlefield. However, Bala petitions her mother again, asking to be allowed to express who she is. Lalita recognises her daughter's determination and provides her with armour and her blessing, at which point, Bala kicks demon butt and saves the day. She conquers thirty demons in an extremely difficult yet perfectly executed martial arts demonstration! Now that's some serious girl power!

Sri Bala arises when we need to trust in what feels right on an inner level, not allowing a lack of external validation to deter us from our innate and authentic purpose. Muscle does not have to meet muscle. The strength of intention combined with pure and fearless commitment to our true nature is enough to change the course of what is happening. The mountain can be moved by faith the size of a mustard seed. The story of feisty Bala can inspire us. At first, we may gain no support for our efforts. We must continue to apply ourselves and not give up on who we are and what we came to this planet to accomplish. In doing so, the power needed shall be divinely given. Public validation can come later, but we do not need it to accomplish what is required.

The tantras teach that Bala saw the battle unfolding, and what was necessary to attain success, with complete clarity. Adults tend to underestimate a child's capacity to see what is going on. Yet, the child is the unconditioned part of us, the part that sees things as they are. In a reading, the presence of Sri Bala



in implies that our instinctive desires to pursue a particular path of fulfilment and expression are authentic. The authentic path is the safest and most protected path we can take. It is the one on which we are closest to the Divine, to our true nature with all its wisdom, intuition and creative resourcefulness. We can more readily attract what we need, and things fall into place more effortlessly. It seems to be the opposite of playing it safe. Yet, the more we diverge from our authentic being, the more disconnected we are from our divine connection and the more danger we will encounter.

Bala is said to be Lalita's breath. What does that mean? Breath keeps energy flowing through the body. When Bala declares that she wants to fight, it is the stirring of an honest and natural impulse within. To breathe is instinctive. The childlike wildness—unaffected, untamed—of Bala is the unconditioned self that knows how to move toward its natural fulfilment. Our minds may step in to say no, or to give reasons why it is not appropriate (like the unconventional notion of a little girl as a powerful, conquering war hero). Yet, the innate wisdom of the soul needs to be allowed to manifest. She is not fighting for the sake of it, she is fighting against the evil she sees. To allow for Sri Bala to arise within is to allow for the protective spirit that sees truthfully and acts with purity and fearless commitment to the path (even if our mother worries about our life choices at first!). The Divine Mother empowers her and, so too, empowers us to manifest our destinies with her help. Trust in your destiny. You are more than capable of the task for which your heart yearns.

INVOCATION RITUAL

Place your hand at your heart and feel, imagine or intend to make a connection with the original wisdom and inner knowing within.

This wisdom and clarity is your primordial divine nature. It would have been strongest in you as a child, before societal conditioning and life experiences taught you to adapt and defend yourself. Your intention to connect may need to travel beneath layers of belief, reactions to suffering, family or cultural projections, and so on. Beneath such things, the original wisdom still breathes life into you. Believe it is possible and effortless to drop beneath all layers and simply feel the vital breath of your true nature deep within. It is pure spiritual instinct and inner soul intelligence. Connect beneath the mind and the stories, as you breathe.

Say the following prayer:

Sri Bala, Divine Daughter, original divine instinct, my true nature, I bow to you. You hold the wisdom and desire for me to be and fulfil my authentic being. You are the fearless spiritual instinct within that must manifest for the spiritual benefit of all beings. Nothing shall obstruct my path as I move from the inner ground of my being with unwavering focus and self-trust. I am held in my Divine Mother's protection, blessed by her grace and her belief in me. May your unrivalled wisdom and unerring knowing guide me always. May you prevail! Jai Ma Bala! Jai Ma! Jai Ma! Jai Ma!

Finish with your hands in prayer at your heart.

You have completed your sacred ritual.




28. Guhya Kali

Our divine mother who knows all, with every answer and every mystery' within her power to disclose, provides knowledge at the right time and in the best way. An answer to your question shall be provided. Do not immediately dismiss intuitions that are unexpected or lead you into unknown territory. Rest and reflect upon your insights, allowing your wisdom rather than

a reaction, to distil their usefulness and value. An entirely new perspective about a matter of importance is awakening. A secret shall be revealed, and all you need to know will be given to you.

Guhya Kali means 'secret Kali'. She is the dark tantric counterpart of the bright goddess, Lalita Tripura Sundari. She has the same triune nature, but does not dwell in the light and is not accessible to anyone who simply calls upon her as a loving mother. She is so powerful and so potentially disturbing in her fierce liberation that she is shrouded in mystery, unknowable to any except those who are able to tolerate her revelations. The tantras teach that to connect with her requires initiation and the guidance of a teacher.

What does this mean? There are some insights we must be readied for. Even though they are ultimately helpful, we are unable to accept some truths without the experiences that prepare us to understand—and even embrace—what we would



have tried to avoid at any cost. It can take time to become ready to deal with the pain that arises and to recognise uncomfortable truths, even though it is the good kind of pain that frees you and will eventually end rather than keep you trapped in a loop of repetitive suffering.

Guhya Kali dwells in the shadows, in the cremation grounds, in the places less accessible, emotionally and psychologically. These are the interior realms where only the most committed adepts dare to venture. We do not choose her. When we are ready, she chooses us. When we enter into an experience that shakes the foundations of our current understanding, there is often a period of disbelief, shock and confusion that precedes newfound clarity. You may feel that your entire world has been turned upon its head. When a revelation takes us beyond the breaking point of what once provided emotional or psychological safety, we are catching a glimpse of her handiwork.

This is why we need holding by someone — not in the old way, but by an enlightened witness who shows up as a therapist, healer or spiritual teacher, a mentor, or even a friend evolved enough to know how to love, empower, and be in wisdom rather than try to rescue you. If you are enough of a spiritual badass to have attracted Guhya Kali, then no matter how difficult things may temporarily be, you can be sure you don't need rescuing! You just need support and presence as you take the steps now necessary.

There are teachings in the Guhya Kali tantras that depict her seated upon her 'lion seat', or *simhasana*, which is a posture in the physical practice of yoga that releases negative energy. Her appearance is not merely for stirring things up. There are systems that are comfortable at one level, but at another, are


holding a lot of negative energy which needs to be discharged. Her appearance lets us know that whatever is being challenged by our new perspectives has been a source of negative energy in our lives, even if we believed it was a support. We don't have to dismiss or disregard what has been, nor be ungrateful for all we learned from it. However, it is time to realise the true nature of certain circumstances, to take off rose-coloured glasses and see things for what they are.

Her scimitar shows her ability to be free from conditioning so that deeper mysteries can be understood. Her mace shows her power, strength and authority, including her capacity to deliver powerful blows that will destabilise false structures and help us discover truth when we are ready and capable of bearing witness to it. Her two hands in blessing reassure us that we shall be able to recognise, process and prosper from the truth, and we do not need to fear the revelations unfolding in our lives. This is Kali, after all. If she rocks your world, it is to till the soil of the soul, so that abundant new life can flourish.

INVOCATION RITUAL

Say the following prayer:

Mother of mystery, Guhya Kali, she who bears the secrets and is always working to a higher plan of divine protection and spiritual awakening, I humbly bow in honour of your presence. I trust that when the time is right and my being is ready, you will show me what I need to see and know. Such revelations can bring relief and also the challenge to further heal and grow. You provide freedom from that which once held me hostage. I trust in what you show me because, in revelation, you also



provide the means for integration and liberation. Please bring those who can assist me in processing your truths. May your loving wisdom continue to manifest grace for the spiritual benefit of all beings. Jai Ma Kali!

Look at the card and take a moment to mirror the blessing posture of Guhya Kali's hands: right hand raised in blessing, palm open, facing outward; left hand at the upper heart, just below the base of the throat. Visualise, intend, feel or sense that she is within you now. She is the one giving this blessing mudra — absorb the feeling that you are protected and granted the truths that will benefit you and your continued spiritual awakening.

When you are ready, place your hands in prayer and bow your head. You have completed your ritual.




29. Devi Ma Kali

Endlessly loving, infinitely forgiving, she will never turn away from you. No matter what you have done, no matter how many mistakes you have made, she is here for you, always. Feel the safety and sanctuary of her divine hugs. She is your soft place to fall, and your kindest and most enthusiastic advocate.

Let her shift your experience away from endless tasks and ever-greater expectations into sweet relief and comforting connection.

There are times when we just need our mother. This is natural and necessary. However, for whatever reason, we may not be able to turn to the mother figure in our lives in our times of need. There is no need to feel deprived during such moments, for we have a Divine Mother who wants to help and has the endless resourcefulness to do so.


The problem of receiving grace is never with the source of it. By its nature, grace flows with generosity, so needing to earn or deserve it goes against the very nature of grace itself. However, we can struggle to be open to it and have a subconscious resistance to receiving. Intellectually, we may know that we are worthy of being helped, and even that others will also benefit when we are flourishing, so that grace brings multiple benefits to all. Yet, we can still be more attached to the difficulty than the resolution. Why is that? We cannot underestimate the influence



of belief systems created in response to childhood trauma, and the impact these unchecked beliefs can have in our adult lives. The beauty is that Kali will not only help us identify where we have our blocks, she will also help liberate the soul by providing us with a choice. We can allow her to consume those past traumas, relieving the soul of karmic burdens.

Devi Ma Kali's grace is not about encouraging psychological regression or giving up the necessary learning and responsibility to grow. It is a recognition that there are times when even a mature adult just needs to feel loved, held and appreciated, cherished and adored. Not for the sake of boosting ego, but for replenishing the heart that wants to give and give and give. It is about withdrawing from the distractions and the battles for a time – not to escape from what you need to do, but to have the energy and clarity of mind to approach your life journey effectively. Regression is avoidance, whereas reconnecting with the childlike relationship to the Divine replenishes the inner reserves so one can continue, change approach, and gain supportive allies so that success can unfold more graciously and swiftly.

The devotee of Kali Ma and Hindu saint, Sri Ramakrishna, taught that when a tree is young, it should be fenced all around lest it is destroyed by cattle. What does that mean for us? Positive qualities, such as healthy self-esteem, can be burgeoning within us even when we are not fully aware of the extent of positive change that comes from the subtle inner shifts of mind, heart and soul. Significant healing shifts often take place beneath conscious awareness. This is good. It prevents the sabotaging aspect of the mind from killing off that fledging quality before it is strong enough to stand up to the patterns of the past and




assert itself, rather than, for example, being trampled by overly critical and shaming voices. The protection of the young tree is a symbol for taking care of that which is vulnerable until it becomes strong enough to stand on its own and fulfil its destiny. This is what a mother is meant to do for her child, and what Kali Ma Devi does for all her children, if they will come to her. There is something good growing within you. Don't let clumsy or ill-wishing energies around or within you get anywhere near it! Let Kali Ma protect you from within and without.

This particular form of Kali is without the association of battles and war with which she is more commonly connected. Instead, she is the Divine Mother holding your being in her arms, in a quiet and peaceful nursery of the soul, rocking you back and forth with a gently sweet lullaby upon her lips. The Hindu scriptures teach that when Shiva drank the poison that threatened to consume and destroy the world, he became sick with the pain of it, and so transformed himself into a baby, feeding at Ma Kali's breast. Her milk soothed the poison, taking away the pain. If you have been taking on energies from others, perhaps unintentionally or even intentionally, in an attempt to alleviate their suffering, then the message is that Kali is providing you with relief and healing now. When you have so much going on that it all feels like too much, permit yourself to seek her out and be comforted, held and reassured. It is natural for a child to need and reach for its mother. You are deserving of comfort, allow yourself to experience it without reservation.

INVOCATION RITUAL

Imagine, visualise or intend that you are a beautiful precious child. If you did not have a positive experience of being loved,



accepted and enjoyed for who you were as a child, in a safe and respectful environment, then you may like to intend to open up to a new experience of unconditional love, protection and safety for the child within now.

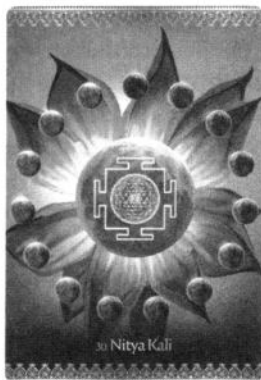
You may even like to imagine, feel or visualise that you are being cuddled or rocked gently by the Divine Mother by hugging yourself and making soothing sounds as you softly rock back and forth. If this is confronting, be kind. Being really loved can take some getting used to if it is unfamiliar to you. Love can bring up some shock, anger or grief before it brings peace. There is a tremendous freedom that arises in feeling such feelings and letting them go. In this process, you have the safety to feel whatever you wish, allowing it to be compassionately witnessed by the Divine Mother.

If you wish to talk with your Divine Mother, do so now. Just tell her what's on your mind and what you need. Listen for her response by tuning in to your heart, and know that her answers show up in the best possible timing and best possible way.

When you are ready, complete your process by saying this prayer of invocation:

Supreme mother of the universe, I am in your hands. My body, mind and soul seek refuge in you, and are now fed by your nectar which alleviates poisons and brings strength, wisdom and peace. I settle into your presence. You and I are bonded in divine love, a bond which can never be broken. May your comfort arise in my heart now, reaching through all dimensions, for the spiritual benefit of all beings. Jai Ma Kali!

Complete your process with your hands in prayer at your heart and bowing your head.




30. Nitya Kali

She calls us away from the world, to journey inwards where a path of sacred introversion beckons. Turning within may feel natural or unfamiliar, but in journeying within you will gain energy, insight and freedom from the constraints of what has been. Allow that which needs to end to do so. You shall realise you are not being denied, but released. There is something new

on the horizon. Honour your losses, but keep hope in your heart for what is meant to be.

Kali Nitya is the cycle of the waning moon, from the moment just after the height of the full moon into a phase of decline, right up until the black moon just before the new moon initiates the building of a fresh cycle. This moon phase embodies the natural magic inherent in letting go and allowing for the energies to run their course and die away. It can be a sign to embrace the qualities of decrease for a period to bring a cycle of experience to completion and generate what is necessary for the next cycle to be more abundant and nourishing than the last. Given our societal preoccupation with constant activity and outwardly-driven connection, honouring Nitya Kali requires the use of our will to honour our soul rhythms above peer pressure.


There can be resistance to embracing the crumbling away of a form once cherished. Yet in doing so, we can give proper burial,



allowing for cleansing emotions—perhaps anger, sadness, loss or grief in the face of betrayal, disappointment or confusion—to move through the soul. Then the space for higher understanding, healing and even forgiveness and gratitude for what has been learned, can open up. Peace and release follow, and soon after, a readiness for the new.

To hold space in the liminal or between times when something is no longer, and the superior evolution (beyond a mere replacement) is yet to be, requires wisdom and courage. Inner processes need to take place beneath a cover of darkness, privacy and sanctuary. You do not need to parade your process before others, nor prove anything to anyone. This is a time of natural inward motion and decline. It is healthy and can be enjoyable, relished as a chance to clear out and free yourself from unnecessary burdens of mind and body. If you are not used to letting go or believe you must constantly be 'on', then this is a chance to expand your psychological and emotional vocabulary. Allow for the divine feminine wisdom of the soul to do what it does so well — provide the method and process for healing transformations. If you are used to controlling everyone and everything, consider this a chance to step back and allow others to develop their power and responsibility.

Nitya Kali's message is to give yourself time and space to truly let go, as this ending is divinely intended. You shall receive abundant blessings that will more than replace any loss or suffering you have experienced through the conclusion of a life phase. If you have been in a period of loss or grief, the oracle indicates that this is coming to an end, likely sooner than you realise. And yet, you are invited to allow it to find its completion naturally, rather than trying to rush it to an ending.



The oracle also predicts a closure around a matter of deep soul healing. Trust yourself and your divine timing. You will instinctively sense when you are ready to put the sad days behind you and embrace the beginning of a happier time. No matter how unlikely that seems at this time, it will happen naturally as sure as spring follows winter. The oracle asks you to give the more challenging emotions, such as grief and sadness, proper honour and place. Do not avoid them, but do not allow them to consume your entire being or believe that they shall rule your life.

If you feel your hands are tied, and you are unable to exert your will in the world at this time, do not fret. Often, before a time of significant fruition, there is a period when nothing much seems to be happening. You are attending to your inner work and strengthening your vision and intention, but where is the evidence and result of your hard work? It is building within the soul, just as powerful energies build unseen within the seed, ready to spring forth with unexpected and astonishing strength and vibrancy when the time is right. Let go of force, but do not give in to despair or a feeling of defeat. Any cycle of holding back or lack of external support for your inner work will end, followed by a new era of divinely mandated manifestation.

INVOCATION RITUAL

Place your hands in prayer before your heart. Take a moment to connect within. Imagine, sense, feel or intend that you are dropping peacefully and deeply into a vast inner spaciousness. As you go within, following the inhalation, and dropping deeper on the exhalation, feel yourself effortlessly letting go of the external world and any day-to-day concerns. You are crossing the inner



threshold into sacred introversion and healing presence.

Say the following prayer aloud:

Jai Ma Kali, please bless me with your sacred holding and protection that I may willingly enter your depths to be undone and reborn. I let go of my outer attachments and become free to journey within, into the sacred depths where your wisdom can reach me. I fully and gratefully receive your subtle, inner infusions of grace, healing and cosmic realignment. For the spiritual benefit of all beings, Jai Ma Kali!

Finish with your hands in prayer at your heart. Rest for as long as you wish in an empty and open contemplative state with her.

You have completed your sacred ritual of invocation.



31. Chamunda


Her unerring instinct for spiritual protection arises spontaneously, even when we do not realise we need it. Sometimes, we don't realise just how far we've become entangled in that which is not good for us. We do not realise we need Kali's powerful intervention. Knowing what to allow, and what to fight for or against, requires wisdom. Holding the space

for an inner or outer conflict to be resolved involves discipline.

Chamunda is the fearlessness, wisdom, patience and discipline needed to conquer a difficult situation. She is with you now.

Wild black Chamunda is a ferocious warrior goddess. She takes her name from Chanda and Munda, two great demons whom she defeated. Thus, her name is a symbol of gaining power. Her presence indicates that you shall not only overcome an obstacle but gain complete mastery over the energies that gave rise to it. You shall never be troubled by it again.

Swathed in blood-red light, representing her life force and power, Chamunda has multiple arms which indicate her divine activity. The skull and crescent moon resting atop a funeral pyre form her crown, symbolising her status as a goddess of death and karmic retribution. Yet, she is protective. Her three deeply-socketed eyes are so intense they are said to burn away the evil in all worlds and dimensions. She provides protection from



destructiveness, including gossip and other kinds of black magic (which, not unlike gossiping, uses intention, words and action to work against another's wellbeing).

Chamunda is referred to as queen by her soul tribe, a group of ancient mother goddesses known as the Matrikas. She is the only one worshipped independently and the only one not connected to a masculine consort. She is an independent, fierce and unique emanation of the wild feminine power of Devi, the 'great Divine Goddess'. She is an expression of Kali, referred to interchangeably with Kali Ma in the Puranas, ancient Hindu texts that date back more than two thousand years.

The Matrikas express a consciousness that is potentially protective and destructive, depending on your actions. These beings are particularly upset by negative expressions of masculine energy. Whether expressed by a male or female human, the masculine energy can be healthy or toxic. When it is healthy, it is strong, creative, protective and generative. When it is toxic, it is exploitative, dominating and damaging, seeking progress at any cost. This is profoundly disruptive and, rather than the positive destructive power of Kali Ma, is the unchecked demonic destructiveness of greed. The Matrikas are fierce and Chamunda, in particular, will retaliate against toxic masculinity, causing havoc in the lives of those who live by such values.

Chamunda is worshipped as the ruler of the sacred erection. This is symbolic of her power over masculine energy. When the feminine has been desecrated in any way, she will not hesitate to retaliate with fierce compassion — which from our human perspective may seem like chaos. Yet, the phallus is also a symbol of her honouring the potential power and creativity of healthy masculine energy, facilitating its safe development in the human



psyche.

Despite her inherent drama and intensity, Chamunda is beloved by the heroic heart. She assists us when we need to find the strength to overcome our psychological limitations and inertia to access, integrate and sustain higher frequency states of being. Bringing about a permanent structural change of the psyche is hard work. It requires commitment. However, bullying ourselves into being different or applying more and more willpower, only tends to create resistance, adverse reactions and exhaustion! It is more a case of applying wisdom, finding the balance between persistence, determination and compassionate rest and release, so we can integrate and rebuild from within. For some personality types, taking rest can require as much discipline as engaging in activity! Learning to move between the two as appropriate takes strength and wisdom. Mastering the balance to nudge ourselves forward on our path and facilitate change, but not so much that we feel defeated even before we gain traction, is advanced inner work. Chamunda is the power to accomplish it. Her presence in a reading is a portent of a truly exceptional breakthrough on your path, the healing of masculine energy and the protection of the Sacred Feminine within your heart.

INVOCATION RITUAL

Visualise, intend or imagine that you are held within the sacred space of blackest night. A blood-red slither of a crescent moon shimmers, bringing the barest warm-red glow to the otherwise inky-black sky. Feel a connection to your heart.

Sit comfortably so you can rest your hands at your inner thighs, the part of the body associated with Chamunda. Say this

prayer:

Yogini of extremity, Chamunda Kali Ma, I bow to your wisdom, your protection and your love. You who are the dark mother and the queen of the wild feminine. I recognise your ferocious devotion when it arises as needed. To gain release from false structures and renewal of life force, I humbly return to the source of mother wisdom, seeking refuge in you. May I mature and develop spiritually to become a true, faithful and effective devotee of the Sacred Feminine and the Sacred Masculine, in divine relationship for the spiritual benefit of all beings. Jai Ma Kali!

Place your hands in prayer at your heart and continue by repeating the following mantra sequence as many times as feels good. It is a powerful mantra. Once may be enough. Speak it gently.

Chamundayeyei Kali Ma! Jai Ma Kali!

(Sounds like, *CHA-MUN-DAI-YAY CAR-LEE MA! JAY MAH CAR-LEE!*)

With reverence, bow your head to your hands in prayer at your heart.

You have completed your sacred ritual.




32. Kalarartri

She appears beneath the cloak of night, revealing the truths that must be known to set the heart free. She offers you an opportunity to engage in a profound and enduring transformation. This will lead to a powerful rebirth, free from even the most persistent patterns or pains of your past. Your soul is in deep healing.

Recovery can be painful, but that pain is temporary, and you will emerge renewed and released. In time, you will greet your rising destiny from an entirely new and improved inner foundation. You are blessed to experience a 'new life' within this lifetime.

The goddess, Kalarartri, appeared when a warrior violated the rules of law and violently assaulted enemy troops resting under cover of night. She appeared in terrible form, making sounds that expressed her horror at the suffering taking place. This is the weeping and wailing Black Madonna. No matter how people try to cover up what is happening, glossing over things with cleverly manipulative words, she is the truth witnessed and laid bare.

For those who have been cajoled or coerced to deny their intuition and authentic experience, Kalarartri breaks through the 'crazy-making' and brings us into the 'truth of what is happening. She brings the relief of truth, even when it is difficult



to bear. She breaks open toxic systems and reveals deceptive behaviours. In unmasking the terror of what has happened—or is still happening—we become able to disconnect from sources of abuse so we can begin to heal the trauma. That which is not acknowledged can never heal, but is doomed to be repeated. The acknowledgment of Kalaratri is not an intellectual understanding, but a bone-deep agony of release. It is like pulling the thorn out of the lion's paw. It hurts but is the way that leads to healing, rather than the hurt that would come from trying to ignore the thorn and dealing with increasingly negative consequences.

The name, Kalaratri, literally translates as 'black night', a time that is sacred and honoured with celebration in the Hindu tradition. It is also an emanation of the goddess, Kali, herself. In that sense, Kali is our dark night of the soul. In the Hindu scriptures, Kalaratri is known as the dark night of final dissolution, the formal and absolute ending of something that no longer needs to be. She signifies that there is no going back. She is the spiritual solvent into which we—as we have known ourselves and experienced our agonies—can dissolve.

On the spiritual path, to go through a dark night of Kalaratri is considered a protective and enveloping experience. Here, we can be held in a psychic container that allows us to dispense with all we have been working through or are holding on to. It is where we try to figure it out and just let it all go — similar to what happens during sleep. During the 'spiritual sleep' of Kalaratri, we drop the ego and intellect, and allow for the divine reorganising and healing power of the Sacred Feminine to work its restorative magic. Energies are processed and cleared away. From her, as the cosmic womb, we can then be recreated, reborn.


The oracle brings a message of total change, of a need to let go of what has been so that a new form can be established. You will not know what the new form is going to look like, just as you do not know what you will dream of before you go to sleep, nor in what state you will awaken the following morning. As you enter into this spiritual sleep, you cannot know all that will happen. Yet, this is Kali. So, we can trust. Sleep only comes when we let go, so too, this deep and restorative spiritual surrender can only happen when we are willing to let go of our attachment to what has been.

This form of the Goddess is said to ward off dark entities, ghosts or spirits, and negative energies, as they all flee upon her arrival. The sanctuary of night and all it entails (such as coming face to face with our fears and through that, releasing them) is a temple for healing with the Goddess. So, the many gifts of Kalarartri include increased fearlessness and freedom. The oracle guides you to trust in her protection and her promise that under her guiding hand, you shall become all you are destined to be.

INVOCATION RITUAL

Say the following prayer:

Jai Ma Kali, dark mother of the black night, cosmic womb of Kalarartri, I honour you, the divine dissolution, the ending necessary to yield the promised fulfilment. My trust in you is unconditional. I openly acknowledge my suffering and give voice to the agonies I have experienced with intention only to release all of it to you. Bless me with the courage of your honesty to attain complete release. What I have known



is less than a drop in the oceanic divine nature that you are awakening within me. I cross the threshold into your healing darkness of unknowing. Here I rest for as long as needed, gently and lovingly dissolving into your being, until I am ready to be birthed anew. May all beings feel your love and know your beautiful liberation. Jai Ma Kali!

Rest now, perhaps in a darkened room, or with a lightweight cover resting comfortably over your eyes to reduce the light. Be in the space of not knowing for a while. Know that it is okay, that it is a part of the journey. Give yourself permission to return to this space as often as you need. There will be a time when you no longer need it, but for now, be here with trust.

When you are ready to emerge, complete the practice with your hands in prayer at your heart. You have completed your healing process.




33. Anahata Kali

Beautiful, powerful Mother of the Sacred Universal Heart, who lives within our hearts as the wisdom and healing power of love. Your heart knows how to heal, and how to open, how to break and repair itself to become stronger and wiser than before. Your heart cannot be contained or constrained by what has taken place.

Your heart wisdom and empowerment are growing. Soon, you shall have the wisdom and courage to accomplish something very important for your soul journey. Trust in the invisible workings of divine love. Let your heart be at peace.

The journey of the soul is the journey from the head to the heart. Anahata is the Sanskrit name for the 'heart chakra'. *Anahata* Kali is the goddess who secures the awakening, transformation and liberation of the heart. Love is her expression. When Kali Ma touches the heart, it becomes capable of love that is increasingly unconditional, fearless and compassionate. Such empowerments often manifest through loss and betrayal. In responding to such challenges, we grow our heart's capacity for love, processing and healing emotions of grief, betrayal and anger. Our heart becomes stronger through the process. The human heart is capable of overcoming enormous negativity. It is an astonishingly powerful and beautiful temple of spirit.

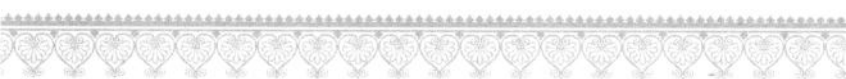
We can underestimate the extraordinary power of the heart



by focusing on its sweetness, love and light as though they were weaker than anger, fear or the consuming intensity of grief. We can only begin to understand the spiritual worlds and how they operate when we let go of the human perspective. A human believes that the heavier and denser something is, the more powerful it is. A heavy emotion like anger or physical situations that appears gridlocked are given more weight than the intangible realms of spirit. Yet, spirit is behind all things, in all things. Being invisible does not impede its effectiveness, if anything, it enhances it.

For something so seemingly invisible, love has unconquerable power. We affirm this in expressions, such as, 'love can move mountains,' or, 'love will always find a way'. Yet, we are conditioned to believe that there is more power in what we can see and control, rather than the spiritual power of love. Such conditioning pulls us away from heart connection and into the fear-based belief system that we need to control things, or there will be no benefit, no safety, no happiness. However, we can never be safe if we are disconnected from the spiritual home of the heart where all healing, wisdom, true guidance, spiritual protection and regenerating vitality resides.

The backlog of emotional pain stored in our hearts can sometimes cause us to shut down, even when we know that in closing down our hearts, we lose out on love's joy and wisdom. We may go through the motions of living, but without the real emotional juice and revitalising engagement with life. Kali Anahata brings a message from the Divine Mother that she is supporting you in healing your heart. She wants you to connect to more profound joy in life. As you trust yourself, and trust in her, you can heal even long-term karmic scars. You can learn



to return to love, to be in love, to live the love within your ever-beautiful heart.

For those who live from the heart space, it can be hard to remember what it was like before. Yet, many still live in such a way – driven by fear, plagued with anxiety, hardened through living in a way that is oppressive to the spirit. The oracle asks you to acknowledge how far you have come, and where you would like to go – not so much in terms of external markers, but in terms of emotional freedom. If you have been focusing on healing a specific issue in your life, the oracle indicates you have the strength, wisdom and courage of heart to accomplish that.

For those who have had their heart broken—in love, in spiritual communities, by friends or family members, by God or life itself—the message here is that something deeper is taking place. The shattering of structures, even of ideals, gives the heart the opportunity to break free and open up to a greater and more satisfying experience and expression of love. Becoming non-defensive, softening and opening to Spirit with unconditional trust places you in a position of astonishing protection, empowerment and grace. Keep your heart open to the Divine Mother. Through that openness, the right thing shall emerge at the right time. The walls we build around our hearts need to be broken down so we can fulfil our sacred purpose and path. Trust that the pains of your past do not have a place in your future. No matter what appears to be, she knows the way through. Temper your fierce emotions without denying them. Keep bringing yourself back to your centre. Continue to find the moderate and peaceful resting place within, even as you make radical progress on your path. The oracle predicts the successful completion of a time of spiritual initiation. Grace yourself with the gift of relief,



and trust that all is well.

INVOCATION RITUAL

Rest your hands over your heart and sense, feel or intend to make a heart connection with yourself. Let yourself feel held, loved, protected, seen and cherished.

Allow yourself to feel a heart connection with Kali. Your heart and hers are gently spinning in loving and playful dance with each other. Whatever you need to say to her—be it a prayer, a concern or a feeling of gratitude—do so now. Speak to her from your heart.

Place your hands in prayer at your heart and repeat her mantra several times, feeling your heart connection with her deepening as you do so.

Jai Ma Kali!

Allow yourself to be soothed by her presence within your heart as it becomes strong and radiant, shining love for the spiritual benefit of all beings.

Finish by bowing your head to your hands in prayer. You have completed your ritual.




34. Kurukulla

She is vibrant red, pulsating with the feminine power of enlightened activity, infusing our hearts with her capacity for sacred sorcery to conjure and create, according to love's guiding wisdom. To receive the divine inheritance of blessings and support for sacred fulfilment, certain karmic conditions that resonate at a lower frequency need to be cleared away. The

lesson is to release to receive. Kurukulla symbolises a time of rapid movement on your life path and freedom to attract what you need and want. However, you must be willing to let go of negativity and that which does not belong in your world.

Kurukulla is a shamanic folk goddess who was adopted into the spiritual traditions of Hinduism and Buddhism. Kurukulla is one of the Kali Nityas, the medicine goddesses of the waning moon cycle, a powerful sorceress, enchantress and conqueror of enemies. Hers is the realm of magnetism and charisma, spell crafting and the power of attraction.


She has one face, three eyes and four arms, with skin that is deep red. In Tibetan Buddhist medicine, red is associated with the power to attract and the power to subjugate negative energies. Her hooked sword represents her semi-wrathful nature. She can magnetise or repel as needs be, overcoming negativity in all dimensions and from every direction. Kurukulla



is revered as a beguiling yet potentially ferocious emanation of the otherwise serene goddess, Red Tara. With her short fangs exposed and an expression somewhere between friendly and fierce, and her three eyes, she sees all and frightens away that which causes trouble, while attracting that which enhances joy, bliss and sacred passion.

One of the powers that Kurukulla bestows is the ability to remain open to life without fear. Sometimes, due to past experiences of pain, we close ourselves off from life in an effort to avoid further harm. In doing so, we may unwittingly close ourselves off from the gifts meant for us. While seeking solitude and sanctuary as a time to heal is a wise practice, we need to take care that we remain open to life. We need to balance a heightened need for personal space (essential for particularly sensitive souls) with healthy and nourishing connections. Otherwise, we could experience depression and profound fatigue through essentially cutting ourselves off from the revitalising nature of life itself.

Kurukulla's ability to simultaneously attract the beneficial and repel the negative is an extraordinary blessing. Her spiritual talents allow us to pursue our paths with eagerness, openness and enthusiasm, whilst trusting that any exploitative, sabotaging or otherwise unworthy energies will not be able to cause harm. If you have felt an inner conflict around being open, but have also felt the need to self-protect (perhaps due to your sensitivity to psychic energies), the oracle brings peace. In connection to Kurukulla, we can be powerfully defended without being defensive and incredibly open without being vulnerable to negative influences. For the sensitives and empaths amongst us who struggle with picking up unwanted energies from others, she is a glorious saviouress! She empowers openness, combined



with effective boundaries. This brings more peace and relaxation to the heart, which in turn enhances our capacity to attract what we wish into our lives.

Wild Kurukulla carries a bow and arrow, which symbolises her power as a warrior goddess, and her ability to set us on the right course. Her aim is always true, her delivery swift. When we connect with her in a reading, our progress shall be rapid like the arrow speedily flying through the air. We shall hit our mark because our direction is correct and our focus honed.

Her presence supports us to gain clarity on where our energies need to go and clear away distractions or ineffective methods and strategies. When she appears in a reading, be ready to move swiftly on the opportunities that arise and feel faithfully, aligned with your heart. Her presence also signifies that if something isn't resonating, then do not hold on out of fear. Let it go. Trust that the Divine knows how to resolve any complicating factors. Despite her status as a goddess of magnetic attraction, Kurukulla doesn't resonate with clutter. Her fierce side repels it. This allows us to align our energies with what is truly serving the soul and to have the courage to release everything else (if it hasn't already been cleared through circumstances beyond our control, which tends to be evidence of her protective divine handiwork). Release and you shall receive!

INVOCATION RITUAL

Visualise, intend, feel or pretend that there is a vibrant, ruby-red light shining in your heart. You may see two beautiful yellow eyes—like a wild cat's—shining out from the centre, and an opened third eye gleaming back at you. Perhaps you sense tiny white fangs as her beautiful mouth curls into a smile. Here is

Kurukulla in your heart.

Say this prayer:

Kurukulla, beloved goddess of attraction and subjugation, I invite your sacred protection and wisdom to manifest in my life for the spiritual benefit of all beings. I open myself completely to life, held safely in the ruby-red sanctuary of your being. Clear my path to true bliss, Ma! My heart dances with yours in happiness and grace now. May all beings be liberated joyfully into your blissful nature! Jai Ma Kurukulle!

Her luscious ruby-red light shines through your being, spreading her joyfulness, courage and bliss, her blessings and protection, through all dimensions and in all directions, bringing benefit to all beings. You may sense shifts as negative energies are controlled and then repelled, and as luminous grace increases joyfulness.

Repeat her mantra eleven times:

Om Kurukulle Hri Soham, Om Tare Tam Swaha!

(Sounds like, *OHM KOO-ROO-KOO-LAY HRI SO-HUM, OHM TAR-RAY TUM SWAH-HAH!*)

Finish with your hands in prayer. You have completed your healing process.




35. Kalika Tantrika

Our wild mother goddess overcomes duality, resting in the sweet spot of integration, healing and creativity. She facilitates the overcoming of tension and conflict, birthing sacred solutions and evolution into greater bliss. Kalika Tantrika is Kali, the tantric queen. She overcomes all karma, realigns pathways when we have veered off course, reverses the momentum

of negative uses of free will, and detaches draining energy cords, restoring us to full vitality. Her presence announces significant change and positive improvement in all aspects of your life, especially your spiritual life.


The tantra of Kali is the teaching of the eminence of the Goddess. Her appearance in a reading indicates a time when the feminine principle must be in the dominant position. This is not a declaration that the feminine is superior – it is equal to the masculine, yet different. It is a recognition that the feminine is the holding and birthing energy. To shift from one way, paradigm or political structure, the feminine must lead. As Kali, she disrupts negative power structures and holds the space for something completely new to emerge from the rubble.

The simplest way to describe the eminence of the Goddess is that it's the deep respect for intuitive knowing and action taken on the non-rational, yet deeply insightful instincts of the




heart. This is not about being emotionally reactive. There are multiple expressions of this sacred tantric inversion, placing the Sacred Feminine in the leadership position and deconstructing patriarchy. We practise it when listening to our intuition with complete courage, rather than going against our inner knowing for the sake of logic. Another is reversing the flow of what has been generated. This may mean halting a path you wanted to travel but have now come to realise is not honouring of your heart. It could be a breaking down of what has been established because it has become too restrictive and needs to be rebuilt in a new way — or perhaps released altogether. Remember, that which appealed to the caterpillar is not going to tempt the butterfly. As the soul evolves, our needs and desires often undergo a profound transformation, too.

Tantric teachings resonate less with clean, tidy and methodical approaches and more with wild spontaneous shamanic energies innately tuned to and responsive to life. The primal force of the feminine is moving you along your soul journey at present. To tune in to that primal power requires loosening the mental grip over your life. Allow for more space, more flexibility. If your schedule is so tightly wound that every minute is accounted for, set the intention to slacken the reins. The feminine needs freedom. She cannot be crammed into minimal spaces and expected to thrive. If you try to control her, she will rebel and when she is Kali, her rebellions topple kingdoms. It is possible to heal and transform—even radically—without evoking her wrathful nature if you are open to her guiding presence. Her wrath is love, so we need not fear it. But, it can certainly be a welcome change of pace for powerful shifts to be able to happen with grace and ease.



When Kali Tantrika arises in your reading, you are encouraged to listen to your gut and allow for wisdom to emerge. Act according to instinct and let go of methods that do not resonate with your heart — even if your mind tells you that not following those methods will lead to failure. The Tantra of Kali is the practice of unconditional trust in the feminine. Her ways are unpredictable, apparently ever-changing, and when she manifests as Kali, if you try to pin her down and control her, she's likely to lop off the offending appendage! Instead, we submit to her, entering into the black void of possibilities and not knowing with the realisation that even when we don't know what is going on, the Divine Feminine does. If we willingly open to her sacred knowledge, rather than try to impose our will and logic and desire upon her, she will show us what is going to work best.

This is a time when the heart-knowing must lead above the intellectual assessment of things. It is also when we are best moved by a greater guiding intelligence, rather than doggedly sticking to a plan and trying to assert ourselves. The feminine is not as direct in her approach as the masculine. Her seeds germinate in darkness. Her creative methods are not always seen, yet are powerful. The oracle brings encouragement that even though it seems like your will is being thwarted, or you are not getting what you want (right now), or you just wish you could have clarity and know your direction, you are still making progress. Things *are* coming together in the best way and something is growing that is aligned with the divine plan you were born to fulfil. You are encouraged to restore your inner energies, and move when you feel inspired rather than thrusting forward in an attempt to make progress. The Goddess knows



what she's doing. Her actions will benefit you, and all beings, profoundly. Allow her to have her way.

INVOCATION RITUAL

Place your hands at your lower belly. Sense the energies that stir and swirl into life when you place your loving, non-judging attention beneath your hands. Allow your awareness to move deeply beneath your hands as if you are moving into a vast, oceanic realm of feminine being within your body, no matter what your biology or gender may be. You can settle and meditate within this feminine presence. Perhaps that presence is gentle ocean waves rising and falling in a rhythmic lullaby, or a raging storm with flashes of lightning and shuddering thunder. Be with what is. Sense the grounding as your mental energies begin to descend into the belly and gather there, returning to the primordial and restorative ocean of consciousness deep within the sacral chakra.

Say the following prayer:

Jai Ma Kali, I drop into the realm of deep wisdom located in the belly. I feel for your guidance, for the innate pattern of intelligent, spiritual becoming that exists within my soul and knows how to manifest itself to fulfilment for the benefit of all beings. I open to your blessings, I let go of that which I have held on to more than I have trusted in you. Jai Ma Kali!

Allow any residual tension or stress to melt away. Be in the quiet bliss of peaceful, authentic, inner divine communion. Place your hands in prayer.

You have completed your ritual.



36. Artha of Kali

Her heart contains the seeds of your soul, and complete awareness of the divine destiny she has always intended for you. There is a sacred purpose for which you were born, and a meaningful, divinely protected pathway for you to fulfil it. Only you can decide to put your faith and commitment into that path, and to take one step at a time in honouring what has value to your heart, tuning into her loving plan. In taking those steps, the pathway will reveal itself, and you shall attract great blessings that will benefit all beings.

When the heart is ready, a compelling question arises: for what purpose was I born? The Sacred Feminine within the heart knows how to grow and evolve organically and instinctively. There is a sacred masculine energy within the heart, too. It yearns to manifest meaningful truth, to protect that which is worthy and to dedicate our efforts toward a clear purpose. It provides for our loved ones and creates a safe place within where the feminine values of love and connection can thrive. As that masculine energy grows and evolves within the soul, it expresses a desire to accomplish these aims for a broader community and a higher purpose. Artha, in that sense, is the search for meaning, for a higher purpose, for the methods of creative expression and spiritual exploration that give our lives clear direction and

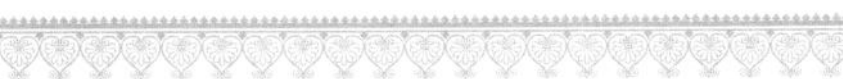


emotional fulfilment.

In our intellectually driven society, we prefer to know the destination first and then become somewhat willing to trust we are making progress, provided we feel in control of where we are going. However, the truth of the manifestation of life's purpose is somewhat different. The often painful first step is to give up our stranglehold on the how, when, where, who and what! Only then can we drop into an instinctive, more intuitive way which is guided from the feminine wisdom within. Then we will truly be making spiritual progress toward manifestation and fulfilment on every level. At these times, the rational mind is struck by the notion that it has no idea what, if anything, is happening. This is when the inner masculine needs to trust in the inner feminine. There may be some healing work required for that trust to be generated.

Such healing can ask you to have the courage and wisdom to move beyond the intellectual assessment of what you think you should be doing, and your self-created ideas about what evidence of success you should have manifested by now. You will need to shift from assessing your self-healing journey. You will be asked to allow yourself to grow into the path you are seeking. The acorn doesn't appear much like an oak tree, but it knows how to become one. You will have to trust in the innate intelligence of your own healing process and soul-knowing. Only then can you be sure you will not miss your purpose, nor attempt to climb mountains not meant for you (and that cannot bring you benefit, happiness or peace).

Artha, however, is not only about purpose. It is also about the capacity to accomplish our tasks, and the means necessary to do so. The Universe provides all such means – from emotional



learning to financial support. To be able to relax and receive such generous grace, we must be on our authentic path and may also need to resolve painful experiences that have taught us to distrust. Many people have a complex set of beliefs about emotional and material support. These are largely inherited, often not particularly functional, and yet adopted without reflection. We can struggle to realise that we can choose whether to hold on to those beliefs or let them go in favour of a different, perhaps more generous, kind and favourable viewpoint.

The oracle asks you to consider that your belief systems are not a reflection of an inviolable reality, but an expression of the best way you could deal with your past. You owe no allegiance to a belief system. It either supports you, or it does not. To allow yourself to be supported brings benefit to all beings. Give yourself permission to do the inner work necessary to open your mind to a more beautiful belief system. As Kali is rebirthing energy, it is time to dispense with the past, especially if there have been wounds around a lack of security. The oracle guides you to open your heart and mind to the reality of the material means necessary for your continued development being provided.

Even if you've struggled in the past, Artha of Kali brings assurance that you are capable of genuine material and spiritual prosperity. You can manifest that which has real meaning to your heart. You are forging your own authentic path. That will bring you fulfilment on all levels and bring positive spiritual repercussions for all beings, too. If you have reached a block or dead end on the path, trust that you have the strength to overcome it. It may not be through attempting to force something to happen in the material world, so much as working on reframing your beliefs and approach, so they are in complete

alignment with your inner values. That takes incredible strength and trust in yourself. Going through that process creates spiritual integrity and alignment. Even the greatest willpower to 'make things happen' will fall short of what is necessary to manifest your most beautiful sacred fulfilment without such inner spiritual integrity. Trust that the promise of your sacred success is being fulfilled through every challenge and blessing.


INVOCATION RITUAL

Say the following prayer:

Beloved Kali Ma, I call upon your divine feminine wisdom and the divine masculine power that arises to protect it, with discernment, strength and courage. I ask for your assistance in all ways, including your blessings of spiritual and material prosperity. May I move beyond my conditioning into unobstructed authenticity and spiritual integrity, to joyfully and graciously manifest my true purpose, bringing spiritual benefit to all beings. Jai Ma Kali!

Speak to Ma Kali from your heart about any and all concerns you have, no matter how big or small they may seem. Know that your words are being received and the answers are already unfolding in grace.

Imagine your words swirling and dissolving into her vast black presence. Out of that presence, a strong masculine energy rises like a gleaming silver sword. This energy is protective and powerful. It is your inner sovereignty to decide, to choose, to cast aside, to protect and respect, and is the power of determination and focused commitment. Recognise this as part of who you



are. The silver sword can be held in your dominant hand. Feel the strength of it. Then allow it to dissolve into your soul as gleaming silver light.

Finish with your hands in prayer. You have completed your ritual.



37. Dharma of Kali

Her every action is infused with loving purpose. Every challenge and every opportunity in your life exists by her divine design. Her spiritual intelligence is within your heart. When you trust in your integrity and proceed according to your soul's values, you are trusting and empowering her to be at cause in your life. Everything that is happening is part of how your prayers are being

answered. A new order is to be established. You are being led into it.

To honour the dharma means to live according to genuine spiritual principles. What those principles are depends on your inner values. To live according to your values means living with integrity of being, conducting yourself according to an inner spiritual code. If you are not quite ready to take such responsibility, or do not yet have the confidence to trust in your own values, work with an external moral code and attempt to align with that. Morality is like training wheels for the soul, imposing concepts of right and wrong. It is a top-down approach – mind first, then attempting to mould behaviour accordingly. Spiritual integrity is a different approach. It does not ask what others think about a matter or how we will be judged for acting in a certain way. Rather, it enquires as to what resonates as the most spiritually aligned course of action. It considers how we can speak and act in such a way that those inner values are




respected.

Adherence to external moral codes is useful in the earlier stages of development, but when a soul is ready to grow, being overly guided by morality can undermine spiritual progress. Morality can lead the soul into a state of psychological infancy, responding to externally imposed measures of conduct and aiming to avoid repercussions when a transgression is discovered by another. Or it may suffer with guilt and shame when a moral code has been violated — intentionally or not. In such a mindset, we hand power over to the collective that establishes the code, whether it be a religious, socio-economic, family or political group, or the collective more generally. In following that code, we can adopt something of a childlike attitude to punishment and reward. Hence, the shock when bad things happen to good people.

Those with the courage to grow into following an inner code take greater responsibility for their lives and actions. From greater responsibility arises greater freedom. In moving away from the crowd, such souls can forge their own path. This does not mean we act in ways despicable to others. Certainly, there are people who deny the power of a moral code, but also lack an inner connection to spiritual presence, and so move with an absence of integrity altogether. Such people create much pain for themselves and others, as they assume a level of personal power without the spiritual maturity to ensure that power is expressed benevolently.

Our evolutionary process for strengthening our connection to *dharma*, or 'spiritual law', transforms our relationship with ourselves, each other and the world. As we grow spiritually and mature at a psychological level, we naturally begin to cultivate



our inner values, eschewing those we have been taught that no longer resonate. We learn the often painful lessons of what happens when we abandon our values to pursue that which society says is more important — control, profit or personal gain at any cost, social status through positions of power, for example. We increasingly align ourselves with our values and adhere to them more courageously, evolving them according to inner resonance rather than outer effect. We realise that self-respect is more important than trying to control and manipulate outer events or other people. We are moved from an inner place rather than motivated by external rewards. As a consequence, it is spiritually safe for us to receive an abundance of material blessings because we know we will not try to sell our soul to obtain them.

The Dharma of Kali brings the message that your most abundant successes will manifest when you are aligned with your integrity. You do not need to put your faith in pathways or projects that do not resonate with your deeper spiritual knowing and values. Seeking the ways of the world to bring you what you need is only going to limit your spiritual progress and undermine the most abundant manifestation of your purpose. If you intuitively know that you need to engage with a more traditional worldly means of progress, then you can do so with your spiritual integrity intact and guiding you so you stay true to yourself in the process. As you are guided from within, you shall make the best progress.

INVOCATION RITUAL

Take a moment to settle your awareness on the flow of the breath. Is there something that has been troubling you? Speak

to Ma Kali from your heart.

Then say the following prayer:

Kali Ma, beloved wearer of the mala of skulls and marigolds, I bow to you. You are the way, the healing, the integrity and the resolution. You are the blessing, both in chaos and in grace. I release fear and attachment to outcome. I become free and ready to receive and be held within your divine will. I choose to trust you unconditionally. I surrender all concerns to you now, and open to receive clear alignment with the highest path for resolution and release that brings spiritual benefit to all beings. Jai Ma Kali!

Bring your awareness to your heart. You may place one or both hands over the heart to enhance that connection. Feel, intend, visualise or imagine that Kali Ma is shining there. Perhaps you see her as red and black lights, or you feel her love within your heart. Sense her loving blessing reaching down to your feet and flowing out through your feet into the earth. Your path is secured, grounded and protected through her loving grace.

Place your hands in prayer at your heart and bow your head. You have completed your healing process.



38. Kama of Kali


She is completely and utterly in love with your divine essence, and in her love, bestows endless gifts. Your path need not be one of endless effort.

Connecting with pleasure as a path of personal empowerment with an intention to bring spiritual benefit to the collective through softening and opening your heart, is an act of worshipping the Divine Feminine.

Relax into the presence of what is, as you slow your pace, and make swifter progress.

Kama is a Sanskrit word that refers to the sweet stuff of life — pleasure, emotional fulfilment and being completely present so we can experience life through all the senses. So, it is also sensuality and physical vibrancy. Without the quality of *kama*, our experience of life can become dry, bleak and intimidating, a joyless existence with simply more tasks to be completed. If we are feeling exhausted, lacking in the qualities of delight and lightness of heart, then we have become deficient in *kama*, sacred pleasure. In the realm of the Goddess, the enjoyment of life is a sacred act of devotion, gratitude and celebration.


In the throws of profound challenge and transformation, we can feel disconnected from our joyfulness. It's as though it were akin to the bright days of summer and we are midwinter, wondering how it ever was that we could frolic about in barely



anything when we now feel the need to cover ourselves with abundant protective layers. This is to be expected during times of intense suffering when we are dealing with an issue that has elicited grief or anger. Yet, if we allow our minds to remain open to the possibility of joyfulness and pleasure, they can find their way through like the sun breaking through clouds to bring us comfort. The oracle can indicate not only a more pleasurable way of being as part of your future but also an offering of pleasure now, even if you are struggling to ease the strain and make the way easier overall.

Accessing pleasure requires *embodiment*, a connection with the senses and the subtle nuances of feeling and beauty. Through embodiment, it is easier to receive healing. It can manifest through the uplifting scent of aromatherapy, the warmth of a shower, gratitude for a safe and comfortable place to sleep, the sumptuousness of warm clothes or a satisfying meal, the delight of playful silliness in animals, the nutty sense of humour of a beloved human, the simple appreciation for the flow of the breath, or through the openness of being that spontaneously occurs in response to an expansive vista of trees and mountains. Kama is the spiritual practice of presence that leads us into joy, even ecstasy and bliss. It is the juiciness of feeling truly alive.


If we have a complicated or confused attitude toward pleasure, the natural need for it can be denied or repressed. Yet, it will not disappear. It will arise in some indulgence, addiction or peculiarity of behaviour, which creates suffering because it is not the natural expression of the natural need. The Kali of Kama helps us reconnect to our need for pleasure and its healthy expression. The oracle speaks of a gift entering your life from the will of the Goddess. It is an invitation to relax and receive.



Sometimes, we may unconsciously attribute divine will with intentions to demand more and more of us. Yet, divine will has our best interests at heart. When we need to develop strength, it will certainly provide the experiences necessary for us to do so, but it also provides sweetness and pleasure which we can embrace, or not, using our free will. The oracle speaks of a need to embrace pleasure and the many gifts of the Goddess. This is not an indulgence. It can actually help you make progress on your spiritual path.

To be able to embrace joyfulness is a gift. It provides us with relief and release when the path has been truly difficult. It is the summer to the soul's winter. To grow, we need both. The Kali of Kama is a message that we should not discard our need for pleasure. So much of what society promotes as pleasure is little more than disembodied escapism that creates further suffering rather than healing. The natural and enhancing experiences of pleasure, however, are a mystical medicine. We can only access it through presence, spontaneity and connection to ourselves and life. The Kama of Kali is genuinely healing. That is how we recognise sacred pleasure, through its effect. It has far-reaching positive consequences and leads to more energy, commitment and discipline as a natural response to the alleviation of excess pressure.

This teaching is not about becoming hedonistic, or pursuing pleasure at any cost, without wisdom or benefit. Instead, the oracle asks us to engage with pleasure as an act of worshipping the Goddess. When divine worship is genuine, it doesn't add to the suffering of the world, but aids relief. To understand this, we can give up the notion of pleasure as selfish and begin to associate it with the sacred. The oracle brings comfort. It



speaks of the forthcoming grace of pleasure in your life and your capacity to truly be with it as an act of blissful divine devotion.

INVOCATION RITUAL

Reflect for a moment on your most pleasurable experiences that awaken joy and gratitude in your heart. Let that feel good.

Gaze at the oracle image. The lotus is a symbol of divine beauty and the pleasure this brings. Allow it to represent whatever you need at the moment, even if you don't consciously know what that could be. Be open, and simply allow for the sensation of your heart being filled with such sweetness and delight that it causes a purging of old energies and an expansive sensation of floating, freedom and love. Let your heart rest in this beauty now. Let your soul relax.

You may like to repeat the mantra of the goddess, Kali, and the goddess, Lakshmi, to seal in these gifts of the Goddess and allow them to multiply in your life for the spiritual benefit of all beings.

Om Krim Kaliyei Namaha. Om Shrim Mahalakshmiyei Namaha.

(Sounds like, *OHM KREEM CAR-LEE-YAY NAM-AH-HA. OHM SHREEM MA-HA-LUCK-SHMEE-YAY NAM-AH-HA.*)

Finish with your hands in prayer.

You have completed your process.




39. Moksha of Kali

Her passionate desire for your liberation is unflagging. And so your relief shall come swiftly. She is speaking to you from within. She is the voice of reassurance. Can you hear her? Trust her? Soon, you will see things in a better light. You are going to be liberated from the struggle you are currently experiencing. Be true to yourself and your life path and you will

attract the way forward as obstacles disappear. Do not turn away for you are destined to overcome all opposition, bringing your sacred path to fruition.

Moksha is a Sanskrit term meaning 'freedom' in the sense of complete self-actualisation and spiritual liberation. It refers to the attainment of enlightenment and is considered the final release from involuntary suffering. The distinction between voluntary and involuntary is made because at a high level, certain divine beings will take on the experience of suffering to assist those who are yet to experience moksha. They help to carry the load and move others forward.


Our love for another, our compassion for their pain, may make us wish we could take on their suffering, so they no longer need to struggle. This is counter to the divine perspective of higher beings. They enter into the realm of suffering to assist all. The Divine understands the purpose of suffering, that it can



lead us toward wisdom, strength and ultimately, empowerment. There is an art to alleviating suffering without depriving the soul of the growth it can bring. There are loving divine beings of great wisdom willing to help those trapped in suffering at all times. We can call for assistance whenever we find our pain difficult to bear, including the anguish we feel when faced with the struggles of others. These divine beings have sufficient wisdom and higher understanding to help in ways that create benefits for all.

There are times when suffering is so great that it threatens to overwhelm the soul. Perhaps that intense degree of suffering is a result of accumulated unresolved pain of generations of ancestors, resting upon the spiritual shoulders of one family member, brave enough to admit the truth when the others are trapped in delusion and denial. Similar situations can arise in a societal, religious, cultural or corporate context. Intensified suffering can be an initiation for a particularly talented soul who has the potential to bring light and freedom to the world. To achieve this, that soul must learn to deal with the darkness in equal measure. That typically entails periods of intense struggle until the best methods are realised to find peace and awareness without being overcome by pain.

Many mystics report dark nights of the soul—a struggle with negativity, suffering and pain of various kinds—that last for a long time. They are not failing on their spiritual path. They are at an advanced level. They are willing to engage with their struggles because of their great love for the truth, the light, for the Divine, in whatever form resonates for their hearts. Nothing can make them turn away from that great love. Higher love is the power that fuels moksha. It fuels the release from suffering. It is spiritual juice to keep doing the inner work, to seek the path



through and refuse to give up, even if we are still figuring out what our persistence is going to look like today.

The Moksha of Kali teaches us that our suffering is no source for shame, but rather, a badge of spiritual honour, acknowledging that we are deep on the soul's healing pathway. However, that doesn't mean that the more we suffer, the more spiritual we become, and the more spiritual we become, the more we have to suffer! It means our capacity to process our suffering increases, and in that increase, we experience more sunshine-through-the-clouds moments of peace, liberation and higher understanding. Rather than a way of life, periods of suffering become like toxins our body, mind and soul need to process and release, perhaps akin to digesting a meal but on a multilevel scale.

The oracle brings the message of relief and realisation. There is much you will accomplish through your own efforts, and much more that can be accomplished if you include regular prayers for assistance from the Divine as part of your lifestyle. If you have been working hard on an issue and wondering if it will ever give way to an improved set of circumstances, the oracle indicates that, yes, a time of freedom from this difficulty is on its way.

INVOCATION RITUAL

Say the following prayer:

Kali Ma, goddess of enlightenment, wisdom and grace. You are the beginning and the end. You are beyond this journey, beyond suffering, beyond all experience. Kali Ma, Nirodha Shakti, you who still the incessant fluctuations of being and bring peace, I call upon your wisdom to break the cycles that need to be broken. You are absolute and the completion. I rest in you Ma,

for the spiritual benefit of all beings. Jai Ma Kali!

When you are ready, you are going to enter into the cleansing power of nirodha shakti, the power of Kali that dissolves the fluctuations of the mind and provides the capacity to withdraw the senses from distraction and into restful inner immersion.

To do this, you may wish to rest in a darkened room or simply close your eyes. You can sense, feel, imagine or visualise Kali Ma in your heart like a powerful, black and magnetic force of love. She draws you to her so strongly that you must let go of your attachments to outer things, thoughts and rumination. Instead, allow your awareness to be captured by her, to be pulled toward her. Your sense of being is drawn into her deep silence. The agitations of your being settle and dissolve. Allow her to consume you, to absorb your thoughts, your ideas, your identities. There is just Ma Kali now.

Rest here for as long as you wish. When you are ready to emerge, place your hands in prayer. Ground yourself with some movement.

You have completed your healing.



40. Mantra Shakti

Her voice creates and dissolves universes. Her vibration within our souls creates our life path. You have the sacred power of voice. How shall you express it? To call for effective divine assistance in all ways? Do not allow negative thought or speech to undermine your inner spiritual connection. Claim your voice and your power to create. Listen for inner guidance and then set your course in motion. Though it may not yet be visible in your physical world, a new order is generating within the soul. In time, it shall manifest in transformed physical circumstances.


The power of the word as a creative force has been acknowledged through the scriptures of multiple spiritual traditions, from Hinduism, Buddhism, Christianity, and Islam to the New Age, and more. Word is vibration. It is resonance. It is sound directed into intentional form. Mantra is sacred word, a sound that holds not only the power to create form, but has medicinal qualities for healing mind, body and soul. In taking form, it creates new and vastly improved circumstances on all levels of our being. The sound of a beautiful voice can draw us closer, and the shrill sound of something harsh repels. Sound can bring harmony from chaos, and create beautiful patterns for manifestations that are healing and enhancing of life. It can disrupt and break apart that which has been built. Sound is powerful.

The oracle indicates that you have the power of voice at your disposal. You have the power to speak your truth, to set yourself free, to choose what you say and how you say it. Your voice has the potential to profoundly affect your reality. This is not about controlling others. It is about claiming your power of choice and voice.

It feels empowering and profoundly healing to work with mantra. The very act of using the voice with intention brings about change. It reconnects us to our divine empowerment, the innate creative ability we were granted along with our voice. It is the opposite of victimisation, despair and doubt. It is a connection with sacred power and higher consciousness directed with willpower. It is refusal to be silenced or subjected to an unconscious fate. It is the claiming of voice to co-create an inspired, deeply guided and fulfilling divine destiny. It is taking the reins and sacred surrender into greater divine wisdom. Mantra is a pathway of connection to the higher self and the ancient ones of divine wisdom that continually watch over and guide humanity's spiritual evolution.

The sounds of Sanskrit mantra are said to have been shared by ancient *rishis*, or 'sages', who handed teachings from the higher spiritual planes down to humanity. They did so to help humans deal with the challenges they foresaw, and are still as relevant today as they must have been thousands of years ago. There are mantras for different purposes, and the simplest mantras can be very powerful. There are 'seed sounds', or *bijas*, which are single syllable mantras that evoke certain realities, including the realities or realms of various deities. The Kali bija is *krim*. It sounds like, *KREEM*.


Krim is a sound for invoking the *shakti*, the power and activity,



of Kali Ma in our lives and the world. It generates a powerful inner spiritual current, propelling the soul toward awakening. It breaks cycles of bondage. It aligns our will with hers, allowing the Divine Mother to direct us from within. Like Kali Ma, this mantra is fierce and powerful yet protective and bestowing of blessing. If you are facing negativity, challenge or feel deeply guided to connect with the loving presence of Kali Ma, then this mantra is a powerful shield of protection.

However, just like working with Kali, working with her mantra is not for the faint-hearted. When we set a boundary, it is natural that there will be a time when others attempt to cross it. We do not need to feel fearful of this, but rather, be wise to it. The spiritual path is not something we walk occasionally. It is a way of being that is a relationship to the Divine. We understand there will be times when we need to call on the protection of that relationship more so than others. This is not a burden to the Divine, but a beautiful opportunity for us to realise just how loved we are. When we call upon the Divine, we are always answered.

The message of the oracle is that you have the divine birthright to choose how to deal with negativity. You do not need to allow it to gain influence in your being. Allow others the choice to behave as they wish, with the respect that each path is unique, that we cannot know how another needs to learn and grow through their life journey. However, that is not an excuse to allow for negativity to infiltrate your being and undermine your spiritual relationship with yourself, the Divine and your spiritual path that can bring benefit to the world. The oracle brings a message from the Divine Mother. If you have need of something, ask for it. Use your voice in a way that helps you, and



empowers the Divine to help you, too.

INVOCATION RITUAL

Be seated or stand comfortably. Allow your awareness to settle on the flow of your breath, in and out. Move your jaw around in all directions to loosen tension subconsciously held there. To that end, you may like to massage your head and face lightly. Rub across your neck, throat and the top of your shoulders to bring awareness and release tension. Wiggle your shoulders. Can you breathe in and exhale more deeply now, too?

Feel your sense of grounding and connection to the earth beneath you and to your body. Press your feet into the floor. If you cannot do this physically for any reason, imagine you can do so energetically. Sense how your entire body is connected to the flow of breath.

When you are ready, say the following prayer:

Beloved Kali Ma Devi, I call upon the light – HREEEEMMMMM! – and I call upon your true nature – KREEEEMMMMM! May the light bring peace and may your true nature bring freedom. May there be perfect balance between calming and liberating forces. I lay claim to the creative divine power within me, and choose to align myself with the divine feminine power that protects, nurtures and liberates all beings with perfect wisdom. I trust in you, and say your mantra, for the spiritual benefit of all beings. HREEEEEEM! KREEEEEEM! Jai Ma Kali!

Finish with your hands in prayer.

You have completed your ritual of invocation.

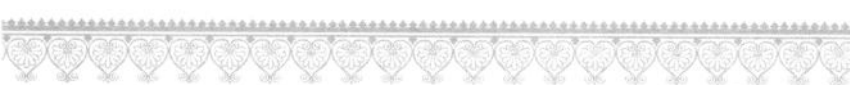


41. Krishnau

There is spiritual intelligence within your soul. It is the genius of becoming, of ripening from potential into glorious manifestation. Intimate communion with your own heart will reveal what it is you truly yearn for and set the process in motion for that yearning to be satisfied. The holy fire is Kali. And she is within your soul. Follow the yearning, seek the light. Let yourself

burn bright for what inspires you, and you shall see the path to fruition clearly before you. Believe in what is meant to be.


The name, Krishnau, translates as 'you are fire'. Agni is the two-headed deity of fire and a potent symbol of supernatural power. On the physical level, fire generates light and heat to cook food, thereby representing both transformation and nourishment of the life force. The inner digestive fires that metabolise food and allow us to gain nutrients represent the inner nourishment of fire and symbolise the soul's need to digest our life experiences for spiritual growth. Fire can create purification for regeneration, such as that seen in a forest after it simultaneously burns away old growth and stimulates new seeds. In that sense, it is also the power of ripening, of bringing something from an idea or potential into fruition and fulfilment of innate purpose. On a spiritual level, fire attracts the soul, helping it find its way through darkness toward warmth and light. The life-enhancing



and alchemical properties of fire, transform physical materials as well as the subtle body of the soul. The appearance of Krishnau in a reading indicates the tremendous potential for personal transformation and spiritual growth. You may feel like you are struggling, but your soul is actually gaining strength. What you desire may seem so far beyond your current reach, yet the oracle indicates your inner potential for tremendous accomplishment.

The Hindu texts say that Agni exists not only as fire but as lightning and the sun itself. Lightning is a symbol for sudden illumination that emerges unexpectedly, often in the midst of a tremendous psychological or emotional storm. In that sense, Agni is the power to see with clarity. Such a powerful and searing insight can be intense enough to uproot a stubborn psychological pattern permanently. This is one reason why Kali is known as the first of the seven tongues of Agni, the divine fire. The jolt of her uprising wisdom, the severity of her suddenly-bestowed clarity, can burn down the house we have built. We can no longer sustain a comfortable delusion. We must become honest with ourselves or change our approach to a situation based on the new information available. There is a temporary loss to gain greater freedom to grow on all levels.

As the sun, Agni represents the light that ends the darkness. Yet Kali—the Divine Mother of dark grace—is the first of the tongues of divine fire. This is the key to Kali’s mysteries. It differentiates her from the concept of darkness as an evil or obstructive force against our spiritual awakening. Kali leads us into darkness to free us, not to impede our progress. She destroys in order to create, not to annihilate. In that sense, her divine darkness is light. This is the mystery of Kali and why we can trust her so implicitly, understanding that sometimes, it is



only in moving through the darker times that we become aware of what is needed to live with more light.

As a tongue of fire, Kali Krishnau consumes all offerings. She is the divine capacity to receive our prayers, our pains, our craziness and our graceful heroism. She receives it all. She not only receives it, but as fire, she transforms the offering so it can nourish, heal, revitalise and purify the soul. This is divine feminine alchemy. Kali is the divine alchemist, and because she is a tantric goddess, if we offer her even our most broken and messed up selves with a sense of reverence and humility, she will accept the offering and manifest grace from it.

There is a deeper purpose to making an offering: the opening up of a channel between ourselves and the Divine. The Divine doesn't need to be cajoled into loving or wanting to help us. It is the human that needs help dragging the mind away from a fixation on what is wrong into the openness and presence that allows for divine grace to flow and for us to receive it. While the offering appears to be about what we are giving, it is enabling the capacity to receive. It may seem like offerings are tokenistic, but a true offering is hard to give. It is hard because it requires that we shift our presence, our state of mind and being. The more we do this, the greater the offering. It matters less what the form of our offering is, but more how it affects us internally. The oracle of Krishnau brings the message that whatever you need and desire you can have. However, you must be prepared to enter into the sacred fire to make the appropriate offering. When we choose to make the supreme offering of ourselves to Kali, we are fully received, and thus activate the flow of grace in our lives for the spiritual benefit of all. The oracle asks you to shift from focusing on what isn't working to immersion into the Divine Mother's

heart. All can then be resolved and shall manifest according to her loving grace.

INVOCATION RITUAL

When you are ready say the following prayer:

Kali Ma, tongue of divine fire. Agni, lord of light and fire. Please accept my humble offering as I surrender my attachments and offer my innermost being to the sacred fires of divine love and wisdom. I ask for your cleansing, healing protection and fully-actualised divine transformation. May every aspect of my being become what it is divinely intended to be, through your grace and for the spiritual benefit of all beings. Jai Ma Kali!

Imagine, feel, intend or visualise that there is divine fire before you. This fire is sacred, cleansing, protective and renewing. You can pass through the flames, and each time you do so, whatever you are willing to release, to offer up, is received. It is your choice as to what that shall be and how many times you pass through the flames. It is an intimate act of relationship between you and the Divine. You may see Kali dancing in the flames. Intend to let go, to bring your focus into making an offering. It all happens in the heart. You don't need to overthink it.

When you are ready, ground yourself in the present moment. You may notice that you are not as you were, even if you cannot clearly articulate why or how that is so.

Place your hands in prayer and bow your head. You have completed your ritual.

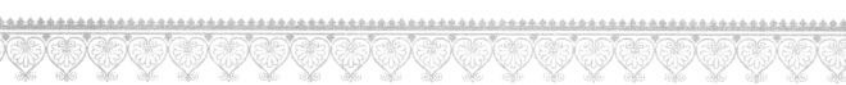


42. Kali Kalmasa Nasini

She devours darkness with her endless hunger for light, peace and redemption. She reaches the deepest places, the darkest spaces, relentless in her pursuit of the lost and despairing. No soul shall ever be forgotten, abandoned or betrayed by her. Those that believe in their own guilt, their sin, their shame,

evoke her mighty tenderness and she feasts upon the darkness that threatens to consume them, alleviating the weight of their suffering, allowing their hearts to become light and free.

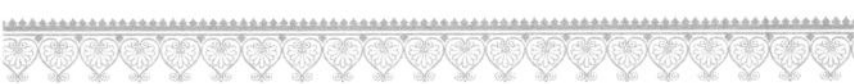
The name, Kali Kalmasa Nasini, translates as 'she who consumes sin'. She destroys ill intent. She eradicates mistakes. Here is Kali as the supreme divine weapon. She is the archer and the arrow. She is the divine mind unleashed so it shall raze anything built on negative foundations, and who vanquishes all evil. Hers is the power of *pashupatrastra*. This is a Sanskrit word which refers to 'the ultimate spiritual weapon'. It has the capacity to neutralise every other weapon in the Universe. This divine weapon can be unleashed in numerous ways. Whether its power is delivered by arrow or sword, or a release of a thought, glance or sound from the divine mind, its action is unequivocal and swift. In the blink of an eye, something once considered as solid as a rock is reduced to nothing.



The manifestation of this power is so great that we must take pause to consider our motivations, to have kindness and detachment when connecting with this form of Kali Ma, or indeed any of her forms. Fear can make our intentions and actions unnecessarily aggressive. Better to come to Kali from a place of gentle heart and unwavering firmness of sanctuary in her wisdom. Better to recognise that her wisdom, rather than our own point of view, can accomplish the best outcome for all beings. Better to trust in her divine justice and mercy, than your concerns about whether you or another shall be held karmically accountable for your actions. You can release all such concerns and simply trust in her. This will bring peace to your mind and allow you to let go of the past, your mistakes and the errors of others, without being harmed. You will learn, but you will not suffer. This brings spiritual benefit to all beings.

There is a commonly held view that the more powerful you become, the more aggressive or forceful you must be. The Divine Mother offers us a different perspective. You can be simultaneously fierce toward ego and kind toward the heart. With true power comes wisdom, and wisdom knows when to be gentle and how to obtain ever greater outcomes through tenderness rather than force. Sometimes, a strong and unwavering approach, even sacred rage, may be necessary to accomplish a task. But more often than not, there will be another way.

Kali Kalmasa Nasini comes to us when we need to know we have so much divine support for our purpose that we can afford to handle what needs to happen with some care. We don't need to approach every conflict with all guns firing. Although the power will rise up to meet the need, we can give some breathing



space for that to instinctively happen, and only to the extent necessary. The Divine knows how to accomplish things in the best way. If we strengthen our inner connection to that divine wisdom, we will spontaneously know how to proceed. The oracle guides you to be present and do only what feels correct in each moment, rather than to react or decide what you think your behaviour should be. You will sense the best way to proceed as you stay true to your intuition and instincts. The Divine Mother is guiding you, and you do not need to fear.

There is also the expression, 'what's done is done'. In this emanation as the consumer of sin, Kali Masa Nasini devours past error. This concept of sin is not intended to elicit guilt or shame on our part, but to give us a sense that we can become free from what has been – to learn from it, yes, to allow it to continue to define us and direct the course of our lives, hell no! If we feel that what has been done is too great to deserve such compassion, remember that the Divine Mother's blessings are only able to bring benefit to all beings. It is the human perspective that sees things in terms of winning at another's expense. In the higher and truer view, that is simply not possible. True benefit brings spiritual benefit to all beings. What is truly right in the spirit, rather than a matter of one person's opinion versus another's, is ultimately best for all.

When this oracle arises, it is a call to give up the past and your stories about it, especially those that tether you to something you have long since outgrown. Let yourself off the hook. Trust that if you have been beaten down, you will rise with divine grace to believe in yourself and your path, and to know that ultimately, your divine destiny can never be overcome.

INVOCATION RITUAL

Say this prayer:

Kaliḡa Kalmasa Nasini, devour the sins that fuel negativities. Protect me from utterances and intentions not in harmony with your divine wisdom and loving plan. I seek refuge in your supreme power and become free from regret and free from fear. I have learned and now I let it go. May nothing stand between us, may our hearts be as one. You are beyond speed, you are immediacy. You are the perfect tempering of power and mercy. You destroy and you protect. I trust in your grace, Ma. Jai Ma Kali! For the spiritual benefit of all beings, Jai Ma Kali! Jai Ma!

Place your hands in prayer at your heart. Feel and sense Kali's wild ferocity and the sense of peace and security you can find in leaning into her still centre. Allow yourself to feel her wildness and power in your soul, and her grace and wisdom of restraint, too. You do not direct this. You surrender into her with complete trust. Feel the alignment and closeness between your hearts.

You have completed your ritual.




43. Gauri Devi

Champion of the sweet souls with fierce hearts who are underestimated and passed over. She who is gentle as the deer and ruthless as the lioness, who is the capacity within the awakened heart to rise, to overcome obstacles, to have faith without any evidence of victory, and to rally the spirit until the right moment to act—and win!—is felt. She is non-conformity and the

freedom to be one's true self. Recognise your own beauty and value, irrespective of whether another has the capacity to behold it at this time. You shall shine.


The Divine Feminine is often misunderstood. She is stereotyped as weak and passive, and therefore, underestimated or dismissed, or as devouring and castrating, so is feared or spurned. Yet, she is not one thing or the other — she is the wisdom of what is needed. Gauri is the secret softness and light that is part of Kali. We could call her Kali's bright shadow. Gauri is domesticity and accessibility, where Kali is wildness and mystery. Gauri is jewelled with gems, Kali with skulls. Gauri is dressed beautifully in sumptuous attire. Kali is naked, smeared in ash and blood. Gauri shows how to operate within social systems, whilst Kali rejects and disrupts social conditioning. Gauri creates harmony and connection, whilst Kali is autonomous and independent. Gauri is culture, whilst Kali is untamed. Gauri



gives, and Kali takes away. Both work toward the same purpose of protecting and empowering the soul, by whatever method will work at that moment. Both are manifestations of the one feminine divinity.

One story holds that Kali went to the river to wash and she emerged fair, as Gauri. Soon after, a demon lurked nearby. Her dark skin re-emerged and that was the end of the demon! One lesson from this story is that our fierceness is always within us. We can trust in that and relax into our gentler and more easygoing side. Fierceness in the context of Kali is fierce wisdom. We do not need to cultivate an inherently violent way of being, but rather, allow fierce wisdom to spontaneously arise when needed. This story also shows us there are times to embrace the darkness and times to shed it. We can move into a lighter mood as a way of growth and healing, knowing the dark wildness is within when needed to overcome a potential obstacle. It will destroy what threatens to compromise your light, and then it can be at rest once more. This is not something we have to contrive. Instead, we can practise allowing for instinctive wisdom to guide us.

In another story, a terrible demon attacked a royal city. None of the powerful local men could defeat it, and great concern arose amongst the local people. It was said that only a virgin woman could have the power to conquer this energy. None of the women could manage it until the responsible, kind, noble and courageous goddess, Sita, stepped forward. She transformed herself into Kali and destroyed the demon as if she were snapping a branch! She was so intimidating in her awesome power it is said her powerful husband, the magnificent god, Rama, begged her to return to her domesticated form. She obligingly did, donning her beautiful clothing and neat hair once more. Yet, beneath that kind mantle



of a civilised and cultured woman is sufficient divine power and ferocity to be a complete badass when needs be.

There are times to allow and others to set clear boundaries. All can be an act of love. It is loving to communicate in a way others can understand. Some cannot understand gentleness and require a different language to know your boundaries and need for respect. There is a story from the Hindu saint devoted to Kali, Sri Ramakrishna. He speaks of a snake who was terrifying the villagers, biting and killing them with his venom. One day, a sage encountered the snake in the field and taught him about compassion. The snake no longer attacked the villagers and they no longer feared the snake as a consequence. One day, the travelling sage returned to the village only to find that it had been severely injured following an attack by some local boys. With compassion for the snake, the sage taught him that just because he no longer wanted to bite the villagers, didn't mean that he couldn't hiss! He had swung too far from Kali toward Gauri. He needed to find a way to accomplish his purpose, with compassion, but with wisdom, too.

When Gauri Devi arises in a reading, you are asked to check your boundaries and tune in to your capacity to hiss, to realise you are entitled to be kind but also to be respected. If you have seen yourself as a badass, it is time to embrace your softer side. If you have been soft and doubted your ability to stand up for yourself, you have simply forgotten that you are also Kali. Play with the balance, with what resonates, and know that if you allow for it, the Divine will spontaneously arise from within, and in whatever form shall accomplish the task. Take responsibility for the consequences of your actions while trusting in her methods that flow through you.

INVOCATION RITUAL

Say the following prayer:

Beloved Kali Ma and Gauri Devi, you are dark night and bright day. You are wisdom and compassion. I quiet my mind to dispense with conditioned responses and tune in to the authenticity of your presence within my heart. I feel for your instinctive, spontaneous arising. I trust in your method and your greater guiding purpose, which benefits all beings. Jai Ma Kali! Jai Ma Gauri Devi! Jai Ma!

Place your hands in prayer at your heart. You may see, sense, feel or visualise a swirling interplay of fierce, dark night and clear, serene day. These energies support each other, rising and falling as needed. They are completely instinctive and trustworthy. You may sense the presence of the Mother of Light within the day and the Mother of Darkness within the night. Sense how you are empowered and spiritually protected in all ways.

Allow that feeling of inner security and spiritual love to shine from your heart in all directions, through all dimensions, for the spiritual benefit of all beings. When you are ready, take in a deep breath to honour Gauri, and exhale fully to honour Kali.

You have completed your ritual.




44. Bhavatarini

The tantric priestess of karmic release manifests with the capacity to integrate higher divine energy into even the most stubborn patterning that has so far resisted healing. When momentum is building, and you don't know how to stop fuelling the fire or reverse the damage, she appears. Her presence indicates that this is a powerful time for spiritual work and healing practices. She will support the work, and much growth can come from it, particularly at this time. No matter how wild they may seem, the storms of your life shall be gentled. You shall emerge unharmed.

Goddess Kali as Bhavatarini is the tantric priestess of karmic release and spiritual blessing. She liberates devotees from karmic struggles, especially those who keep repeating the same patterns with different players. Her presence in a reading implies the Divine Mother's blessing of a divine disruption. Sometimes, the jolt of the disruption is such a shock that it is temporarily unpleasant, and we feel, therefore, that it is unwanted or harmful. However, once we allow the workings of such disruption to realign our affairs, we will come to recognise and be grateful for what is taking place. We will see it as a saving grace rather than something we had to endure. The oracle predicts the ceasing of restrictive or negative influences.


Ma is adorned with flowers in recognition that she is



celebrated during puja. Unlike the fierce Kali who is adored in fearsome places in the dead of night, the kind Bhavatarini is adored in celebrations of the light. The *puja*, or 'sacred ritual', can be very simple. In its most basic form, it is a call to the divine ones to manifest on Earth. It is a creation of light and has a cleansing effect on those doing the puja and, if the intentions and receptivity are strong enough, on the surrounding people and areas.

Bhavatarini teaches that our spiritual activities can have a positive influence, more so than we think is possible. In a reading, Bhavatarini foretells of a profoundly positive and expansive energy that will become available to us if we are willing to open our hearts to her. She also reminds us that we don't have to wait until things become severe to call on the Divine Mother's assistance. Why not call for her daily, not only to resolve issues but to prevent them from gaining traction in the first place? If we align ourselves with such simple and happiness-inducing wisdom, our lives can become peaceful and free from unnecessary drama.

Bhavatarini can take the form of Kali Phalaharini to destroy the results of our actions. *Phala* means 'fruit', and *harini* means 'a female who takes something away'. So, Phalaharini means 'the woman who takes away the fruit of our actions'. This means that she can conquer our karma. Kali Phalaharini can cleanse our *samkaras*, or 'mental psychic imprints'. These are the familiar grooves that keep the soul repeating patterns, lifetime after lifetime. They are comprised of habitual ways of thinking and behaving that prevent us from evolving into something new and more suitable. They are the karma of 'stuckness', limiting our freedom, creativity and expression.



Samskaras can be negative in quality—such as an inhuman compulsion toward perfection—but they can be something we consider positive, such as a repeated attraction toward being a healer. Although being a healer can generate spiritual benefit if we identify with it, it can undermine our freedom to grow spiritually. It can become overly restrictive, and even lead to suppression of aspects of our authentic being that don't readily 'fit in' with the healer archetype.

In the example of a healer, the Divine Mother recognises the goodness in your heart and your genuine desire to assist. Yet, she will do what is necessary to protect your spiritual awakening and free you from your attachments (yes, even the attachment to helping others). This doesn't mean that you no longer want to be a healer or that you are blocked from doing so. It means you will not be able to prop up self-value using external roles. Ultimately, this is a gift, but it is a lesson that many healers find painful in the beginning. They need to learn how to offer their heartfelt work and not be attached to how it is received. If they see immediate results and powerful effects of the work, the challenge is to not identify with what is happening and make the divine grace about their own ego. If the ego is failing these lessons and getting caught up in feeling superior or inferior, then the Divine Mother will intervene.

The lesson is that you can relish the roles you play in your life without allowing them to define you. You are asked to take care that you don't restrict yourself to the roles you play. Embrace the spiritual freedom and unconditional love necessary to be your full authentic being. You are asked to bear the discomfort of no longer relying on certain familiar patterns to give you validation. This will open you up to greater self-realisation, self-possession,

and joyful freedom to be your whole self. You are on the cusp of a beautiful breakthrough into a more positive era. To amplify her blessings, open your heart to the unfamiliar.

INVOCATION RITUAL

Say this prayer aloud:

Beloved Ma Kali, Bhavatarini, Kali Phalaharini, please help me release attachment to the outcomes of my actions so that your grace can manifest without inhibition or constraint. Please abort negative karmic momentum flowing from me or toward me. I place my trust in you. You are the strength that overcomes the current. You are the peace that arises in letting go. You are the graceful and effective wisdom manifesting spontaneously for the spiritual benefit of all beings. May your beautiful kindness and liberating wisdom emanate within my heart, always. May I love you more than I love certainty and control! Jai Ma Kali! Jai Ma! Jai Ma! Jai Ma!

See yourself seated upon a lion throne with thick garlands of red flowers about your neck hanging over your chest. Stick out your tongue and breathe out a fierce cleansing breath. Then become peaceful. Place your hands at your heart. Sense that there is a guiding presence that knows exactly what needs to happen and when for the spiritual benefit of all beings. You can trust in that. You now become willing to rest in spontaneous wisdom of the heart.

Place your hands in prayer and bow your head in gratitude and reverence. You have completed your healing process.




More about Kali Ma

If you would like to learn more about Divine Mother Kali, you can find Alana's in-depth teachings about her, and her special relationship with four other faces of the Divine Mother—Kuan Yin, Mother Mary, Isis and Tara—in the book entitled, *The Kuan Yin Transmission*TM. You can find meditations and music dedicated to Kali on *The Kuan Yin Transmission*TM multi-album download and CD, and on Alana's meditation album, *Black Madonna Meditations*. You may also enjoy the beautiful *Kali Oracle Journal and Practices for Sacred Introversion*.

About Alana

My heart knows and loves yours. To support your sacred heart path in this lifetime, my heart has created an abundance of sacred offerings. They include a yearlong online healer training program called *Saraswati Healing*TM. There are inspired training opportunities in *The Kuan Yin Transmission*TM, a powerful yet elegantly simple form of sacred energy healing, where I share beautiful techniques for connecting with the Divine Feminine in the form of Kuan Yin, Tara, Mother Mary, Isis and Kali.

I also facilitate inspirational retreats to sacred places and have created meditation albums, healing music albums, books, and oracle decks to encourage your spiritual awakening, soul empowerment and personal healing. Your light is so needed on this planet. My work is my offering from the light within me that



honours the light within you. It is *namaste* from my soul to yours. If you'd like to know more about what is available for your path, visit my online home at www.alanafairchild.com.

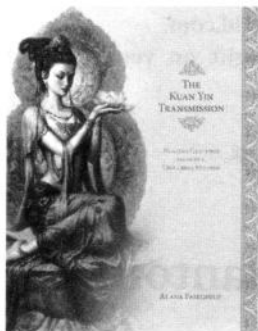
Wishing you true healing and delight on your path of awakening and return to your self.

*With love and blessings,
Alana*

—About Jimmy Manton—

JIMMY MANTON is an illustrator and animator based In Melbourne, Australia. As an illustrator, he specialises in commercial art, digital art and painting. Jimmy is a lifetime sci-fi and fantasy enthusiast. These interests often inform and influence the way that he depicts and visualises different mythologies and brings ancient worlds to life. He has created unique art for a number of Blue Angel titles and currently works as a commercial animator. See more of Jimmy's work at www.jamanimation.com.au.

— Also Available from Blue Angel —



The Kuan Yin Transmission™

Healing Guidance from our
Universal Mother

ALANA FAIRCHILD

Open your heart and take the
journey...

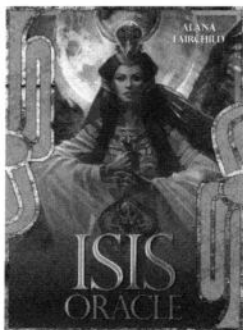
The Universal Mother belongs to humanity and we belong to her. You are invited into the wisdom temple of her heart, a place of sanctuary, miraculous grace and healing.

Begin your experience of *The Kuan Yin Transmission™* through the insight, wisdom and inspirational stories of bestselling author Alana Fairchild. Complete with stunning full-colour artwork, inspirational channelling and powerful healing processes to guide you into deeper conscious connection with the Universal Mother, this beautiful book unites Kuan Yin (Goddess of Compassion), Tara (Ancient Star Mother), Kali (fierce Black Madonna of India), Isis (winged Goddess of Magic and Soul Alchemy), Mother Mary (Madonna of Miracles), and more. Discover what it's really like to live as a channel of the sacred feminine. Embrace your magnificent divine destiny.

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312 pages, full-colour, hardcover book

— Also Available from Blue Angel —



Isis Oracle

ALANA FAIRCHILD

ARTWORK BY JIMMY MANTON

Awaken the High Priestess Within...

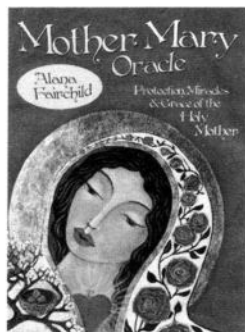
The High Priest or Priestess within you walks the path of divine love, power and wisdom. This is the path of spiritual self-mastery where we are initiated through the darkness of struggle into the light of love.

Learn to apply the Ancient Mystery teachings of Isis in practical ways to help you navigate through the experiences and challenges in your daily life. Allow the Goddess, this sacred priestess, initiate, magician and healer to help you reactivate your own soul talents of healing, magic and more as you journey with her from darkness and uncertainty into light, love and power.

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Mother Mary Oracle

Protection, Miracles & Grace of the Holy Mother

ALANA FAIRCHILD

ARTWORK BY SHILOH SOPHIA
MCCLOUD

Mother Mary loves you unconditionally, no matter what your religious or spiritual background. She

brings you divine guidance for healing. She holds you within her spiritual protection. She blesses you with miracles of grace. She is calling you to her, so that your soul may grow bright and shine its healing light in the world.

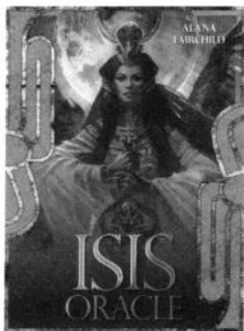
This moving and powerful deck explores the profoundly healing, protective and soothing energy of Mother Mary. Through this oracle, she brings you her guidance and wisdom and connects you with knowledge of your own spiritual potency and divinity so that you may experience ever greater peace and love on your life journey.

Illuminating illustrations capture the true essence of Mother Mary's extraordinary energy while the comprehensive guidebook offers detailed messages for each card as well as practical healing processes and affirmations to help you integrate the teachings of the Holy Mother.

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Isis Oracle

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Awaken the High Priestess Within...

The High Priest or Priestess within you walks the path of divine love, power and wisdom. This is the path of spiritual self-mastery where we are

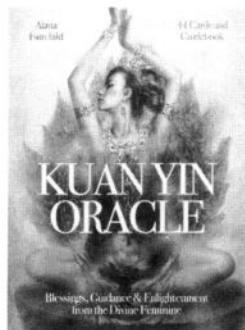
initiated through the darkness of struggle into the light of love.

Learn to apply the Ancient Mystery teachings of Isis in practical ways to help you navigate through the experiences and challenges in your daily life. Allow the Goddess, this sacred priestess, initiate, magician and healer to help you reactivate your own soul talents of healing, magic and more as you journey with her from darkness and uncertainty into light, love and power.

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Kuan Yin Oracle

Blessings, Guidance & Enlightenment
from the Divine Feminine

ALANA FAIRCHILD

ARTWORK BY ZENG HAO


The 44 cards in this deck guide you to a place of inner peace and beauty. Her energy reaches out to you from each card.

The messages, inspired by her presence and guiding voice, contain her wisdom to help us live a loving and enlightened life that is practical, spiritual and positive. The guidance in the messages and the practical exercises for each card nourish you on your spiritual path, help you realise that you are a divine Soul and learn to love, trust and live your highest destiny this lifetime.

May your heart be opened and touched by her grace.
May you realise her beauty is a mirror of your own divine Soul.
Blessings to you beloved one.

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