

Spellcasting

ORACLE CARDS

Spellcasting has been used by witches since the birth of magic and now that power lies in your hands. Each card of this deck connects you to the magical forces required for spellwork, to harness and manipulate the energies needed to bring about your desires. Discover how to work with moon phases, specific weekdays and candle magic, in conjunction with unwavering focus and intent, though invocation and incantations. Each spell offers empowerment and freedom, through the spellbinding act of transcendence, as you harness natural magic to positively enhance your life.



Flavia Kate Peters and **Barbara Meiklejohn-Free** are both High Priestesses and teachers of natural and ancient magic, who initiate others through the rites of passage of spellcraft.

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A 48-CARD DECK AND GUIDEBOOK

FLAVIA KATE PETERS
BARBARA MEIKLEJOHN-FREE

ARTWORK BY LISBETH CHEEVER-GESSAMAN

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HAIL AND WELCOME!

We've come together to create this deck for those whose hearts sing at the mere notion of magic, and who feel an affinity with the ways of natural healing in accordance with the magical laws of nature.

Our life's mission is to awaken you to embrace the magic of the Old Ways, and to help you harness your personal power in conjunction with ancient wisdom that's still relevant for the modern magical practitioner.

This deck brings together a selection of our favourite and most popular spells to enhance your life positively in every way. Each card message and spell has been crafted with the wisdom of old and natural magic to help you take control of any situation. To aid you further in your manifestation work, we've carefully selected ingredients that magically forge with the mystical forces of nature.

SPELLCASTING ORACLE CARDS

We hope these cards help you to work your magic and have the courage to step into your omnipresent abilities.

It's time to reclaim your power!

So Mote It Be....

Flavia & Barbara



THE ANCIENT ART OF SPELLCRAFT

For thousands of years wise women and men have weaved their beliefs in the supernatural with the power of spellcasting, through the use of herbs, crystals and other tools of nature. Our ancient ancestors naturally understood how and when to work with natural forces when casting spells, with focus, dedication and reverent gratitude to the deities, elements and spirit world.

The history of magic and spells between cultures, beliefs systems and religion is varied and different, depending on location and the tools available. Traditionally, in most cultures, the magic of spellcasting was orally handed down from mother to daughter. Spells that were written down were always hidden or coded, and only verbal knowledge was passed on to the next generation.

SPELLCASTING ORACLE CARDS

Across the ancient world, magical manifestation work was reverently honoured as spells were cast by invoking the assistance of the deities to empower the energy of the spells themselves.

Through the ages the safe practice of spellcrafting changed dramatically. This was largely owing to religion and medieval superstition. The use of magic and spellcasting had to be hidden as fear, doubt, ridicule and death overshadowed the once favoured healing craft of spellwork.

As the accusations of yesteryear are healed, a magical resonance surges throughout our very modern world, invoking all those with a natural magic and curiosity in their hearts and souls to awaken to the Old Ways.

By magically working with the mystical forces and cycles of nature, in conjunction with ancient wisdom, knowing and honour, we have the power to create and manifest a positive life of love, happiness and prosperity both for ourselves and the world around us.



WHAT IS A SPELL?

A spell is a powerful and sacred ritual of action that combines ingredients and the use of magical tools, symbols, elements and recipes with positive thoughts or words of intent to create a powerful effect.

Once your focus is honed fully it's possible to use the power of creating and manifesting by thought and visualization alone. Magical spells are powered by personal positive energy, desire, belief, faith, emotion, and an awareness to change and cast a desired effect. With unwavering focus and intent, spellwork harnesses and manipulates energy and the magical forces needed to bring about anything from healing and prosperity to walking towards one's destiny.

Before casting a spell you must be extremely clear about its purpose and what it is you want. As you make a statement of intent, you're instructing

the universe that you wish to affect change both for yourself and for the good of all. Or use your imagination, your visualization abilities, to picture clearly in your mind all that you wish to manifest magically. Ensure that you leave any problems, doubts, insecurities or negativity at your front door before you start. Magic needs personal and powerful energy in order to work. So stand confidently in your power as you invoke the divine spark to ignite the magic of your spells.

SPELLCASTING DOS AND DON'TS

Do:

- Know that you have control (this is the first step in spellcasting).
- Be confident and excited about what you're doing.
- Be specific in finding the spell that exactly fits your required outcome.
- Determine your goal, and focus.
- Be specific about what it is you want to achieve. Don't miss out any details.

WHAT IS A SPELL?

- Ensure your mind is clear, focused and positive.
- Be confident in what you're about to undertake.
- Ensure your spell is realistic.
- Practise charging your energy field through meditation, shielding and purification.
- Speak your words with positive intentions.
- Follow instructions to the letter. Miss nothing out. If the spell states you should use a pink candle, don't use a red one instead.
- Be patient, it can take time for a spell to work (sometimes a complete moon cycle).
- Believe, believe, believe!
- Take responsibly for your spells. Remember: what you give out comes back to you.

DON'T:

- Cast spells if you're feeling tired, run down, stressed or are suffering from negative emotions.

- Use negative words in your spells.
- Tell others about your spellcasting. Silence is power.

THE THREEFOLD LAW

This ancient rule of the Old Ways is based on the Universal Law of Cause and Effect: whatever you give out comes back to you three times, three times, three. Remember that our magical intention must always be done '*with harm to none*'.



MAGICAL MOON PHASES

Moon cycles, the monthly full moon, days of the week and the seasons all have a profound effect when casting spells. So choose your magical time purposefully, depending on which type of spell you wish to cast.

One lunar cycle takes around 28 days, and ancient wisdom and magic awakens within when one follows and works with the mystical phases of the moon.

DARK OR OLD MOON

This is a powerful time to banish or remove things, people or situations. It's also a time to neutralize spells made against others, for understanding fears and anger, and for bringing

about justice. This is a time of transition from the dark moon to the new moon.*

During this moon phase, magic is most effective when performed between **dawn and sunset**.

WAXING CRESCENT MOON

This phase begins 3½–7 days after the new moon and is a time of constructive magic to increase things. It signifies new beginnings and new relationships, and is the best time to set intentions and to focus intention for positive outcomes. Sow seeds for new ventures and witness new projects coming to life.

During this moon phase, magic is most effective when performed between **mid-morning and after sunset**.

FIRST QUARTER MOON

This is the best time to draw things in, such as money, success, friends, lovers or work, and to

* Between the dark moon and the waxing crescent moon is a period of stillness called the new moon, which is the space between the past and new beginnings. This is a very powerful phase of transition.

begin manifesting that which you most desire. The first quarter moon begins 7–10½ days after the new moon and is a time of acceleration and growth, and also a good time for house-hunting or finding lost objects.

During this moon phase, magic is most effective when performed between **noon and midnight**.

WAXING GIBBOUS MOON

This phase begins 10½–15 days after the new moon and is a time for renewal of strength and energy, to focus on willpower and see things through, and to surrender to trust and the universe. This is the most powerful phase of the moon for fruition and completion.

During this moon phase, magic is most effective when performed between **mid-afternoon and 3 a.m.**

FULL MOON

This is the time to release what no longer serves you, including old habits and other issues. This phase begins 15–18½ days after the new moon and is a time to harness extra power to overcome

difficult challenges, and to perform rituals and cast spells for protection, divination and the healing of long-standing illnesses. This is the time of manifestation and empowerment. Full moon energy is the most powerful of the lunar cycle and its magic is potent.

During this moon phase, magic is most effective when performed between **sunset and dawn**. Full moon at midnight is the witching hour.

WANING GIBBOUS MOON

This is a great time to expel all negative thoughts and influences. Waning moon energies rid and repel. This phase, which begins 3–7½ days after the full moon, is a time to decrease, to face shadows and to bring something to an end.

During this moon phase, magic is most effective when performed between **mid-evening and mid-morning**.

LAST QUARTER MOON

This phase begins 7–10½ days after the full moon and is a time of transition and change to avoid temptations. The last quarter moon is a remover of obstacles.

During this moon phase, magic is most effective when performed between **midnight and noon**.

WANING CRESCENT MOON

This is a time of banishment and retreat, and a healing of the transition between the death of the old and the birth of the new moon. It begins around 10½ days after the full moon and continues to the beginning of the new moon.

During this moon phase, magic is most effective when performed between **3 a.m. and mid-afternoon**.



MAGICAL FULL MOONS

Each full moon of the year has different energies and the opportunity to focus your spellwork on a different area of your life:

JANUARY

Also known as: Frost, Birch or Cold Moon

A good time for: Letting go of the past and invoking the new

FEBRUARY

Also known as: Ice, Snow, Rowan or Quickening Moon

A good time for: The journey of the soul inwards

MAGICAL FULL MOONS

MARCH

Also known as: Storm, Ash, Worm or Crow Moon
A good time for: Coming from the darkness to the light

APRIL

Also known as: Growing, Alder or Seed Moon
A good time for: Growth and the planting of new ideas

MAY

Also known as: Hare, Milk or Willow Moon
A good time for: Attention to your needs and of those you love

JUNE

Also known as: Mead, Hawthorn or Strawberry Moon
A good time for: Balance and understanding

JULY

Also known as: Hay, Thunder or Oak Moon
A good time for: Making plans for the future

AUGUST

Also known as: Corn or Holly Moon

A good time for: Removing excess baggage and being flexible

SEPTEMBER

Also known as: Harvest or Hazel Moon

A good time for: Completion and future prospects

OCTOBER

Also known as: Blood, Vine or Hunter's Moon

A good time for: Soul growth and deep wisdom within

NOVEMBER

Also known as: Snow, Ivy or Dark Moon

A good time for: Truth, honesty and reassessing your life

DECEMBER

Also known as: Wolf, Elder or Cold Moon

A good time for: Healing of old wounds and emotions



MAGICAL WEEKDAYS

Maximize your magical workings by focusing on a different aspect of your life each day:

SUNDAY

The day of the God Apollo, who is ruled by the sun. Sunday is imbued with energy and divine guidance. It's a perfect day to relax, unwind and focus on your health and wellbeing.

MONDAY

The day of the Goddess Diana, who is ruled by the moon. This is a day for discovering one's true potential and intuition, and a time for looking deep within and honouring emotions.

TUESDAY

The day of the God Týr, who is ruled by Mars. This is a day for projects, decision-making, and new jobs, also to fulfil dreams, goals and desires.

WEDNESDAY

The day of the God Woden (Odin), who is ruled by Mercury. It's a time for communication, expressing yourself and focusing on life decisions.

THURSDAY

The day of the God Thor, who is ruled by Jupiter. This is a day for gratitude and positivity, and a time for expansion of the mind, body and spirit.

FRIDAY

The day of the Goddess Frige, who is ruled by Venus. This is a day for love and self-care, and a time to create and connect with others.

SATURDAY

The day of the God Saturn. It's a great day to tackle big projects, to get organized and for being responsible, grounded and balanced.



MAGICAL DIRECTIONS, ELEMENTS AND CONNECTIONS

An understanding of the directions and how they relate to the elements, seasons, moon phases, time of day and connections with the mind, body and spirit (*see page 20*) will add power to your magical practice as you'll be working with the universal energies at their most potent.

However, if you desperately need to cast a spell and can't wait for a certain moon phase, weekday, etc., you can still work your magic. Gather all your ingredients and tools, cast your circle and wholly focus your intention on what it is you need to achieve. It may not be as powerful right away, but it will work nonetheless, depending on your intentions and energy.

SPELLCASTING ORACLE CARDS

Magical connections to supercharge your spellwork			
Direction	Element	Season	Moon Phase/Time of Day/Connection with Mind, Body and Spirit
North	Earth	Winter	New moon/ midnight
East	Air	Spring	Waxing moon/ sunrise
South	Fire	Summer	Full moon/noon
West	Water	Autumn	Waning moon/dusk
Above	Mind		Connection with the Universal Great Mystery
Below	Body		Connection with the Earth
Within	Spirit		Connection with one's inner universe, the Great Void



HOW TO CAST YOUR SPELL

STEP ONE: PREPARE YOUR SPELL

Once you have an understanding of the moon phases, weekdays and directions, you will intuitively know when to cast your spell. Every one of us is different, with unique moon signs in our astrological make up due to the day, month and location of where we're born.

When you live in tune with the moon cycles, your deep connection will naturally guide you as you feel and sense what is required, and when, to work your spells. The moon is considered to be one of the most powerful forces when working with spells and magic. It affects the tides, weather, animal behaviour, plants, and even our own moods and feelings. We, too, are ruled by the phases of

the moon, particularly women, who reflect the cycles during their 'moon time'. It's important to create your own unique way of spellcasting to find out what works best for you.

Focus on what you want and remember not to leave anything out. You need to be focused to use positive words and actions. You already have the emotions within you to fuel the spell you wish to work with. Prepare yourself the day before working with your spell. You may wish to meditate first, and ground and centre yourself by imagining roots growing from your feet into the ground. Once you're focused on your intent for your spell and have gathered your ingredients and tools, you should draw further energy from external sources such as the elements, deity of the day, direction and the moon (*see page 20*).

Slowly work on raising a cone of power (the energy required for your spell), then direct and release the energy as you keep focused on your intent for the spell to work.

STEP TWO: CREATE SACRED SPACE

It's important to create a place that's safe and private, away from prying eyes. Make sure you will not be interrupted. A small room or even a

shed is the perfect place to create a magical circle. If you have a garden you might want to create a space to cast your spells under the moon, while imbued by the elements.

To purify your magical space use sage or mugwort, or a herb or incense of your choice. Ensure that the sage you buy is reliably sourced and wildcrafted (by Native American peoples). If you cannot burn anything in your space, you can procure sprays that have magical space-clearing properties.

DETERMINE THE BOUNDARIES OF YOUR MAGIC CIRCLE

To do this you can either visualize a circle around you, sprinkle a circle of salt or place a ring of candles around you either physically or symbolically. A magic circle gives you protection and also contains the energy conjured and created within the circle itself. This magnifies and intensifies your ritual. Make sure all your tools and ingredients, including your *Spellcasting Oracle Cards*, are within the circle before you start, plus any items to represent the elements, seasons and directions you're working with.

Here are a few examples of items that represent the elements:

SPELLCASTING ORACLE CARDS

- **Earth:** pot plant, rock, crystal, sage, bowl of earth, salt, brown candle
- **Air:** feather, bell, incense, yellow candle
- **Fire:** dragon figurine, wand, red candle, tealights
- **Water:** seashell, bowl of water, mirror, blue candle

CENTRE, GROUND AND PROTECT

Stand in your magical circle and face the direction of north with arms outstretched, and say:

*Spirits and ancestors of the north,
element of earth – I call upon you
to help me create this spell.*

Repeat this in all four directions using the different elements: north/earth, east/air, south/fire, west/water.

If you wish, you can also honour *above*, *below* and *within* (see page 20).

STEP THREE: CHOOSE YOUR SPELLCASTING CARD

Sit comfortably and shuffle the deck of cards. As you do so, it's important to state clearly what you'd like to focus on. You may wish to say aloud one of the following, for example:

*I wish to create a spell that
can help me with work.*

*I wish to resolve an issue
with a family member.*

*I wish to meet my soulmate
and find love.*

When you feel ready, select a card and place it in front of you, picture-side up. Take time to absorb the words and image, then read the card interpretation in this guidebook for deeper insights and a personal reading. Once you've done this, you're ready to create your spell.

Each card interpretation will reveal a message, as well as listing any ingredients you need to work the spell, specific to your request. Gather all that you need so you are ready to perform your magic

during the moon phase and magical timings stated earlier (*see page 20*). If you wish to perform a spell straight away instead of waiting, then adapt your spell to suit your immediate needs. The most important factors when casting a spell during a nonspecific day or moon phase are your focus, intention, belief and imagination.

STEP FOUR: SEAL THE SPELL

Once you've completed the spell, close the circle you've been working in by stepping out of the circle or visualizing a doorway to step out of. Then seal your spell by choosing one of the four elements to suit the seal, depending on your magical ingredients:

- **Earth:** gather your ingredients, place them in a cloth bag or tin, then bury the bag or tin in the earth. This way your ingredients are contained together, grounded and protected.
- **Air:** let the winds carry away any natural ingredients.
- **Fire:** burn your ingredients (if permissible).

HOW TO CAST YOUR SPELL

- **Water:** submerge your ingredients into flowing water, or a deep body of water, and leave them there.

Another way is to take all the ingredients, place them in a bag or container and then use a wax seal on the tin, box or cloth bag. You can then place this on your altar for the spell to be infused with the energy of your focused intent until your spell is fully manifested. Finally, give thanks.



WORKING WITH CARD SPREADS

We've created these cards to enable you to give readings to yourself and others. Your guides are there to support you through any reading, and the more your trust this connection the more accurate your readings will be.

SINGLE-CARD READING

Shuffle the deck as you call on your guides to help you with a specific situation. You can do this aloud or in your mind, but be sure to be as specific and as clear as you can in your request. This could be about a relationship, your health or another issue that's relevant for you. Then, using your intuition, pull a single card from the deck, or shuffle the deck and wait for one to jump out. Now turn to the corresponding interpretation in

this guidebook: therein lies your answer and the spell to cast for the most favourable outcome relating to your query.

THREE-CARD SPREAD

Shuffle the deck and simultaneously ask your guides to help you receive an accurate reading for your highest good. Then, ask for the truth to be revealed about any situation you'd like more information about. Stop shuffling whenever you feel ready.

Take the top card from the deck and place it face up in front of you. Take the next card from the top of the deck, and lay this, face up, to the right of the first card. Finally, take a third card from the top of the deck and place this one to the right of the second card, again face up.



CARD 1: this card highlights the issue of the situation.

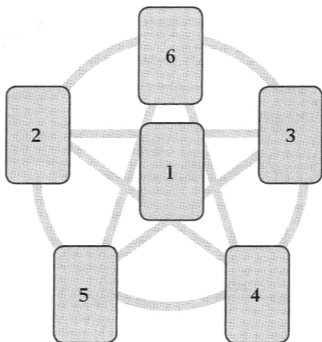
CARD 2: this card shows what's being hidden.

CARD 3: this card reveals the truth of (or the answer for) the situation.

Now, using this guidebook, you can read the message each card holds and perform each spell.

PENTAGRAM SPREAD

The pentagram is one of the oldest sources of protection and a portal of magic, its five points representing earth, air, fire, water and spirit. Six cards are drawn by the person for whom you're reading. Shuffle the deck face up before the first card is selected, then turn the deck face down and shuffle the cards again before a further five are drawn. Place the cards as shown below and turn them over one at a time as you reflect on their individual meaning.



CARD 1: PRESENT

This card represents the present situation for the person for whom you're reading.

CARD 2: AIR (THE WINDS OF INFLUENCE)

This card signifies the influences of others. Are people providing a positive influence or are they dragging the person down with negative messages?

CARD 3: WATER (INTUITION)

This is where the person will discover what they can learn from a situation, how they can adapt circumstances to meet needs and goals.

CARD 4: FIRE (THE INTERNAL CLEANSER)

This card indicates internal conflicts at play and shows the person's self-doubts and misapprehensions.

CARD 5: EARTH (KEEP GROUNDED)

This card indicates the overall issues surrounding them. What has made the situation stagnant?

CARD 6: SPIRIT (THE WHOLE SELF)

This card shows how things will be resolved if the person remains on their current path. It's what the other cards are leading up to; it's the culmination of the journey.

PLEASE NOTE

The spells, rituals and workings in this guidebook are for entertainment purposes only. It's important to cast the spell your way. We've given you guidelines, but it's up to you to create your own unique magical spell. These spells cannot be scientifically proven; therefore, you must use them at your discretion. You're responsible for your words, actions and deeds. 'Do what you will, but harm none' in this process. So Mote It Be....

A black and white illustration of a person with long, dark hair and a deer head, holding a glowing orb in a forest. The person is seen from behind, with their arms raised to hold a large, bright, glowing orb. The background is a dark, misty forest with bare trees. The overall mood is mysterious and ethereal.

INTERPRETATIONS
OF THE CARDS



ANIMALS

Magical Guidance

You often feel that you'd much prefer the company of furry and feathered friends to that of the human variety. You understand animals are special for they hold no judgement, only a pure love that radiates on a cosmic level. Show your appreciation of their loyalty and personal qualities by taking time out with an animal companion or playing with a beloved pet. The love you share with animals is special and continues when they pass over, as they remain faithfully by your side in Spirit. Losing an animal companion who's wandered far from home is a heartbreaking worry. Your prayers for protection will guide them safely back at this time.

Spell Incantation

Take a turquoise crystal and some hairs or feathers from your animal companion on a first quarter moon at night-time on a Tuesday. Face north and say:

*From dogs to horses, fishes to cats,
hamsters, gerbils, snakes and rats.
Friendships formed, trust is unfurled,
protection placed, secure their world.
Pet hairs and feathers are the key,
wrap round crystal carefully.
Turquoise for communication,
pat and stroke for adoration.
Two or four legs, fly, swim, crawl –
my heart has room to love them all.*

Tuck a turquoise crystal, wrapped in hair/feathers,
in your animal companion's bed and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ Train as an animal healer and communicator.
- ~ Support and campaign for animal charities.
- ~ A deceased animal companion is still very much with you.
- ~ An animal brings healing.



ANSWERS

Magical Guidance

You already know the answers to your questions. So why do you pursue the opinions of others? It's time to trust as you journey to the dark chambers within and boldly ask for the truth to be revealed to you. As the answers shine forth you'll find all the advice and knowledge that you need at this time. There's no need to seek the approval of anyone else, for the answers are all around. So keep a keen lookout for signs and signals from the natural and mystical world as messages appear to you through cloud formations, falling feathers and the dreamtime.

Spell Incantation

Take a book, such as a dictionary, on a Sunday during a waxing crescent moon, and say:

*No solution to the task,
details hidden, who to ask?*

*Wisdom's found deep inside,
higher self's the perfect guide.
Question posed upon closed book,
open up and take a look.
Random words for one to gauge,
answer found now on that page.*

The page the book is open at will reveal wisdom and the answer you're looking for. Now say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be...*

Magical Meanings

- ~ Visit a psychic medium for answers.
- ~ Investigate before proceeding.
- ~ Return to studying.
- ~ Somebody spills the beans.
- ~ Be open to receiving esoteric information.
- ~ Come clean!



BEAUTY

Magical Guidance

If only you'd open your eyes and marvel at the beauty that surrounds you. In fact, when was the last time you gazed at your reflection and told yourself how beautiful you are? Sometimes you feel attractive, yet at other times you feel cursed by the weight of ugly thoughts that you torture yourself with and sometimes direct towards others, too. It's now time to lighten up and smell the roses!

Make a list of all of your redeeming features and qualities, and learn to love them. As you feel the beauty expand within, it reflects back beautifully at you, through the hearts and eyes of others.

Spell Incantation

Sit in front of a mirror at dusk during a waxing crescent moon on a Friday. Hold a hairbrush, light a pink candle and say:

*A magic mirror to look in and gaze,
flame-lit glass reflects quite a haze.
Peer within and then start to brush
flowing locks slowly, don't try to rush.
Focus upon the 'belle' in my heart,
draw from its essence – a beautiful start.
Image appears, see with new eyes,
perception reveals attractive surprise!*

Now blow out the candle. Direct the extinguished flame smoke to your heart and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be...*

Magical Meanings

- ~ It's time to remove the mask.
- ~ Bullying has led to your insecurities.
- ~ Say daily: 'I see and feel beauty in everything.'
- ~ Vanity runs the show! Use natural products to enhance beauty.



BLESSINGS

Magical Guidance

When you desire someone else to experience the world through the sacred eyes of sanctity, honour and gratitude, then you offer them a great blessing. This is a wonderful way to work with the pure energies of the universe and to attract a cornucopia of abundance in your life. Remember that everything you send out comes back to you threefold, so open yourself up to receive great blessings from your guides, angels and great masters. As you say prayers for the world, dedicate candles, partake in yoga, read spiritual books, chant and burn incense as you raise your vibration and truly light up your life, and ultimately the world.

Spell Incantation

Hold a bottle of frankincense essential oil at sunrise during a waxing crescent moon on a Sunday at sunset, and say:

*Dedication, consecration,
commendation, invocation.
Prayers now said to setting sun,
blessings sent to everyone.
Frankincense for high vibration,
elevates divine protection.
Anoint oil upon the heart,
appreciation to impart.
Gratitude to be expressed,
sacred favour – truly blessed.*

Breathe in the scent of the oil to awaken to the blessings in your heart and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be...*

Magical Meanings

- ~ Count your blessings.
- ~ Give thanks for all the good in your life.
- ~ The approval you seek is given.
- ~ A dream comes true.
- ~ A kind act brings great blessings.



BOUNDARIES

Magical Guidance

You're being taken for a ride – again! People do like taking advantage of you, don't they? The problem is that you like to please people, and so you avoid letting them down and pander to their requests. You have a kind soul and would do anything for anyone. It's a beautiful gesture and you genuinely want everybody to be happy, but at what cost? If your own wants and needs are being ignored then always putting others first means that you're not valuing yourself. When you say 'yes' to others, make sure that you're not saying 'no' to yourself. Eventually you'll feel worn down, trodden on and resentful. It's time to be assertive and put boundaries in place.

Spell Incantation

Hold a piece each of rope and elder wood as you face north at dusk under a dark moon on a Saturday, and say:

*Limits reached, boundaries crossed,
advantage taken, respect lost.
Standing strong upon the earth,
elder, dispel to rebirth.
Wrap the rope around the wood,
binding two words, 'yes' and 'should'.
Releasing any obligation,
banishing all exploitation.
Divide and part, now draw the line –
boundaries placed, my life is mine.*

Purposefully draw a line with the roped wood in the earth in front of you and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be...*

Magical Meanings

- ~ You like to relieve people of burdens rather than impose.
- ~ You're under no obligation.
- ~ Saying 'no' empowers you.
- ~ See your demands from another's point of view.
- ~ Boundaries ensure respect and understanding.



CAREER

Magical Guidance

A daily routine can become rather monotonous and a new challenge is just what's needed to inject new life into work that's become increasingly dull. A new sense of responsibility and duty is the ideal solution to really make something of yourself. Your soul craves to express itself through your goals and achievements. Whether you wish to be authoritative, creative, hands-on or just part of a team, this is the perfect opportunity to reinvent yourself in the workplace. The universe supports a career move as you take deliberate steps towards your life purpose. Follow any signs, ideas and visions you receive as they point you towards your dreams. You were born for this!

Spell Incantation

On a Wednesday morning during a full moon phase, face east. Take three pieces of ribbon or rope, focus on your chosen career as you plait them together, and say:

*Stagnant, dreary, job's a bore,
focus, change, cannot ignore.
I'll weave intentions, make my goal,
invent, embrace the perfect role.
It's time to soar, ready to fly,
the only way to go is high.
Ladder of success I'll climb,
job of dreams is finally mine.*

Now pin your braid as high as you can to a wall,
tree or ladder and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be...*

Magical Meanings

- ~ A new career beckons.
- ~ Promotion is on the cards.
- ~ A dismissal is a blessing in disguise.
- ~ You're being called into service.
- ~ Follow your heart; you're fully supported.



CLARITY

Magical Guidance

You need to take time out to focus on the subject of your enquiry and to declutter that busy mind of yours! You're being urged to bring some order into your life and to make plans. It's the only way to achieve your dreams. It's time to be absolutely crystal clear about what it is you actually desire. You can achieve this by taking time out to decide what your goal is, plan how you can reach it, work out a schedule and then focus! The universe cannot respond to a muddle-head. So clear your mind of any unnecessary meanderings and allow yourself some clarity of thought.

Spell Incantation

Hold a clear quartz crystal sphere during a waxing crescent moon on a Friday evening and say:

*Unclear, fuzzy, just can't think,
lucidity is on the brink.*

*Peer into the crystal sphere,
quartz reveals a block to fear.
Place gently upon Third Eye,
clear the mind, detoxify.
Clarity lights up the dark,
sharpened focus makes the mark.*

Now say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be...*

Magical Meanings

- ~ An explanation is lost on you.
- ~ Engage in meditation.
- ~ Work with the element of air to expand the mind.
- ~ Someone has misunderstood you.
- ~ Be careful what you wish for!



CLOSURE

Magical Guidance

It's time to get out of a situation and aim for one that better suits your needs. You may feel obliged to stay, hoping things will get better or out of a sense of loyalty. Stop hesitating in the shadows and withdraw immediately! Live in the future and stop trying to recreate the past. Trust your instincts on this one and embrace the lesson, for all shall be well. As this door closes, a window of light will open up to brighter experiences. Say farewell to negativity, control and disempowerment as you finally make a determined effort to let go. It's time to do a disappearing act!

Spell Incantation

Take a bowl of water and a piece of material from whoever/whatever has gone, or needs to go, from your life. During a gibbous waning moon on a Saturday at dusk, say:

*The door is closed, won't look back,
new road ahead, back on track.
Release old ties, to set me free,
material holds past energy.
Submerge in water, hold it down,
allow the past to fully drown.
Gratitude for lesson learned,
new door opens, truly earned.*

Show the bowl the door, by placing it outside until the dark moon. Now say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be...*

Magical Meanings

- ~ Enough is enough! It's time to accept an ending.
- ~ Sorry is hard to say.
- ~ A break-up serves you well.
- ~ A wonderful opportunity awaits.
- ~ Make room for new energy to sweep in.



COMMITMENT

Magical Guidance

Your dedication at this time is in question. Where you have put your heart and soul into it, you have reaped the rewards, and you have so much to offer. However, your lack of focus underlines a fear of commitment. Something from your past is preventing you from making a choice and the free spirit within dreads the thought of being trapped! However, a little focus and dedication is required on your part to release any self-made restrictions. The universe is poised in your favour to devote to that cause, to pledge allegiance with a partner or to commit to an offer at this time.

Spell Incantation

Take a ring and weave a blue ribbon round it on a Tuesday at sunrise during a waxing gibbous moon phase. Face east and say:

*Won't agree, might be deceived,
around this ring a ribbon's weaved.*

*Releasing fears of obligation,
refusal is procrastination.
Colour blue breathes in devotion,
fidelity is not just a notion.
Duty causes you to bless,
commit and say a big fat YES!*

Now tie the ribbon around your neck, to wear the ring all day, and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be...*

Magical Meanings

- ~ Obligations do not serve you.
- ~ Rethink your loyalty.
- ~ You are being taken lightly.
- ~ Your dreams need focus.
- ~ Commit to freedom.
- ~ Someone pops the question!



COMPASSION

Magical Guidance

It's time to soften your heart a little and offer a sympathetic ear to those close to you who are in need of your love and support at this time. Often, emotional hurts cause the heart chakra to close, preventing any feelings of tenderness towards others. It's time to break down your defences and remember that a trouble shared is a trouble halved. Try to imagine how it feels from another's point of view as you start to hone your natural warmth and sympathetic nature. Compassion occurs when your heart expands and opens up to embrace both the emotions of others and those of your own. So go easy on yourself.

Spell Incantation

Hold a green crystal to your heart chakra on a waxing gibbous moon phase on a Friday at dusk. Take a deep breath to go deep within and say:

*Crystals heal a broken heart,
emotions ready to impart.
Sympathy or tender touch,
kind words welcome, very much.
Charity begins at home,
but let pity freely roam.
Love, support and hugs all round,
now compassion has been found.*

Take a heartfelt deep breath, remove the crystal and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be...*

Magical Meanings

- ~ It's safe to open up to others.
- ~ An emotional upheaval is healed.
- ~ See another's point of view.
- ~ Honour your feelings.
- ~ Someone needs your support.
- ~ There are lessons to learn.



CONFIDENCE

Magical Guidance

A lack of confidence is blocking you from living your life to the full. It's about time you trusted in your own gifts and abilities, for self-doubt seems to be running the show.

You already know the answers and you understand what's best for all, yet you still keep quiet and seek out the opinion of others. It's time to trust and believe in yourself. Daily positive affirmations will increase your feelings of self-assurance and, in turn, an appreciation of your unique qualities will increase. As new confidence shines forth, you're more readily available to share with the world everything you have to offer, with strong conviction.

Spell Incantation

Face east on a Sunday morning during a full moon phase. Hold a liquorice root and a sunstone crystal, and say:

*Doubts begone, choose belief,
liquorice root brings relief.
Affirmations are the key,
inviting positivity.
Continue on assertive theme,
building up new self-esteem.
On solar plexus place sunstone,
self-assurance now to own.
Shining brightly like the sun,
exuding confidence and fun.*

Remind yourself to say daily: 'I fully believe in myself and have confidence in all I do.' Now say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be...*

Magical Meanings

- ~ Release all that's knocked your confidence.
- ~ Say positive affirmations daily.
- ~ Put yourself out there.
- ~ Stop comparing yourself to others.
- ~ Turn away from your inner critic.
- ~ You can do it!



COURAGE

Magical Guidance

Your extreme aversion to something that's plagued you for most of your life is causing you to become irrational. An overwhelming and debilitating fear has a significant impact at even the thought of coming face to face with your antagonistic perpetrator. Avoidance and an exaggerated, unrealistic sense of danger has led to restrictions and increased your anxiety. Tracking back to the original source of a phobia will help you to understand your triggers and intense psychological reactions, in order to heal. With courage and a little banishment magic you can find complete peace of mind.

Spell Incantation

Write down your phobia on a piece of paper. Light a black candle, face west at dusk on a Wednesday during the dark moon and say:

*Spiders, toads, wasps and rats,
darkness, failure, flying, bats.
Fright begone, dreams to chase,
hold the paper, fears to face.
Burning flame extinguish dread,
valerian root will put to bed.
Anxiety and panic attacks –
let it go, try to relax.
Lifetime trauma, healed and gone –
freedom finally to move on.*

Burn the paper safely in the flame of the black candle and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ Your fears relate to a past life.
- ~ Your sensitivity is compromised by another's phobia.
- ~ Understanding is key to healing.
- ~ You're safe and protected.



DREAMS

Magical Guidance

Look out into the night sky and observe the constellations shining back at you. For it's the stars that point you in the right direction of your dreams. With this in mind, take some time to decide what it is that you wish to come true. Whatever you choose at this time will work out well so take this opportunity to focus on a lifelong dream or ambition. Go to bed with a sense of excitement, for you're going on a journey as you always do, whether you're aware of it or not. Acknowledge the dreams you have, for each are entwined with meaning and messages to assist you in your awakened state.

Spell Incantation

Take a cup of chamomile tea to bed, and place a clear quartz under your pillow during a full moon on a Monday night. As you lie in bed to prepare for sleep, say:

*A soothing tea of chamomile,
will help me drift off in a while.
With eyes closed, fall deep in sleep,
journeys to take, wishes to keep.
Ride through rainbows, seek, explore –
limitations are no more.
Dreams reveal what is to be –
trust in the message, wait and see.*

As doors to the realms of dreams open up to you,
say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be...*

Magical Meanings

- ~ Pay attention to your dreams.
- ~ Go to bed with a clear conscience.
- ~ Keep a dream journal.
- ~ A deceased loved one visits in the dreamtime.
- ~ Explore lucid dreaming.



EMPOWERMENT

Magical Guidance

You have so many strengths and yet you allow others to take away your power. When your words are dismissed, when your actions are mocked, your light fades because you don't stand up to be counted. You may say silently to yourself that everything is fine, that you know the real truth. But the universe requires you to stamp your authority so that you can grow fully into the wise one that you truly are, the Wisdom Keeper that others are waiting to turn to. By working with the element of fire, to purge any fears that hold you back, you're more able to step fully into your power, with Salamander, the elemental guardian of fire, as your ally.

Spell Incantation

With arms upstretched at noon, on a Sunday during a waxing gibbous moon phase, face south, light a red candle and say:

*Salamanders, spirits of fire,
bring me your courage and all I desire.
Extinguish the dark that blacks out the light,
so I am released of fears and my plight.
Allow the fire to ravage, be free,
empowerment stoked for all to see.
Flame ignited, feel it grow –
now become the sacred glow.*

When you feel that this is complete, blow out the candle. Let the swirl of smoke from the extinguished flame wrap around you and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ Stand up and be counted.
- ~ It's time to get your opinion across.
- ~ Someone is trying to control you.
- ~ Participate in an organized fire walk.
- ~ Seize the day!



FAMILY

Magical Guidance

Sometimes you feel as though nobody listens, let alone understands you. Family members are often too busy to appreciate you and even though you're surrounded by people, you can feel isolated. In a family, everyone has their own individual personality and it's sometimes hard to gel or agree. A clash is normal in any family. Before you were born you chose who your parents were to be, as well as any siblings. This was to ensure you had the necessary learning experience – whether positive or negative – you needed in order to grow and develop into the person you came here to be. In fact, your family is your greatest teacher of all!

Spell Incantation

To bestow harmony and unity, face east at a first quarter moon on a Thursday. Wrap a blue ribbon around a family photo as you say:

*Scream, shout and let it all out,
it's not what family life's about.
Support, kindness, love and care,
hard to see, but always there.
Wrap a ribbon round the frame,
for unity and peace. Reclaim!
Blood is bonded, love flows in,
gratitude for kith and kin.*

Unwrap the ribbon, place the frame in the main family room and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be...*

Magical Meanings

- ~ Turn to your family for support.
- ~ A rift is being healed.
- ~ A family gathering brings good news.
- ~ Make allowances for family differences.
- ~ A new arrival is announced.



FERTILITY

Magical Guidance

This marks a very fertile time for you. If you've been working on a new idea or project, you can be sure that a creative power is stirring within and is ready to be birthed. You just need to nurture your brilliant ideas by keeping your expectations positive. Patience is a big challenge if you want to see results. Remain heartened and encouraged, for this is when all the magic is happening in the background. It may take a little time, but success awaits as you trust in divine timing. All good things come to those who wait and remember that great things come from small beginnings.

Spell Incantation

Face the full moon on a Monday at midnight. Hold an acorn in your hand and say:

*Magic moon shining bright,
empower my fruitfulness tonight.*

*Ideas conceived, growing strong,
pregnant wishes – won't be long!
Acorn seeds within the earth,
productiveness assists the birth.
Keep positive, forget all strife,
new beginnings brings new life!*

Plant the acorn in the earth under the full moon
and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ A long-awaited pregnancy is confirmed.
- ~ A birth is announced.
- ~ Acknowledge your ideas.
- ~ A new venture is successful.
- ~ Your hard work has paid off.
- ~ It's time to celebrate.



FINANCIAL HEALTH

Magical Guidance

You might find yourself drowning in a sea of red demands if you don't slow down and take stock of the mess you're in. Burying your head in the sand won't get you out of the hole. You're being urged to recognize that your avoidance, inexperience or irresponsibility has become a liability and you can't afford to ignore your desperate situation. The worry, stress and anxiety that accompanies debt has taken its toll and you don't know where to turn to. Acknowledgement and responsibility of the debt is the first step and rule of magic when weaving a spell to improve your financial health and become debt-free once and for all.

Spell Incantation

Take some patchouli oil and a black candle during a dark moon at sunset on a Saturday, face west and say:

*Money makes the world go round,
lack of it can make one frown.*

*Shrug off, ignore, try to forget –
responsibility owns debt.
Carve owed amount on candle black,
anoint with oil to pay it back.
Flame determines what one earns,
debt's reduced as candle burns.
Watch arrears melt away,
welcoming in a new payday.*

Watch the entire candle burn down, to banish debt completely, and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be...*

Magical Meanings

- ~ Stop your extravagance.
- ~ Seek professional advice.
- ~ Money owed is paid off.
- ~ Expect a windfall.
- ~ Someone is indebted to you.
- ~ Have faith as your financial life heals.



FINDING

Magical Guidance

It's often heartbreaking to lose something, whether it's an item that means a great deal to you or a necessity. Of course, nothing is truly lost, but being unable to find that which you need can be deemed as rather frustrating! If this card has presented itself to you then it's because you're on the cusp of giving up. Please stick with it. All you need is some magical assistance to help you find that which you seek. The Earth nurtures and restores all that reside in and on her. So by working a little earth magic you can be assured that whatever it is that's been misplaced, shall soon be uncovered.

Spell Incantation

Light a black candle and face north, under a first quarter moon at midnight on a Tuesday. Write the name of the item you wish to find on a piece of paper and say:

*Direction of north, magic of earth,
honour me with your powers of birth.
There's something I'm missing
and just cannot find,
I picture the item within my clear mind.
To find and retrieve from the picture I see,
I ask it's returned for safekeeping to me.
Release and free that which is mine,
so I can reclaim it, all in good time.*

Blow out the candle, fold the piece of paper four ways and bury it in the earth. Your lost item will be returned in an unexpected and magical way. Now say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ Seek and you shall find!
- ~ Follow your soul's calling.
- ~ You've suffered a deep loss.
- ~ An unexpected gift arrives.
- ~ You've found your true path.



FORGIVENESS

Magical Guidance

It's time to set yourself free from hurt, anger and betrayal, and let go. Be kind, forgive yourself and give yourself permission to be forgiven. Others may be reeling from your actions, or you could be a target of judgement, shaming or disapproval. Soothe your wounded heart by radiating love out to those who have injured you. This is not giving them permission for bad behaviour but rather heals your hurts instead. Resentment is a prison door that harbours emotional distress, while forgiveness holds the key to freedom. So make peace with your pain as you release attachment to the situation, and move on.

Spell Incantation

On a Sunday evening during a waning gibbous moon, place some paper, a pen and a bowl of water in front of you. Hold an Apache tears crystal to your heart, face west and say:

*Crying a river; emotional flow,
harbouring hurts; it's time to let go.
Hard to forget, when treated that way,
release and be healed upon this Sunday.
Damage is done, ne'er to relive,
write down the names of whom to forgive.
Place paper in water, holding it down,
picture their actions and watch them drown.
Apache tears promote liberty –
forgiveness granted, now be free!*

Place the paper in the bowl, then the crystal to hold the paper down, until the dark moon. Now say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ Stop being the victim.
- ~ Tell someone if you're being bullied.
- ~ Seek peace of mind.
- ~ Look to the future and remain positive.
- ~ Forgive and forget.
- ~ You've been let off the hook.



FREEDOM

Magical Guidance

Your power is eternal and yet you're held down by the heaviness of burdens, tied into emotional commitment. Somebody fears your power, having recognized your full potential on all levels, and has led you to buy into false doubt, worry and insecurity. Restriction and control has dimmed your spirit and suffocated the expression of your soul. It's time to fly the nest and release yourself from those who have clipped your wings. Each of us has been gifted with free will. So rise freely above anything that's enslaved and imprisoned you, and allow your loaded mind to be liberated as your heart and soul soar to new heights.

Spell Incantation

Hold a feather during a full moon on a Sunday evening. Look up and say:

*Soul doth stir from prison deep,
confinement fades, it's not to keep.*

*Prisoner of mind and actions,
relationships add to factions.
Wishes made for liberation,
place in feather to awaken.
Throw in air upon the breeze,
restriction now lifted with ease.
Stars determine destiny,
yours to claim, for liberty!*

Now throw the feather into the air and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be...*

Magical Meanings

- ~ Step into your authenticity.
- ~ Trust your intuition and go with what feels right.
- ~ Exercise your freedom of speech.
- ~ Release judgment of yourself and others.
- ~ Your destiny awaits!



FRIENDSHIP

Magical Guidance

We all need friends and a good friend is a rare jewel that's sometimes hard to come by. Spending time with someone who knows you better than others, whom you can count on and whose company you enjoy, is a gift in itself. Instead of shutting people out of your life, try to open up a little more. There's nothing more therapeutic than having a catch-up or a good belly laugh with someone you trust. Friends add to the fullness of life. It's time to reach out and embrace an authentic relationship with somebody who has your best interests at heart.

Spell Incantation

Write down the attributes you wish for in a friend and pop the list in a photo frame. Light an orange candle, face west on a Thursday evening during a first quarter moon phase and say:

*An orange candle doth attract,
visualize and be exact.
A friend who's loyal and is true,
has fun with me in all we do.
My heart is open to embrace,
invitation to their place.
Share a laugh, support, confide –
friends to keep, right by my side.*

Allow the candle to burn down in front of the picture frame and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be...*

Magical Meanings

- ~ Someone is trying to reach out.
- ~ You've underestimated somebody's loyalty.
- ~ Let go and trust.
- ~ Confide in someone you can trust.
- ~ Your soul partner has arrived.



GOOD LUCK

Magical Guidance

Having faced hardship and misfortune, a little bit of luck will be a welcome relief for you. By stepping away from a negative outlook, you've invited in a magical force that supports the fortuity you wish for. So look out for synchronicity and meaningful coincidences that negate your bad periods and that usher in a change of fortune. Think black cats, horseshoes and four-leaf clovers to ensure that luck is most certainly on your side. Now is your chance to grab a fortuitous opportunity and take advantage of this prosperous energy of lucky charms, for you're blessed with a lucky streak.

Spell Incantation

Hold a coin to your heart at noon on a Tuesday during the phase of a full moon. Face south and say:

*A coin for gain to change the way,
good fortune favours me today.*

*It flows to me and fills my core –
bad luck's thrown out forever more.
A winning streak, the bounty's in,
this stroke of luck will help me win.
Celebrate through dance or song –
my lucky day! I can't go wrong!*

Leave the coin in nature for someone to pick up
and share in the luck, and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ There's a change for the better.
- ~ Lucky energy surrounds you right now.
- ~ Grab opportunities with both hands.
- ~ A black cat signals a lucrative win.



GRIEVING

Magical Guidance

You're experiencing a great loss right now and so it's important to acknowledge your grief through the drops of your tears. Allow them to flow freely, to cleanse away your wounded emotions as you nurse a broken heart. Whether you've tragically lost a loved one or something's come to an end, the unbearable pain is more than you can cope with and you're not sure how you can carry on. However, know that your prayers have been heard in your hour of need. Slowly, your heart will begin to knit together the fragments that have been scattered and eventually you'll feel whole again.

Spell Incantation

Face west on a Monday at dusk during a waning gibbous moon. Light a black and a pink candle, hold a smoky quartz crystal and say:

*Let tears of grief on crystal spill,
hold it to heart, breathe and be still.*

*Picture dear loved one within clear mind,
memories, emotions, together entwined.
Pink candle of love, burn 'til the morrow –
black candle lit, eliminates sorrow.
Banishing heartache, anguish and pain,
allow in the love that was once shared, again.*

Place the tear-soaked smoky quartz between the two candles, allowing them to burn down until after midnight, and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ Eternal love shines bright forever.
- ~ Visit a bereavement counsellor.
- ~ Someone's giving you grief.
- ~ A deceased loved one is trying to connect.
- ~ Open your heart.
- ~ A new start beckons.



HAPPINESS

Magical Guidance

In the quest for happiness, you need to decipher what it is that truly gives you a cheery disposition. This may be through a loving relationship, securing a top job, gaining popularity, acquiring new clothes, purchasing a shiny car, being surrounded by pets or going on holiday. Yet, the key to happiness is to see joy and perfection in absolutely everything, which in turn gives you a buzz of magic from deep within. The feeling of elation is what you wish to experience. So focus on the positive and be the one to turn frowns upside down. Get everyone smiling! When you choose happiness your mood is elevated and you tap into a limitless supply of joy. Happy days!

Spell Incantation

Choose a box, and at noon on a Sunday during a first quarter moon phase, place within it a chalcedony crystal. Go deep within and say:

*In all I do I have a choice,
be miserable or to rejoice.
What I decide reflects on life,
'tis up to me: choose joy or strife.
Open the box, the magic's strong –
happiness now comes along.
Contentment, jollity and cheer,
will keep me going through the year.*

Now imagine placing into the box everything that makes you happy. Close the box, to treasure always, and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ An event has a very happy outcome.
- ~ Actively seek out situations that are positive and uplifting.
- ~ Good news arrives.
- ~ Happiness is yours.
- ~ A happy outcome is assured.



HEALING

Magical Guidance

Health issues and chronic pain take their toll, affecting the way you live your life. Be humble and seek the appropriate help and medication, but allow, too, the healing energy of the spirit to soothe your discomfort. Investigate the beneficial healing properties of natural remedies by seeking out a qualified herbalist, or gain relief through natural energy healing practices, such as reiki or meditation. Reducing your intake of alcohol, caffeine and sugar will raise your energetic vibration on all levels. So take sensible steps to ensure the restoration of your health and listen to the signs your body is trying to tell you.

Spell Incantation

Place aloe vera, amazonite crystal and calendula oil in front of you. Light three green candles on a Sunday morning during a last quarter moon and say:

*Disorders to treat, ailments to cure,
healing magic doth restore.
Aloe vera, widely known,
amazonite, a healing stone.
Look deep within, sickness revealed –
anoint with oil, healing sealed.
Magic to mend as three candles burn,
illness now leave, for health to return.*

Leaving candles to burn for three hours, focus on yourself becoming healed and whole, and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be...*

Magical Meanings

- ~ You're a natural healer.
- ~ Heal using reiki or crystals.
- ~ Work with natural healing herbs.
- ~ Your body craves detoxification.
- ~ Make that overdue appointment.
- ~ It's time for acceptance.



HOME

Magical Guidance

Home is definitely where the heart is. It's a place of security, protection, comfort and sanctuary – and, for you, there's nothing better than the feeling of being 'at home'. As idyllic as that sounds, the reality of the home is sometimes far harsher, with disagreements, interruptions or no time to call your own. But feeling like an outsider is hard for anyone looking in. So it's time to breathe new energy into your dwelling place by enhancing the ambiance with peace, warmth and happiness. Retreating within your newly energized home for a while will restore you to the full strength required to face the outside world.

Spell Incantation

To magnetize the home that's perfect for you, bring bunches of lavender inside. Face east at dawn on a Thursday during a new moon phase, hold a piece of amethyst and say:

*Some lavender for calmness and peace,
amethyst to create space and increase.
Protection from harm at my back door,
crystals on sills and placed on the floor.*

*As the sun rises this very dawn,
a new warmth unfurls upon sacred morn.
Boundaries in place, my own sanctuary –
my home is my castle, 'tis where I should be.*

Now open the windows for fresh air to circulate
new life into your home and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ A house sale goes through.
- ~ Someone's trying to make themselves at home.
- ~ Put your boundaries in place.
- ~ Clear out any clutter.



INSPIRATION

Magical Guidance

Inspiration beckons you to trust in your imagination, for this is the gateway to real magic and a world that you wish to light up. Call upon the spirits of the air to stimulate your mind and illuminate any creative ideas. A flash of inspiration to bring about a brilliant revelation will change your course, and is reflected in your thoughts and dreams. Focus and follow up on inventiveness and innovation – allow your inner creativity to be expressed. Take long walks to clear the mind and allow nature to truly inspire you. So throw caution to the wind and watch as your visions manifest into reality, so you, too, become someone to aspire to.

Spell Incantation

Face east at sunrise, during a new moon phase on a Tuesday. Light a yellow candle and say:

*Spirits of air, sweep through my mind,
clearing all blocks, and open in kind.
Imagination is the key,
unleash true gift, trust what I see.
Paint, write, sing, create, have fun –
draw from that inspiration.
Yellow flame illuminate,
clarity to meditate.
Connect with muse, passion fired,
now I truly am inspired.*

Blow out the candle and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ Meditate daily.
- ~ Start a new project.
- ~ Write, paint, draw – get creative.
- ~ Get out into nature.
- ~ Take long hilly walks and blow the cobwebs away for clarity of mind.



JUSTICE

Magical Guidance

They say that all's fair in love and war, but the balance is not tipped in your favour right now. Someone's being unreasonable, so take a step back and weigh up the situation. It may mean that you need to summon up your inner strength and face your opposer, but be assured, for you have all the tools necessary to win. Decisions have been left unmade and there's time to renegotiate. Remember always that the universe supports those who stand in their truth and integrity. When you look for the best possible outcome to suit all parties, you can be assured that fairness will prevail.

Spell Incantation

Place a red jasper crystal and High John the Conqueror root at your feet, at dusk on a Saturday during the dark moon, and say:

*Scales of justice to weigh up all blight,
releasing judgements keeps my heart light.*

*Growing the root of the herb in my mind,
removing all obstacles, likewise in kind.*

*Fairness, justness, objectivity –
integral behaviour, setting me free.*

*Fight a good fight, honest and true,
balance achieved to start anew.*

Visualize the High John the Conqueror root growing and removing any obstacles in your way, and then say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ You're being treated unfairly.
- ~ It's time to weigh up a situation.
- ~ Justice will prevail.
- ~ A surprise makes up for something lost.
- ~ A decision goes in your favour.



LIFE PURPOSE

Magical Guidance

You have an important life purpose and it's time to stop playing it safe. You've always felt different and special, but life has just got in the way. Even though you've felt a calling, you're not actually sure what it is you're meant to do. The light of your inner knowing beckons you to take the steps to embark on a new task while embracing a positive attitude. As the sun comes out to greet you, it highlights the path you're to take. There may be diversions along the way, but each is designed to fuel you with the gift of experience that your soul requires in order for you to complete your mission.

Spell Incantation

Place a labradorite crystal, paper and a pen in front of you. Raise your arms up to the moon during a full moon phase on a Sunday and say:

*Call down the moon to reflect the sun,
invoking a life spell that can't be undone.*

*A path that glitters to be revealed,
focus and follow, for fate has been sealed.
Labradorite for deep scrutiny,
seek and unlock the truth to be free.
Destiny's signposts now point the way,
life purpose embraced, go seize it today!*

Now write down all that you wish to be and place the list under the crystal, saying:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ A spiritual experience changes your view.
- ~ Trust your intuition.
- ~ A new venture beckons.
- ~ Consider your options carefully.
- ~ Seek adventure.
- ~ Embrace your life to the full.



LIGHTEN YOUR LOAD

Magical Guidance

You have the choice and power to remove yourself from a stressful situation or simply take it in your stride. Stress is completely voluntary and something we allow ourselves to feel, even if this may not seem to be the case as you face the responsibilities that your life demands. Give your exhausted and tortured mind a break as you start to see things with a brighter outlook. Lighten your load and allow laughter to break you free from your self-imposed prison cell. It's the only way to strengthen your immune system and inspire hope, while protecting you from the damaging effects that stress has dealt you.

Spell Incantation

Face west on a Wednesday evening under a waning gibbous moon. Hold a vial of eucalyptus oil and a howlite crystal, and say:

*The moon doth wane this very night,
release me from my darkest plight.*

*Howlite calms my active mind,
eucalyptus to unwind.*

*Oil upon both temples place,
massage well, invite in space.*

*Rest, relax, let go, release –
banish stress and welcome peace.
Never mind demands from folk –
indulge in laughter, get the joke!*

Repeat daily until the dark of the moon. Now say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ You're taking something too seriously.
- ~ Worry is making you ill. Relax!
- ~ Reshuffle your priorities and schedule.
- ~ Try a Laughter Yoga class.
- ~ See the funny side.



LOVE

Magical Guidance

The love that you seek is waiting to be made manifest. You'll know when it arrives, for love always looks for the best in others and is recognized in an instance. Love is your true nature and it's necessary for you to honour the compassion you feel in your heart. When you're true to yourself, your light shines brightly with divine love, nourishing you from within and inspiring those around you. Heartbreak, loss and rejection has caused your heart chakra to shrink, and your fears have become guarded and defensive. But have faith, for a little magic will bring about that satisfaction your heart requires in order to be whole.

Spell Incantation

To open your heart chakra, hold a piece of rose quartz and light a pink candle on a Friday at dusk when the moon is full. Face the direction of south and say:

*Flowers of pink, crystals of rose,
bring me new romance, so I will not close.
My beautiful heart, I'm longing to share,
compassion and kindness, to be gentle and fair.
Desires recognized, I wish to ignite
my passionate dreams, so that I might
attract beauty and love into my world.
May deep the love mystery now be unfurled,
to bring about romance, kisses and laughter,
and be of my heart happily ever after.
Attraction shines brightly, it fills up my heart –
love now surrounds me, ne'er to depart.*

Blow out the candle, directing its smoke over your heart centre, and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be...*

Magical Meanings

- ~ Work with a rose quartz crystal.
- ~ Accept and believe in who you are.
- ~ It's safe both to give and receive love.
- ~ Honour your true feelings.



MANIFESTATION

Magical Guidance

The alchemist within urges you to reawaken your powerful manifestation abilities. Demonstrating a strong will and focus will drive your desires into fruition, with a little magical help, of course. As you step back into alignment through spellwork, invocation and acknowledging both aspects of your light and shadow self, you become testimony to the wise ones who walked before you. The universe is poised to support you, as it reflects your positive intentions. So go and grab your dreams. Reach for your goals as a magical energy surges through you. Everything is yours for the taking and will continue to be so as you add your own magical touch.

Spell Incantation

Take a handful of seeds on a Thursday at sunrise, during a full moon phase, and say:

*Early rise to greet the morn,
wishes made upon the dawn.
Goals, desires, place in seed,
one for each and every need.
Nurture growth until it's noon,
giving thanks to sun and moon.
Magic's strong now to create,
all I wish to generate.*

Throw and sow the seeds into the earth at noon,
and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ Be careful what you wish for.
- ~ Focus only on a positive outcome.
- ~ Your goals are coming into being.
- ~ A wonderful surprise awaits.
- ~ Have patience. Your needs are always met.



NEW BEGINNINGS

Magical Guidance

This card heralds a brand-new chapter in your life. You've already noticed challenges, or even breakdowns, in relationships that have always been familiar to you, both at work and in other situations. This is because you're at a turning point in your life and certain factors need to leave before the good stuff can come in. It's been a long, hard slog, but there's a glimmer of hope sparkling in the distance that indicates a destiny you've been wishing for. New ideas, successful projects and golden opportunities await. You have a second chance. Throw caution to the wind and trust in the Great Mystery as you walk into your future.

Spell Incantation

Hold some daffodil bulbs and an envelope at mid-morning on a Sunday during a waxing crescent moon phase and say:

*The door is closing to the past,
for future's sake, it couldn't last.*

*The worst is gone, prepare for change –
letting go may feel strange.
Into bulbs, place all hope,
and pop them in an envelope.
Send to future self post-haste –
receive them well, no time to waste.
A new door opens to walk through,
seize your chance and see it through.*

Open the envelope and plant in the earth the bulbs that are infused with new hope so they might grow. Now say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ Start living in the present.
- ~ New opportunities await.
- ~ The situation is being healed.
- ~ The outcome is far greater than you imagined.
- ~ You have a chance to reinvent yourself.



PASSION

Magical Guidance

It's time to cast aside all fears that have darkened your outlook, and invite some warmth into your inner world. Your sparkle has dimmed and your motivation has waned. Everyday life has distracted you and you've forgotten what it is that truly makes your soul sing. An intense yearning is yet to be satisfied, although you're unsure of what it is you actually crave. Desire, attraction and enthusiasm accompany you as you remember and reignite that which fuels your passion. So spice up your life as you walk in your true light with full might, vitality and vigour to reclaim your zest for life.

Spell Incantation

Face south at noon on a Friday, during a first quarter moon, light a red candle and say:

*Now call upon the spirit of fire,
invoking vigour, adoration, desire.*

*Allow the fire to ravage and surge,
to reignite that hot-blooded urge.
Apathy fades in soft candlelight,
stoke up the flame of passion tonight.
Emotions embraced and ready to heal,
interest aroused with fervour and zeal.*

Blow out the candle and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ Follow your heart.
- ~ Your passions reveal your life purpose.
- ~ A fear of fire stems from a past life.
- ~ Renewed passion invokes true love.
- ~ Strong emotions need to be harnessed.



PEACE

Magical Guidance

This is a time for quiet, a time for reflection, to be still. The peace you crave requires you to slow down, to stop thinking and to take time out. Give yourself a chance to be silent in order to hear the loving messages of angels' whispers, to feel the Spirit rest upon your head and to open your heart to appreciate the beauty around you. Be still, breathe and go deep into the sanctuary within. Here in this sacred place you'll find restoration of balance and harmony. Once you've convalesced in tranquillity, you'll be able to see with new eyes and achieve a sense of peace in every moment.

Spell Incantation

Hold a white feather and a snowy quartz crystal as you face east at sunrise during a full moon phase on a Monday. Light a white candle and say:

*All that I am, I wish to find peace,
from turmoil of mind I wish for release.*

*Light up my heart, candle of white,
illuminate peace to soothe all I fight.
Spirit around me, feathers to fall,
signs that my angels are hearing my call.
Hold snowy quartz to help meditate –
sanctuary of calm within, to create.
Let harmony, stillness and quiet increase,
myself to embrace, now I've found new peace.*

Take three deep breaths in and out, and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be...*

Magical Meanings

- ~ A peaceable agreement is reached.
- ~ Order is restored.
- ~ Your prayers for peace are being answered.
- ~ Indulge in some 'me' time.
- ~ Engage in prayer and meditation.



PROSPERITY

Magical Guidance

It's been a long, hard slog and you've wondered if you'll ever reap the benefits you've worked so diligently for. As you face financial responsibility, a little extra cash would certainly be very welcome at this time. Remain calm and courageous, for your constant worry and concerns are about to be a thing of the past, as a successful and flourishing circumstance beckons. The energy of affluence surrounds you, signalling that opulence and financial success is yours for the taking. Wealth is knocking on your door and asks you to invite in a little luxury, for this is a most prosperous time.

Spell Incantation

Drop a coin in a jar at dawn on a Thursday during a new moon. Place the jar and a citrine crystal in the wealth corner (south-east) of a room and say:

*Jar of prosperity, vessel of wealth,
magical focus heals financial health.*

*Placed within a corner of the room,
a coin dropped each day breaks miserly gloom.
Make wishes in ribbons to tie upon a tree,
relax so money flows in easily.
Yellow citrine invites fortune in,
so, too, doth green – I'll wear it to win!*

Leave your new money jar in the wealth corner to maintain magical prosperity and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ Stop focusing on money – you'll be supplied with what you need.
- ~ Be careful what you wish for.
- ~ A lucrative deal is on offer.
- ~ Understand the Law of Attraction.



PROTECTION

Magical Guidance

It's time to retreat simply and quietly from a situation. Danger could be lurking in the shadows and you're being urged to assess the situation carefully. The magical symbol of the pentagram lends you its sacred sight. This ancient talisman calls you to seek the truth as it encircles you within its energy of protection. It's vital that you're shielded from the harsh energy of others as your sensitivity increases. When you open yourself up to higher spiritual vibrations, protection is always key to give you the freedom to work your magic!

Spell Incantation

During a first moon quarter on a Saturday, sprinkle a circle of salt around you at midnight. Hold a lit black candle in one hand as you face north, and a grounding piece of black tourmaline crystal in the other, and say:

*Star of protection, a circle of salt,
surround and safeguard me from any default.*

*Guard me from danger, gossip and hurt,
from those who may curse me
and dish out the dirt.*

*I call upon the elements, five,
preserve my intentions, so I can survive.*

*Standing within, I lift up my arms,
black candle and crystal now banishes harm.*

*Keep safe and defend my energy flow –
as I raise my vibration, allow me to grow.*

*Now out of danger, protection in place,
magical work now safe to embrace.*

Now blow out the black candle, step carefully out of the circle and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ Place your trust in the pentagram.
- ~ You need to be grounded.
- ~ Surround yourself with the positive energy of others by imagining a circle of white light around you.



PSYCHIC ABILITIES

Magical Guidance

You're experiencing a great shift in your personal energy and what you once found attractive no longer appeals to you as your sensitivity increases. Everything that you're feeling is entirely natural, for it's your wish and desire to evolve spiritually that has brought about these changes in you. As you connect with your angels and guides, practise meditation, say daily prayers and live your truth, your vibrational frequency raises to match that of which you now seek. The psychic phenomena you've experienced is real. It's time to trust in the subtle messages of the spirit as new spiritual doorways open to awaken your psychic abilities.

Spell Incantation

Stand with upstretched arms to the full moon at midnight on a Monday and say:

*I call down the moon on this fine night,
with loving heart and open sight.*

*Mystical moonlight stream through Third Eye,
visions to have, mirrors to scry.
Open my ears that I might hear,
whispers of spirit so loving and clear.
My heart doth expand so that I may heal –
empathy flows, message to feel.
Inviting my crown to open wide,
claircognizance stirs deep inside.
Spiritual connection upon midnight hour,
I now fully claim my psychic power!*

Accept your enhanced psychic gifts by saying:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ Trust your psychic gifts.
- ~ Join a circle to open up your spiritual communication.
- ~ A clairvoyant confirms the answers you seek.
- ~ Your intuition is correct.
- ~ This is your path.



RECONCILIATION

Magical Guidance

There's something familiar in the air as your senses evoke memories that remind you of a distant recollection. You're being called to reach deep into your past, as something relevant to today resides there.

This card marks an occasion of connecting with loved ones, a celebration to bring people together and an unexpected visitor. Someone who was lost to you has sought you out. It's time to dig out old diaries, sift through photographs and allow yourself to drift back to times gone by. Soon, all will be revealed as you reconcile with that familiar feeling of yesteryear.

Spell Incantation

Hold a ribbon and a ring, face south during a waxing gibbous moon on a Friday night, and say:

*Someone treasured, sorely missed,
an item lost? So make a list –*

*of all with whom to reconcile,
the years have flown, it's been a while.
Upon the ribbon, write a name,
of what or whom to meet again.
Thread through ring, tie it tight,
around the wrist – time to unite!
Wear until the full of moon,
so reunion happens soon.*

Weave the ribbon around your wrist sunwise (clockwise) and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ A shared song reveals love.
- ~ A family reunion brings joy.
- ~ An old flame connects via social media.
- ~ Reconnect with the Spirit.
- ~ A loved one is sending signs from across the veil.



SPIRIT GUIDE

Magical Guidance

You've never, ever walked alone, for each step you take is guided by a helpful and protective watcher who resides in the spirit world. Spirit guides come in many forms, including deceased loved ones, animals and mystical beings, who bring to you many gifts and lessons, and always have your best interests at heart. All you have to do is be willing to accept their presence and pay attention to their loving messages, which can come in many ways. You're being nudged to be meditative and to go into deep commune with your spiritual guardian at this time, in order to harness spiritual connection and esoteric understanding.

Spell Incantation

Sit in the dark in front of a mirror during a full moon on a Monday night. Light a white candle and say:

*Loving watchers guide the way,
messages throughout the day.*

*Finding pennies, feathers fall –
spirit signs, to mark their call.
Stare at flame of candle white,
shifted focus in new light.
Shadows all around I see,
glimpsing figures easily.
Magic helper at my side,
mirror reveals spirit guide.*

Blow out the candle and imagine the smoke from the extinguished flame wrapping around you, binding you and your spirit guide together, and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ Messages come to you through words in songs, conversations and books.
- ~ Signs are all around you.
- ~ Trust your visions.
- ~ Leave out gifts of gratitude to seal your bond.



STRENGTH

Magical Guidance

Because you're of a sensitive nature, you've been misunderstood and have been perceived as weak. It's time to release the roaring lion within and let others know you mean business! Robustness is required as you step up to your responsibilities and reclaim your power. Rapid growth accompanies you as you deal with emotional or mental issues. So draw strength from that knowledge in order to heal and become strong again. Take heed of signs to up your physical activity to build the fortitude and resilience you need to withstand any pressures you're facing. Strength will pull you through when faced with your greatest weakness.

Spell Incantation

Face the sun at high noon on a Tuesday, during a first quarter moon phase. Take a piece of gold wool or ribbon, a sprig of borage and say:

*Borage, a herb for courage and strength,
ribbon or wool, held out at length.
Choose gold for power, the spiritual kind,
tie in a knot and see in your mind.
A strong quality for you to reclaim,
tie in two more, do exactly the same.
Power to do what needs to be done –
strength now restored, enhanced by the sun.*

Wrap the knotted wool around your waist to enforce strength (whenever is needed) and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ You're stronger than you realize.
- ~ Believe in yourself.
- ~ Determination will get the job done.
- ~ Your spiritual side is strong.
- ~ Strength emerges through forgiveness.



TALENT

Magical Guidance

You were born with great aptitude, but you need to hone your skills to ensure that they're at their best, so you can be at your finest. You may feel the pressure to do well and sometimes your nerves get the better of you. You've been blessed with a wonderful gift but don't know how to make the most of your talent. Don't buy into competition. Instead, think like a winner to overcome any limitations. Give it your best shot. This is your chance to shine, to prove yourself. But most importantly, enjoy yourself as you live up to your true potential as a champion.

Spell Incantation

Write down your talents on paper then take a clear lidded jar, a mint leaf, a bloodstone crystal and a red candle. At noon on a Monday during a first quarter moon phase, face south and say:

*Practice, practice, claim the prize,
honing talent's very wise.
Bloodstone helps to calm the nerves,
mint brings about what one deserves.
Light a red candle, place in jar,
burn paper to be a star.
Passion stirs to bring about:
success, big break or talent scout.
Don't waste the gift you've had since birth –
you're here to shine across the Earth.*

When the candle has burned down, close the lid to seal in talents and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ Share your talent with others.
- ~ Practise makes perfect.
- ~ Shine your light.
- ~ Sign up with a talent agency.
- ~ Go for what makes your heart sing.



TRANSFORMATION

Magical Guidance

It's been a long and arduous journey through the dark night of the soul. Nobody held you, sympathized with you or dried your tears – nor did they congratulate or praise you. This was your path to walk alone, with only the misery of isolation for company. However, as you faced up to obstacles and challenges, a process of understanding and forgiveness has enabled you to embrace the parts that serve you. As one who has walked through the darkness, you're now ready to emerge and be brightly transformed, so you can now hold the energy of both dark and light – knowing and wisdom – in balance.

Spell Incantation

Hold a piece of moldavite in your hand, during a waxing crescent moon on a Sunday mid-morning. Face east and say:

*Consumed within a darkened place,
challenges and fears to face.
Egoic sense of self now dies,
let the birth of true self rise.
Metamorphosis feels strange,
butterflies support this change.
Moldavite for high vibration,
assists spiritual transformation.
Embrace the dark, no need for fright,
the journey's end reveals new light.*

Now say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ Your prayers are answered.
- ~ A spiritual awakening changes your perception.
- ~ Keep your focus positive.
- ~ An energetic shift propels you to dizzy new heights.
- ~ Study alchemy.



TRAVEL

Magical Guidance

What you wish for will not come about by sheltering within the comfort of your four walls and all that makes you feel secure. You're being called to journey the road less travelled, for the answers you seek certainly won't be found while you're sitting on the sofa! Instead, book that trip of a lifetime, soak up the fiery sun of faraway lands, go climb a mountain, bathe in tropical waters or make that overdue visit you've been promising. This is the perfect time to go and seek adventure and to retreat from a mundane world. So be the bold explorer – go and discover for yourself what's waiting out there, just for you.

Spell Incantation

Take a small bag and imagine placing within it all you require for your journey. Face east on a Wednesday at dawn during a full moon phase and say:

*I leave behind my comfort zone,
security and all I own.
No time to ponder and decide,
it's time to venture far and wide.
Comfrey root packed for protection,
malachite for heart connection.
Where to travel? Contemplation –
surprises at my destination.
Life's a journey, fast or slow,
'tis the only way to go.*

Wrap a cord thrice around the bag to take on your travels and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ A journey reveals answers.
- ~ You need a break.
- ~ You're protected.
- ~ Travel brings about the changes you seek.
- ~ Break from your comfort zone.
- ~ Freedom awaits.



TRUST

Magical Guidance

You'd be wise to be watchful and to trust no one at this time. Keep yourself to yourself and do not buy into any fear or chaos that's being stirred up around you. You know the truth, so stand strong in being true to who you are. Remember that relationships, whether personal or business, should be built on trust, and a mutual agreement could test your faith. You've been let down badly before and it's taken a while to trust again. However, someone vulnerable needs your assurance and a secret is shared. It's time to prove how trustworthy you really can be.

Spell Incantation

Hold a crystal pendulum ready to use, face west at dusk on a Wednesday during a waxing crescent moon and say:

*Asking questions is a must,
pendulum shows whom to trust.*

*Say a name. Swing to the right –
confirms there's no need for fight.*

*If it swings though to the left,
this answer proves to be bereft.*

*Place crystal on top of head,
inviting clarity to spread.*

*Faith, belief, respect's a must,
it's safe, finally, firmly to trust.*

Now say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ Hold your cards close to your chest.
- ~ Be careful with whom you share your ideas.
- ~ The person you've enquired about is trustworthy.
- ~ Open your heart – it's time to trust.



TRUTH

Magical Guidance

Be honest! Not only with others, but also with yourself. It's time to face facts, otherwise the truth may be revealed in a way you may not wish it to be. For the truth will come out – it always does! Better that you confess sooner rather than later in order to avoid a bigger confrontation than you can handle. Remember that when you keep the truth from others, or speak untruthfully, your energy lowers and your light fades. It's time to release the heavy burden of secrecy. However, if you've been deliberately misled, remember that no one deserves to be in your life if they think that you aren't worthy enough to be told the truth. Let the truth set you free!

Spell Incantation

Gaze into a mirror through the flame of a lit white or purple candle, on a Thursday night under a full moon, and say:

*Magic mirror, help me see,
reveal secrets kept from me.
Gazing into a flame so bright,
puts perspective through a new light.
The truth lit up, nowhere to hide,
answers found deep down inside.
Integrity doth hold the key,
as I implement honesty.*

When you have finished mirror scrying, blow out the candle and say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ Check in with, and trust, your intuition.
- ~ Someone is hiding something from you.
- ~ Admit the truth before someone else does.
- ~ Live and speak your truth.



WELLBEING

Magical Guidance

Concerns about your wellbeing have been flagged and you're being reminded to take steps towards healing aspects of your current state of being. Changes call you to adapt. Whether this is on a physical, mental or social level, the prime concern is looking at how to achieve the optimum levels required to feel, and be at, your very best. By doing so you'll emerge with a positive self-esteem, so you can live and work productively while feeling engaged with the world around you. Happiness, health and comfort support you as you take steps towards personal fulfilment.

Spell Incantation

Sit or lie on the ground under a full moon on a Monday evening, facing north. Place a smoky quartz at your feet and a Sodalite crystal on your Third Eye and say:

*Smoky quartz, held to protect,
full moonlight helps to connect.
Sodalite crystal calms the mind,
perception, insights, now entwined.
Release emotions into earth,
state of being to rebirth.
Happiness and health await,
accomplishment! Now feeling great!*

When you feel ready, acknowledge the Earth and the moon by saying:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ Lifestyle choices need to be revised.
- ~ A welcome energy shift is occurring.
- ~ Try to consume healthy foods and beverages.
- ~ You're about to turn a corner.



WILLPOWER

Magical Guidance

Your impulsive behaviour invites temptation in and you cannot resist being enticed. The motto 'life's too short' has attracted all sorts of attention, as well as some naughty behaviour, and in the past you've found that trouble has followed you. It's time to put that behind you now as you take responsibility and grow up. Instead of giving into temptation, determine whether or not you're being lured for your highest good. A test of strength of character is required to conquer a lazy attitude. Focus and willpower will keep you from destruction, leading you to a resolution and a firmness of purpose.

Spell Incantation

Write your temptations on separate pieces of paper and put them in an empty bottle. Light a black candle on a Tuesday at dusk during a dark moon and say:

*Giving way to strong temptation,
could result in altercation.*

*Stop! Ignore that urge to itch –
impulsive inclination, ditch.*

*Go within and call on strength,
determination grows in length.*

*Paper put in bottle, sealed
with black candle – craving, healed.*

*Let the flame burn down the hour,
harnessing required willpower.*

Place the candle in the neck of the bottle and let it burn for an hour. (Relight it if temptation gets in the way again!) Now say:

*Gratefully I accept the magic of you,
of protection to assist in all that I do.
Lend me the courage, build power in me,
assist my transcendence, So Mote It Be....*

Magical Meanings

- ~ An addiction is out of control.
- ~ Seek professional help.
- ~ Consider healthy eating and exercise.
- ~ Don't give in; determination will see you through. You're nearly there!

ABOUT THE ARTIST

Lisbeth Cheever-Gessaman is a visionary artist who merges technology with traditional mediums to create new interpretations of myth and archetype. Through her work she explores shamanic and mythological constructs to interpret the liminal worlds, incorporating art and talisman to create a third phenomenon, or magical reality.

Lisbeth specializes in expressions of the noumena, and she is the artist and illustrator of *The Divine Feminine Oracle* and *The Sutras of Unspeakable Joy*, both by Meggan Watterson. She lives with her husband and daughter in the mountains of Colorado, USA, and creates all work under the pseudonym SheWhoIsArt.



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Flavia is a bestselling author, working medium and clairvoyant, and has appeared on TV and BBC Radio. She regularly graces the pages of *Spirit & Destiny* magazine and is a columnist for *F&E* and *Witchcraft & Wicca* magazines. As a wisdom-keeper of ancient knowledge her mission is to keep the magic of the Old Ways alive!



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Barbara Meiklejohn-Free is known as The Highland Seer and a High Priestess of Isis and of the Cailleach. She is a hereditary, eclectic and solitary witch who was initiated into the Craft when she was 16 years old.

Barbara is a bestselling and an award-winning author, and a teacher, advocate and protector of the great Earth-centred traditions. She has taught and mentored thousands of people in mediumship, trans-mediumship and shamanism at Arthur Findlay College, Edinburgh College and the College of Psychic Studies, London.

Barbara draws on her extensive work with indigenous cultures from around the world, and weaves this together with a deep understanding and wisdom of the ancient landscape of her own Pagan heritage. She hosts rites, rituals and ceremonies across the world.



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